



## CALENDAR OF EVENTS

No matter what the season, we love to celebrate and hold events in Vernon. There's always something happening here. The calendar is updated on a regular basis so pick a season, pick an event, and enjoy!

For more events, visit the [Vernon Morning Star's Community Calendar](#) or the [City of Vernon's Event Calendar](#).

### Tuesday, June 22, 2021

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#### Original Allan Brooks Artwork Exhibition @ Allan Brooks Nature Centre

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The artwork will be available for viewing in the Interpretive Centre at the Allan Brooks Nature Centre, until the end of September. The Allan Brooks Nature Centre and the Vernon Public Art Gallery are providing guests with complementary sketch books, activity guides, and pencil crayons, to help inspire everyone to get outside and create art in nature.

#### Evolving in a Machine of Perpetual Motion Exhibition @ Local Losers Studio/Gallery

Date and Time: Tuesday, June 22 10:00 a.m. - 9:00 p.m.

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**Go check it out and view for free.**

**Vist their [website](#) for more information.**

#### Emergence - UBCO BFA Students Art Exhibition

Date and Time: Tuesday, June 22 10:00 a.m. - 5:00 p.m.

The VPAG is pleased to present this annual exhibition of works from the students who are part of the UBC Okanagan BFA graduating class of 2021. This exhibition showcases the creative, dynamic work being produced locally at the post-secondary level. The image is photo documentation of a performance: Conversion Therapy: Carry It With You by Sage Cannon

#### Through Our Eyes - Teen Junction Art Exhibition

Date and Time: Tuesday, June 22 10:00 a.m. - 5:00 p.m.

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Teen Junction Youth Centre is an after-school drop-in centre that offers a safe space for youth to unwind, connect and learn. The Centre works with community organizations to connect youth with support and resources when they need it.

## The Winged Lightning Bolt Exhibit @ Sun Valley Mall

Date and Time: Tuesday, June 22 10:00 a.m. - 6:00 p.m.

The Vernon Military Camp has existed since 1912 serving Canada through both World Wars, the Korean War and as a training centre for cadets and the Canadian Forces since 1949.

This exhibit focuses primarily on the Canadian Battle Drill School Training Centre located at the Coldstream Ranch from 1942 to early 1946. Photos, documents and never before seen film footage depict the vital and advanced combat training Canadian Soldiers received.

Bookings for private or group tours for the exhibit are limited to 9am -10am Tuesdays - Sundays or anytime from 9am-3pm on Mondays.

Cost for a private in-person tour is \$50.00 to a maximum of 35 people (this number will be dependent on the public health restrictions for COVID at the time of tour)

Cost for a virtual tour is \$25.00 and last approximately 45 minutes. Your tour host will be one of the museum staff or volunteers and able to answer questions as you move through the tour.

Entrance for walk-ins is by donation.

(These tours are free to members and registered sponsors)

Call 250-501-1125 to book a tour or visit our [website](#)

## Infodemic - Exhibition by Sean Caulfield & Sue Colberg @ Vernon Public Art Gallery

Date and Time: Tuesday, June 22 10:00 a.m. - 5:00 p.m.

[Infodemic](#) is on view at the Vernon Public Art Gallery from May 27 - July 21, 2021.



#Infodemic

*Infodemic* is an artist's book project made up of text and image pairings that were created out of an interdisciplinary project between Sean Caulfield, Professor in the Department of Art and Design, University of Alberta (U of A), Timothy Caulfield, Canada Research Chair and Director of the Health Law Institute, U of A, and Associate Professor Sue Colberg, Department of Art and Design, U of A. The project examines the impact of misinformation around health issues in the context of the COVID-19 pandemic. The images were first shared on social media in the hope they would make people stop and think before hitting 'retweet' or 'share,' potentially spreading misinformation about COVID-19. More broadly the Infodemic project is also an attempt to explore creatively the sense of uncertainty and anxiety that has arisen out of the COVID-19 crisis.

## The Coast: Shared Experiences by Studio Vesta

Date and Time: Tuesday, June 22 12:00 p.m. - 4:00 p.m.

Local artists Gale Woodhouse and Patricia Doyle, who collectively show as Studio Vesta present an exhibition of recent works in clay, glass and acrylic mixed media inspired by their nostalgia and love of coastal memories. Gallery Vertigo is open Tuesday thru Saturday noon to four PM from June 1-26

## Kalamalka Indigenous Garden Tour @Okanagan College - Vernon Campus

Date and Time: Tuesday, June 22 02:00 p.m. - 3:30 p.m.

The tour of Kalamalka Garden will allow visitors to learn a brief history of Syilx (pronounced: see-eel), who are the Indigenous people of the Okanagan - and the Captikwl (pronounced: chap-teek-cool) which are the stories, laws and cultural values of the Syilx people, which have been passed down from generation to generation by oral tradition. Through these ancient stories, the Syilx have preserved their worldwide view and relationship with nature. Here at the Kalamalka Garden, guests will get to experience first hand the beauty and importance of both the Indigenous plant life and the traditional Indigenous knowledge that has existed for thousands of years, and still exists today.

Guests will have the opportunity to learn to identify traditional plants, understand how these plants were used for medicinal and food purposes, and see demonstrations of how to harvest and use the plants.

The tour presenter will provide short workshop on an Indigenous garden product and how it is grown, harvested and made into a gift. The workshop will explore the elements of traditional foods and medicines, history of the Okanagan area, Indigenous gardening techniques, and samples of foods from the garden.

### RATES:

\$30.00 – Adults

\$5.00 – Children under 16 years old

### WHAT'S INCLUDED:

Garden Gift

All proceeds from the Garden Tours are used for operations.

To book a tour visit their [website](#).

## Wednesday, June 23, 2021

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## Beyond Human Limits Lite @ Okanagan Science Centre

Date and Time: Wednesday, June 23 10:00 a.m. - 4:00 p.m.

GET UP, TRY AGAIN, PUSH FURTHER! Welcome to the thrilling world of extreme sports. Visitors are challenged to explore some of the riskiest activities in the world.

*Beyond Human Limits Lite* immerses visitors in a variety of engaging and exciting sports in their natural environments. They can virtually race the backcountry slopes, balance along a highline, or test their hang time endurance. Visitors of all ages will delight in experimenting with downhill slopes and imagining what will come next in the world of extreme sports.

Throughout the exhibition, passionate athletes explain their individual motivations, training, and resilience. Visitors can evaluate their own desire for thrill and adventure, then compare their sensation-seeking score to the featured athletes. *Beyond Human Limits Lite* emphasizes that for extreme athletes facing risks is secondary to the personal fulfillment they find by pursuing their passions. Visitors will leave inspired to push themselves to their own personal limits.

\* Included in your membership or with regular admission

COVID protocols are in place including: limited numbers, distancing between exhibits, sanitizing and masks.

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## Wahine Wednesdays with Kalavida Surf Shop

Date and Time: Wednesday, June 23 05:00 p.m.

Wahine Wednesdays are all about the girls getting together on the water – *The Ladies of the Lake!* Launching from Kal Beach, each week will include something a little different – it could be a soothing sunset paddle, a cruise alongside the Okanagan Rail Trail, story telling, or maybe even a yoga move or two. No need to pre-register, just drop in to register between **5pm-5:45pm** each Wednesday (Weather permitting).

### Who should join in?

This is a group paddle, together. Those who are new to SUP are encouraged to rent a couple of times before joining a Wahine Paddle Night.

### Wahine Warm-Up

5:30-5:50pm – Get warmed up before the official start of the paddle.

6pm: Group departs from Kal Beach

### How to Register:

- **At the shop before 5:45pm** (required)
- **Online (coming soon)**

**Need a board?** – \$20 plus tax (includes board, PFD, paddle)

**Have a board?** – Minimum donation of \$5. A portion of the donation goes towards SPKL (Society for the Protection of Kalamalka Lake) and/or local charities.

Beverages, snacks and good vibes are supplied after the paddle. Each week will feature something new.

### Where to Park?

We have limited space in our parking lot. If you have your own board, drop it at Kal Beach on the West side of the beach and park at Kal Beach Parking Lot or along WestKal Road. We have staff at the beach from 5:30pm onward so your board should be safe there.

## Sunset Stretch & Sip @ Predator Ridge Resort

Date and Time: Wednesday, June 23 06:00 p.m. - 8:00 p.m.

Wind down from 6-8pm with a deep stretch on the outdoor yoga platform at [Predator Ridge](#) while watching the sun set over the hills. Hike at a moderate pace for 20 minutes, and watch Okanagan Lake unfold before your eyes.

It truly is one of Canada's most breathtaking views, absolutely worth the hike to get there!

Enjoy a 60-minute outdoor yoga class while you take in the spectacular view of Okanagan Lake, and flow with your breath.

\*NEW! Crisp cider from [The BX Press](#) offered after savasana. Purchase your own individual box of charcuterie from [Crudité & Co.](#) and we will bring it to the meeting point for you to enjoy after class.

Purchase tickets [here](#)

For more information visit the Grace & Flow [website](#)

## Thursday, June 24, 2021

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### Vernon Farmer's Market - Outdoor Market&nbsp;

Date and Time: Thursday, June 24 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday in the Kal Tire Place back parking lot from 8am-1pm until Oct 28th! Seasonally fresh, local fruit

and vegetables, fresh-baked goods, honey, eggs, cheese meats liquor, plants and flowers plus craft and artisan vendors.

Learn More: <https://www.vernonfarmersmarket.ca/>

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