



## CALENDAR OF EVENTS

No matter what the season, we love to celebrate and hold events in Vernon. There's always something happening here. The calendar is updated on a regular basis so pick a season, pick an event, and enjoy!

For more events, visit the [Vernon Morning Star's Community Calendar](#) or the [City of Vernon's Event Calendar](#).

### Friday, June 24, 2022

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#### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Friday, June 24 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

**Showtime:**

Click "[Buy Tickets](#)" to see available times.

#### Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Friday, June 24 09:00 a.m. - 11:00 a.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

**Tour FAQs**

- Tours must be pre-booked. Tours will not run if there are no bookings.
- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 - 32 Avenue

Get your tickets [here!](#)

#### Summer Daily Tours @ Davison Orchards

Date and Time: Friday, June 24 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and

11am to 4pm on Sundays!

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Each walk is approximately 2.5km and 40-55 minutes long. Bookings can accommodate groups up to 6 people.

For more information and to buy tickets visit their [website!](#)

## Polson Artisan Night Market @ Polson Park

Date and Time: Friday, June 24 04:00 p.m. - 8:00 p.m.

From May 20 to September 2, 2022, the Polson Artisan Night Market will be operating in Polson Park, Vernon BC.

Join us Friday nights at this fun event featuring 50 vendors from the surrounding area.

Come check out a mix of skilled local producers, makers and growers each week.

## Travel the World Theme Dinner - 1913 Restaurant @ Vernon Golf & Country Club

Date and Time: Friday, June 24 05:00 p.m. - 9:00 p.m.

Come check out 1913 Restaurant at the Vernon Golf and Country Club for Travel the World Theme Dinners.

## Live Music @ Marten Brewing Bar & Grill

Date and Time: Friday, June 24 07:00 p.m. - 11:30 p.m.

Join Marten Brewing Bar & Grill every Friday night this summer for live music!

### Upcoming attractions:

- June 10- The Jaz Tex
- June 17- Tracey Lyn
- June 24-James Hay
- July 1- Three Scotch In
- July 8- Conroy Ross
- July 15- Mozi Bones
- July 22- Marv Machura
- July 29- Poppa Dawg
- Aug 5- Steve Smith
- Aug 12- Makayla Gough

## Saturday, June 25, 2022

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## Community Celebration of Summer @ Silver Star Mountain Resort

Date and Time: Saturday, June 25 07:00 a.m. - 3:00 p.m.

Celebrate the arrival of summer at Silver Star with a FREE community celebration on June 25. The full day of programming features sports events, cultural highlights, and a live performance by the Okanagan's own daysormay.

## SCHEDULE:

- 7am - Slay the Dragon Trail Running Race
- 10am - SilverStar Bike Park Opens
- 10am-3pm - Polson Park Artisan Market
- 1:30-3pm - Cultural highlights
- 3pm - Live concert by daysormay

### Slay the Dragon Trail Running Races @ SilverStar Mountain Resort

Date and Time: Saturday, June 25 08:00 a.m. - 8:00 p.m.

Welcome to Slay the Dragon with 3 distances to choose from: 13km, 25km, 50km Trail Running Race located at beautiful Silver Star Mountain Resort, located a short drive up the mountain from the gorgeous lakes of Vernon, BC.

In this trail running event we will take you through technical and cruisey single track, crazy fun climbs with long thigh shredding descents. This course is designed for all levels of trail runners, by trail runners, so you can expect priority to be placed on a challenging, crazy fun, well flagged, fantastically aided course with the mightiest of volunteers!

Register [here!](#)

### Black Paw Open @ The Rise Golf Course

Date and Time: Saturday, June 25 09:00 a.m. - 3:30 p.m.

Join the Rise Golf Course for a 2-day competitive tournament with a relaxed social atmosphere. Available to Men & Women. Official handicap not needed but players with an official Golf Canada handicap will be flighted while players with no official handicap will compete in the Open division. Club Members will currently compete for the Club Championship.

36 hole individual stroke play.

Includes golf, cart, tee gift, cocktail party, dinner @ Match Eatery and prizes.

For more information and to register visit their [website!](#)

### Goat Yoga @ O'Keefe Ranch

Date and Time: Saturday, June 25 09:00 a.m. - 12:00 p.m.

Yoga with Goats is back! Join Samantha Richardson for a season of yoga with four legged friends.

Ticket includes a one-hour yoga session prior to the Ranch opening. Yoga is located outdoors in the company of the Ranch's goats. Each goat has its own personality to woo you over, whether they are looking for some extra scratches, trying to make you laugh or just want to take a nap under your downward dog, you never know what they will do!

Afterwards, enjoy the Ranches grounds, take a tour of the mansion, visit the general store, and explore the buildings. Each ticket includes a complimentary general store candy bag. If you book on a Saturday, you can also enjoy the many role play artists including live music and song, demonstrations, school sessions and much, much more. Allow yourself about 2 hours to see the grounds and another hour if you stay for lunch.

To book your tickets click [here!](#)

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#### Showtime:

Click "[Buy Tickets](#)" to see available times.

## Connecting with Plants Kids Workshop @ Allan Brooks Nature Centre

Date and Time: Saturday, June 25 10:00 a.m. - 11:30 a.m.

Mikaela Cannon is a wilderness guide with a passion for plants and sharing her knowledge! In this workshop on Saturday, June 25th she will teach kids how to identify local plants and explain their importance. Kids will have time to observe the various plants along our grasslands trail and draw a plant of their choice. The group will then discuss; how plants are different from one another, what kind of habitat they live in, and what types of animals or insects were interacting with the plants. This workshop is suitable for kids ages 5-11 years old.

**Children must be accompanied by an adult throughout the entire workshop.**

Please ensure everyone in your group is dressed for the weather and wearing closed toe shoes. Meet at the Allan Brooks Nature Centre playground around 9:50am.

Click [here](#) for tickets!

## Summer Daily Tours @ Davison Orchards

Date and Time: Saturday, June 25 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Guided Trail Tour @ Allan Brooks Nature Centre

Date and Time: Saturday, June 25 10:00 a.m. - 10:30 a.m.

Join us on a short walk through our rare and delicate grassland ecosystem! Learn about grassland plants and animals, their special traits that allow them to live in this hot, dry habitat and how they interact. Touch, smell, and feel as we explore the wilderness all around us! This tour starts at the trailhead and follows an easy gravel path loop around the centre.

**Fee:** \$5.00 per person (*youth under 16 + ABNC members are FREE!*). *Registration is required.*

\*\*\*Please note, ABNC programming will be cancelled should the temperatures exceed 35C, for the safety of all patrons and staff.

Visit their [website](#) to register!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Saturday, June 25 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Nature Talk @ Allan Brooks Nature Centre

Date and Time: Saturday, June 25 11:30 a.m. - 12:00 p.m.

Meet them in their grassland theatre for a short nature talk! Their ABNC interpreters will use some of our natural materials and props to teach you more about our local plants and animals and give you an up close look. A new theme every week! There is no need to pre-register, simply check-in at the Interpretive Centre upon arrival and find a seat on one of our benches, or bring your own lawn chair. Nature Talks are free, but a donation is appreciated.

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Saturday, June 25 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"All About Bees" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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- Personalized 150g jar of honey for each guest.

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## Interior Savings Unplug and Play @ Heritage Park

Date and Time: Saturday, June 25 01:00 p.m. - 3:00 p.m.

Interior Savings Unplug and Play has been reimagined for 2022!

Join Unplug and Play Vernon at the pop-up neighbourhood park day #2 and discover what's in an Unplug and Play Box.

Expect to see ice cream, give-aways, entertainment, fun activities, and more!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

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## Vernon Proms Ancora and friends: Celtic music @ The Peace Lutheran Church

Date and Time: Saturday, June 25 03:00 p.m. - 4:30 p.m.

Come and join Ancora and Friends for a trip to the Emerald Isle. This delightful folk concert will be conducted by Terry Logan, accompanied on piano by Jenn Britton and on flute, penny whistle and bodhran by Lynn Hadfield.

By donation.

[More info](#)

## Sunday, June 26, 2022

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### Black Paw Open @ The Rise Golf Course

Date and Time: Sunday, June 26 09:00 a.m. - 3:30 p.m.

Join the Rise Golf Course for a 2-day competitive tournament with a relaxed social atmosphere. Available to Men & Women. Official handicap not needed but players with an official Golf Canada handicap will be flighted while players with no official handicap will compete in the Open division. Club Members will currently compete for the Club Championship.

36 hole individual stroke play.

Includes golf, cart, tee gift, cocktail party, dinner @ Match Eatery and prizes.

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#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Yoga + Mimosas @ Predator Ridge Resort

Date and Time: Sunday, June 26 10:00 a.m.

Grace & Flow is back at [Predator Ridge Resort](#) to bring you *Yoga + Mimosa's!* One ticket includes a 60 min yoga flow on the outdoor Lavender Platform set amongst gorgeous lavender fields.

After Savasana enjoy a juicy mimosa while taking in the view of one of the Okanagan's many treasures.

Class begins at 10 am. Access the Lavender Platform by vehicle in the Predator Ridge Commonage Neighbourhood. All levels welcome.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

Must bring your own yoga mat, no spare mats available to borrow. Directions to the platform will be emailed out to you along with a waiver once purchase is confirmed.

### CATWALK @ Lake Country Art Gallery

Date and Time: Sunday, June 26 11:00 a.m. - 3:00 p.m.

In partnership with the Okanagan Humane Society, the Lake Country Art Gallery presents CATWALK, a fundraiser and adoption day,

helping cats and kittens find forever homes.

CATWALK will feature wearable art for cats, a 'hissing' photo booth, cat treats, and cats and kittens available for adoption.

Come by the gallery on Sunday, June 26th, between 11am and 3pm, and get some feline love.

All proceeds support the Okanagan Humane Society and the Lake Country Art Gallery.

## Summer Daily Tours @ Davison Orchards

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## Vernon Proms Okanagan Recorder Orchestra @ The Peace Lutheran Church

Date and Time: Sunday, June 26 02:00 p.m. - 3:30 p.m.

Join The Okanagan Recorder Orchestra - a group of enthusiastic recorder players - for a concert of delightful music of various genres, ranging from Renaissance to contemporary.

By donation.

[More info](#)

## Vernon Proms Partners in Crime @ The Peace Lutheran Church

Date and Time: Sunday, June 26 07:30 p.m. - 8:00 p.m.

Music works for violin, viola, and harpsichord by two of the greatest Baroque composers and good friends: *J.S.Bach* and *G.F.Telemann*. And a bit of comedy.

Cvetozar Vutev, violin/viola, Curtis Howell, harpsichord.

Tickets \$25/\$20 (children 12 y.o. and younger are free)

[More info/Tickets](#)

## The Glorious Sons @ Vernon & District Performing Arts Centre

Date and Time: Sunday, June 26 07:50 p.m. - 9:50 p.m.

Following the release of their brand-new tracks 'Daylight' and 'Young King' two-time JUNO Award-winning rock band The Glorious Sons have announced The Unfinished Business Tour and will play at the Vernon and District Performing Arts Centre on June 26th.

\$56.00 Per Person

\$211.50 VIP Seating

Platinum Seating Row D and E

**PROOF OF FULL VACCINATION WILL BE REQUIRED (2 dose)**

**Get your tickets [here!](#)**

## Monday, June 27, 2022

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### Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Monday, June 27 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!



We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

## Audio Land Walks @ Caravan Farm Theatre

Date and Time: Monday, June 27 09:00 a.m. - 5:00 p.m.

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Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

### Showtime:

Click "[Buy Tickets](#)" to see available times.

## Summer Daily Tours @ Davison Orchards

Date and Time: Monday, June 27 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Vernon Proms Fish on Five @ The Polson Park Band Shell

Date and Time: Monday, June 27 06:00 p.m. - 7:30 p.m.

Enjoy Monday evening at the Polson Park with this brass ensemble! All five musicians reside in the Okanagan and are regular players in the Okanagan Symphony Orchestra. High entertainment value is guaranteed! Bring your family and friends. And, don't forget a lawn chair or a blanket.

By donation

[More info](#)

## Tuesday, June 28, 2022

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## Audio Land Walks @ Caravan Farm Theatre

Date and Time: Tuesday, June 28 09:00 a.m. - 5:00 p.m.

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### Showtime:

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## Summer Daily Tours @ Davison Orchards

Date and Time: Tuesday, June 28 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and

11am to 4pm on Sundays!

## Private Tours @ Mackie Lake House

Date and Time: Tuesday, June 28 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

## Kalamalka Garden (K'nmalka? Sənqâltən) Indigenous Garden Tours @ Okanagan College

Date and Time: Tuesday, June 28 02:00 p.m. - 3:30 p.m.

The tour of Kalamalka Garden will allow visitors to learn a brief history of Syilx (pronounced: see-eel), who are the Indigenous people of the Okanagan - and the Captikʷ (pronounced: chap-teek-cool) which are the stories, laws and cultural values of the Syilx Okanagan people, which have been passed down from generation to generation by oral tradition. Through these ancient stories, the Syilx have preserved their worldwide view and relationship with nature. Here at the Kalamalka Garden, guests will get to experience first hand the beauty and importance of both the Indigenous plant life and the traditional Indigenous knowledge that has existed for thousands of years, and still exists today.

Guests will have the opportunity to learn to identify traditional plants, understand how these plants are used for medicinal and food purposes, and see demonstrations of how to harvest and use the plants.

The tour presenter will provide short workshop on an Indigenous garden product and how it is grown, harvested and made into a gift. The workshop will explore the elements of traditional foods and medicines, history of the Okanagan area, Indigenous gardening techniques, and samples of foods from the garden.

## Tour Details

**DURATION:** Tours are available on Tuesdays and Thursdays starting at 2:00pm Tours are 1 hour – 1.5 hour.

**RATES:**

\$30.00 – Adults

\$5.00 – Children under 16 years old

All proceeds from the Garden Tours are used for operations.

Get your tickets [here!](#)

## Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Tuesday, June 28 06:00 p.m. - 8:00 p.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

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- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 32nd Avenue

Get your tickets [here!](#)

## Wednesday, June 29, 2022

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### Goat Yoga @ O'Keefe Ranch

Date and Time: Wednesday, June 29 09:00 a.m. - 12:00 p.m.

Yoga with Goats is back! Join Samantha Richardson for a season of yoga with four legged friends.

Ticket includes a one-hour yoga session prior to the Ranch opening. Yoga is located outdoors in the company of the Ranch's goats. Each goat has its own personality to woo you over, whether they are looking for some extra scratches, trying to make you laugh or just want to take a nap under your downward dog, you never know what they will do!

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Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

### Sunset Stretch & Sip @ Predator Ridge Resort

Date and Time: Wednesday, June 29 06:00 p.m.

Wind down on with us from 6-8pm with a deep stretch on the outdoor yoga platform at [Predator Ridge](#) while watching the sunset . One ticket includes a guided moderate 18-minute hike up to the platform, a 60 minute yoga flow while you take in the spectacular view of Okanagan Lake and move and flow with your breath.

After Savasana enjoy a glass of local Okanagan wine as you watch the sunset over the hills from the Namaste Platform.

This class is a perfect end to a long day of riding, hiking or golfing. We meet at 6pm: directions to the meeting spot will be emailed to you once purchase is confirmed. Please wear hiking shoes, bring water, and your own mat. All levels welcome.

Purchase your own individual box of charcuterie from [Crudité & Co.](#) and we will bring it to the platform for you to enjoy after class! Order must be placed with plenty of notice, minimum 48 hours.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

## Wahine Wednesday (SUP'n Social Paddle Night) @ Kalavida Surf Shop

Date and Time: Wednesday, June 29 06:00 p.m.

A weekly womens SUP'n social paddle night! Wahine Wednesdays are all about the girls getting together on the water – *The Ladies of the Lake!* Launching from Kal Beach, each week will include something a little different – it could be a soothing sunset paddle, a cruise alongside the Okanagan Rail Trail, story telling, or maybe even a yoga move or two.

### How to Register?

No need to pre-register, just drop in and register between 5pm-5:45pm each Wednesday.

### What's Included?

Beverages, snacks and good vibes are supplied after the paddle. Each week will feature a new sponsor

### How Much?

\$5.00 with your own board and gear

\$20.00 – Includes board rental (includes pfd and paddle)

### Who should join in?

This is a group paddle for those who have some experience paddle boarding. If you are new to SUP, we encourage you to rent a couple of times before joining a Wahine Paddle Night.

### Wahine Warm-Up

5:30-5:50pm – Get warmed up before the official start of the paddle.

6pm: Group departs from Kal Beach

### Where to Park?

We have limited space in our parking lot. If you have your own board, drop it at Kal Beach on the West side of the beach and park at Kal Beach Parking Lot or along WestKal Road. We have staff at the beach from 5:30pm onward so your board should be safe there.

Check their [website](#) or [Facebook](#) for more details!

## Vernon Proms Sean Bray's Peach Band @ National Altitude Training Centre Auditorium

Date and Time: Wednesday, June 29 07:30 p.m. - 9:15 p.m.

"A real honest hybrid of instrumental Americana roots with a jazzimprov sensibility. Memorable, accessible melodies with beautiful harmonycomplete with twists and turns in the road."

Tickets \$25/\$20 (children 12 y.o. and younger are free)

[More info/Tickets](#)

## Thursday, June 30, 2022

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### Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Thursday, June 30 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

## Funtastic Slo Pitch Tournament

Date and Time: Thursday, June 30 09:00 a.m. - 6:00 p.m.

Funtastic is a mixed slo-pitch tournament, **6 men – 4 women** on the field at all times. In Vernon we run 2 different co-ed tournaments at the same time: a guaranteed 4 Game tournament and a guaranteed 5 Game tournament. Within each tournament we try to group teams based on their ability. Because of the nature of Funtastic, costumes are encouraged and rewarded. There are about 60 costume teams each year. Prizes will be given to best-costumed teams as well as most sportsmanlike teams. We of course still give prizes to the teams that win their division.

This is an adult tournament. All slo-pitch tournament participants must be at least 16 years of age. All beer garden attendees must be at least 19 years of age.

Funtastic is a fun co-ed tournament. We have set divisions based on playing levels from 1 to 8 with #1 being seasoned "A" ball players to #8 being you play once a year. We also have the Subway Costume Division and special prizing for teams that dress up in costumes.

## Audio Land Walks @ Caravan Farm Theatre

Date and Time: Thursday, June 30 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

### Showtime:

Click "[Buy Tickets](#)" to see available times.

## Summer Daily Tours @ Davison Orchards

Date and Time: Thursday, June 30 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Private Tours @ Mackie Lake House

Date and Time: Thursday, June 30 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

## Kalamalka Garden (K'nmałka? Sənqâitən) Indigenous Garden Tours @ Okanagan College

Date and Time: Thursday, June 30 02:00 p.m. - 3:30 p.m.

The tour of Kalamalka Garden will allow visitors to learn a brief history of Syilx (pronounced: see-eel), who are the Indigenous people of the Okanagan - and the Captikʷ (pronounced: chap-teek-cool) which are the stories, laws and cultural values of the Syilx Okanagan

people, which have been passed down from generation to generation by oral tradition. Through these ancient stories, the Syilx have preserved their worldwide view and relationship with nature. Here at the Kalamalka Garden, guests will get to experience first hand the beauty and importance of both the Indigenous plant life and the traditional Indigenous knowledge that has existed for thousands of years, and still exists today.

Guests will have the opportunity to learn to identify traditional plants, understand how these plants are used for medicinal and food purposes, and see demonstrations of how to harvest and use the plants.

The tour presenter will provide short workshop on an Indigenous garden product and how it is grown, harvested and made into a gift. The workshop will explore the elements of traditional foods and medicines, history of the Okanagan area, Indigenous gardening techniques, and samples of foods from the garden.

## Tour Details

**DURATION:** Tours are available on Tuesdays and Thursdays starting at 2:00pm Tours are 1 hour – 1.5 hour.

**RATES:**

\$30.00 – Adults

\$5.00 – Children under 16 years old

All proceeds from the Garden Tours are used for operations.

Get your tickets [here!](#)

## Music at Mackie Summer Concert Series @ Mackie Lake House

Date and Time: Thursday, June 30 05:00 p.m. - 10:00 p.m.

### Music at Mackie Summer Concert Series

We're dedicating the first performance to all Father's and hope they had a wonderful Father's Day.

We're pleased to once again offer six (6) music events for the 2022 summer concert series. We will offer package sales and/or individual sales to each music event. Tickets go on sale in early April!

(Thursday) June 30th - We welcome back [Amy Bishop](#). The crowd went crazy for this artist last year and we love the fact that she's joining us for our series. We will have [Shabbang Food Truck](#) on site for this performance so please bring your appetite!

(Friday) July 8th - TBD

(Friday) July 22nd - [Josh + Bex](#)

This sensational folk duo will be bringing their original material and we are sure they will be a crowd pleaser. Once again, please save room and buy dinner at [Gord Oh's Food Truck](#) which will be on site for the performance.

(Friday) August 12th - [Under the Rocks Band](#)

We're going to have a lot of fun with this band and we're hoping that all the bluegrass lovers out there will join us for their first-time performance at Mackie Lake House. We just know you won't be able to stay in your seat! [Mi Taqueria Mexican Cantina](#) will be providing some delicious Mexican food for your dinner purchase.

(Friday) August 26th - [Emily Rault Duo](#)

This young singer comes to us from Vancouver. She'll be offering a bit of Motown, a bit of Jazz, and will just be returning from a European tour, in time to perform for us at Mackie Lake House.

(Friday) Sept. 9th - We end our season with the Lent Brothers and Neil Fraser. Most of you will be familiar with their smooth blues sound and jazz repertoire. It'll be a great way to wind up our season. Make sure you don't miss it. [Mi Taqueria Mexican Cantina](#) will be the food truck on site for this event.

Ticket sales begin April 2022 on [ticketseller.ca](#). You do not want to miss your chance to see all these great artists!

## Anime Night @ The Towne Theatre Featuring Princess Mononoke

Date and Time: Thursday, June 30 07:15 p.m. - 9:00 p.m.

Join the Vernon Towne Theatre on Thursday June 30th for Anime Night!

From Academy Award®-winning director Hayao Miyazaki, comes the 25th anniversary of the epic masterpiece that has dazzled audiences worldwide with its breathtaking imagination, exhilarating battles, and deep humanity.

Inflicted with a deadly curse, the young warrior Ashitaka heads west in search of a cure. There, he stumbles into a bitter conflict between Lady Eboshi, the proud people of Iron Town, and the enigmatic Princess Mononoke, a young girl raised by wolves, who will stop at nothing to prevent the humans from destroying her home and the forest spirits and animal gods who live there. Featuring the voice talents of Gillian Anderson, Billy Crudup, Claire Danes, Jada Pinkett Smith, and Billy Bob Thornton.

## Friday, July 1, 2022

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### Canada Day @ Davison Orchards

Date and Time: Friday, July 1 09:00 a.m. - 5:00 p.m.

We are bringing back the giant cake to celebrate Canada Day this year!

Come celebrate Canada day with free cake! Cake cutting begins at 10am (while supplies last). Staff and customers are encouraged to wear Red and White in celebration of Canada's 155th birthday. Take a farm tour and learn some interesting trivia about Canada - you might even win a prize!

### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Friday, July 1 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Funtastic Slo Pitch Tournament

Date and Time: Friday, July 1 09:00 a.m. - 6:00 p.m.

Funtastic is a mixed slo-pitch tournament, **6 men – 4 women** on the field at all times. In Vernon we run 2 different co-ed tournaments at the same time: a guaranteed 4 Game tournament and a guaranteed 5 Game tournament. Within each tournament we try to group teams based on their ability. Because of the nature of Funtastic, costumes are encouraged and rewarded. There are about 60 costume teams each year. Prizes will be given to best-costumed teams as well as most sportsmanlike teams. We of course still give prizes to the teams that win their division.

This is an adult tournament. All slo-pitch tournament participants must be at least 16 years of age. All beer garden attendees must be at least 19 years of age.

Funtastic is a fun co-ed tournament. We have set divisions based on playing levels from 1 to 8 with #1 being seasoned "A" ball players to #8 being you play once a year. We also have the Subway Costume Division and special prizing for teams that dress up in costumes.

### Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Friday, July 1 09:00 a.m. - 11:00 a.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

#### Tour FAQs

- Tours must be pre-booked. Tours will not run if there are no bookings.



- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 - 32 Avenue

Get your tickets [here!](#)

## Summer Daily Tours @ Davison Orchards

Date and Time: Friday, July 1 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Friday, July 1 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Friday, July 1 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"*All About Bees*" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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- Personalized 150g jar of honey for each guest.

## The Audio Land Walks @ Caravan Farm Theatre

Date and Time: Friday, July 1 01:00 p.m. - 4:30 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 45 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 40-55 minutes long. Bookings can accommodate groups up to 6 people.

For more information and to buy tickets visit their [website!](#)



## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Friday, July 1 02:00 p.m. - 2:30 p.m.

"Basically Bees" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

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## Polson Artisan Night Market @ Polson Park

Date and Time: Friday, July 1 04:00 p.m. - 8:00 p.m.

From May 20 to September 2, 2022, the Polson Artisan Night Market will be operating in Polson Park, Vernon BC.

Join us Friday nights at this fun event featuring 50 vendors from the surrounding area.

Come check out a mix of skilled local producers, makers and growers each week.

## Live Music @ Marten Brewing Bar & Grill

Date and Time: Friday, July 1 07:00 p.m. - 11:30 p.m.

Join Marten Brewing Bar & Grill every Friday night this summer for live music!

### Upcoming attractions:

- June 10- The Jaz Tex
- June 17- Tracey Lyn
- June 24-James Hay
- July 1- Three Scotch In
- July 8- Conroy Ross
- July 15- Mozi Bones
- July 22- Marv Machura
- July 29- Poppa Dawg
- Aug 5- Steve Smith
- Aug 12- Makayla Gough

## Saturday, July 2, 2022

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### Goat Yoga @ O'Keefe Ranch

Date and Time: Saturday, July 2 09:00 a.m. - 12:00 p.m.

Yoga with Goats is back! Join Samantha Richardson for a season of yoga with four legged friends.

Ticket includes a one-hour yoga session prior to the Ranch opening. Yoga is located outdoors in the company of the Ranch's goats. Each goat has its own personality to woo you over, whether they are looking for some extra scratches, trying to make you laugh or just want to take a nap under your downward dog, you never know what they will do!

Afterwards, enjoy the Ranches grounds, take a tour of the mansion, visit the general store, and explore the buildings. Each ticket includes a complimentary general store candy bag. If you book on a Saturday, you can also enjoy the many role play artists including live music and song, demonstrations, school sessions and much, much more. Allow yourself about 2 hours to see the grounds and another hour if you stay for lunch.

To book your tickets click [here!](#)

## Funtastic Slo Pitch Tournament

Date and Time: Saturday, July 2 09:00 a.m. - 6:00 p.m.

Funtastic is a mixed slo-pitch tournament, **6 men – 4 women** on the field at all times. In Vernon we run 2 different co-ed tournaments at the same time: a guaranteed 4 Game tournament and a guaranteed 5 Game tournament. Within each tournament we try to group teams based on their ability. Because of the nature of Funtastic, costumes are encouraged and rewarded. There are about 60 costume teams each year. Prizes will be given to best-costumed teams as well as most sportsmanlike teams. We of course still give prizes to the teams that win their division.

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Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

### Showtime:

Click "[Buy Tickets](#)" to see available times.

## Dog Days of Summer Art Show & Sale @ The Vernon Community Art Centre

Date and Time: Saturday, July 2 09:00 a.m. - 5:00 p.m.

We often hear about the "dog days" of summer but what does the expression actually mean and what does it have to do with dogs? Some suggest its about the hot sultry days of summer, while others suggest it's when dogs go mad from the heat. Historically, 'dog days' were associated with the star system Sirius (known as the "Dog Star") because it rises simultaneously with the sun during the hottest days. Here at the Arts Centre, the Dog Days of Summer is a celebration of our loyal companions and a chance for local artists and makers to create pieces that spoil the hounds and inspire the humans.

Artists and makers have been invited to create everything from fine art to functional artisan goods using any medium they wish (clay, metal, glass, paint, fibre/textiles, leather, wood, photos etc). You can hope to see tons of dog dishes, cozy beds, clothes, keychains, paw prints, paintings, portraits, accessories, and sculptures.

Visit the art show and sale from July 2-25th, Mon-Thurs 9-9, Fri-Sat 9-5, and Sunday 12-4pm.

Located at the entrance to Polson Park.

## Summer Daily Tours @ Davison Orchards

Date and Time: Saturday, July 2 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Guided Trail Tour @ Allan Brooks Nature Centre

Date and Time: Saturday, July 2 10:00 a.m. - 10:30 a.m.

Join us on a short walk through our rare and delicate grassland ecosystem! Learn about grassland plants and animals, their special traits that allow them to live in this hot, dry habitat and how they interact. Touch, smell, and feel as we explore the wilderness all around

us! This tour starts at the trailhead and follows an easy gravel path loop around the centre.

**Fee:** \$5.00 per person (*youth under 16 + ABNC members are FREE!*). *Registration is required.*

\*\*\*Please note, ABNC programming will be cancelled should the temperatures exceed 35C, for the safety of all patrons and staff.

Visit their [website](#) to register!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Saturday, July 2 11:00 a.m. - 11:30 a.m.

*"Basically Bees"* - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Nature Talk @ Allan Brooks Nature Centre

Date and Time: Saturday, July 2 11:30 a.m. - 12:00 p.m.

Meet them in their grassland theatre for a short nature talk! Their ABNC interpreters will use some of our natural materials and props to teach you more about our local plants and animals and give you an up close look. A new theme every week! There is no need to pre-register, simply check-in at the Interpretive Centre upon arrival and find a seat on one of our benches, or bring your own lawn chair. Nature Talks are free, but a donation is appreciated.

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Saturday, July 2 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

*"All ABout Bees"* - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

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Date and Time: Saturday, July 2 02:00 p.m. - 2:30 p.m.

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- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Vernon Proms Alexandra Babbel Vocal Studio Concert @ The Peace Lutheran Church

Date and Time: Saturday, July 2 03:00 p.m. - 4:30 p.m.

Pupils of Alexandra Babbel with bright futures in singing will perform classical favourites. Accompanied by Graham Vink and offering repertoire from *Purcell to Barber* these young artists will delight you with their love for the classical arts and their fresh approach.

By donation.

[More info](#)

## Vernon Proms Crossfire Big Band @ The Polson Park Band Shell

Date and Time: Saturday, July 2 06:00 p.m. - 7:30 p.m.

Enjoy Saturday evening at the Polson Park with Kelowna's top 16 piece **Big Band**, playing and sharing our live music for the pure joy of it.

**The Crossfire Big Band** is a 16 member group consisting of:

- 5 Saxes
- 4 Trombones
- 4 Trumpets
- Keyboards
- Bass and Drums

The band plays a wide range of music including hits of the big band era, ballroom dance standards, contemporary big band jazz charts, cover tunes such as favourites from Michael Buble, Sinatra, Tom Jones and many more.

By donation.

[More info](#)

## The Sweet Caroline Tour - A tribute to Neil Diamond @ Vernon & District Performing Arts Centre

Date and Time: Saturday, July 2 08:00 p.m. - 10:00 p.m.

Neil Diamond - the consummate American singer-songwriter whose deep, resounding voice and timeless tunes have made him one of the world's most loved and lauded artists, earning him numerous Top Ten hits, Grammy awards and induction into the Rock and Roll Hall of Fame.

Now comes The Sweet Caroline Tour: A Tribute to Neil Diamond, putting all those well-loved classics back on stage and in the spotlight, showcased by a world-class international band and produced especially for the theatre.

Take a step back into the glory days of music and musicianship with this beautiful tribute concert, featuring Sweet Caroline, Cherry Cherry, Red Red Wine, Crunchy Granola Suite, Shilo, Cracklin' Rosie, You Don't Bring Me Flowers, Holly Holy, Desiree, Forever In Blue Jeans, Song Sung Blue, Brother Love's Travelling Salvation Show, I Am... I Said, Girl You'll Be a Woman Soon and more.

\$54.00 Groups 6+ (Per Person)

\$37.25 Child 13 & Under

\*includes all fees and tax

Get your tickets [here!](#)

## Sunday, July 3, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Sunday, July 3 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Funtastic Slo Pitch Tournament

Date and Time: Sunday, July 3 09:00 a.m. - 6:00 p.m.

Funtastic is a mixed slo-pitch tournament, **6 men – 4 women** on the field at all times. In Vernon we run 2 different co-ed tournaments at the same time: a guaranteed 4 Game tournament and a guaranteed 5 Game tournament. Within each tournament we try to group teams based on their ability. Because of the nature of Funtastic, costumes are encouraged and rewarded. There are about 60 costume teams each year. Prizes will be given to best-costumed teams as well as most sportsmanlike teams. We of course still give prizes to the teams that win their division.

This is an adult tournament. All slo-pitch tournament participants must be at least 16 years of age. All beer garden attendees must be at least 19 years of age.

Funtastic is a fun co-ed tournament. We have set divisions based on playing levels from 1 to 8 with #1 being seasoned "A" ball players to #8 being you play once a year. We also have the Subway Costume Division and special prizing for teams that dress up in costumes.

### Yoga + Mimosas @ Predator Ridge Resort

Date and Time: Sunday, July 3 10:00 a.m.

Grace & Flow is back at [Predator Ridge Resort](#) to bring you *Yoga + Mimosa's!* One ticket includes a 60 min yoga flow on the outdoor Lavender Platform set amongst gorgeous lavender fields.

After Savasana enjoy a juicy mimosa while taking in the view of one of the Okanagan's many treasures.

Class begins at 10 am. Access the Lavender Platform by vehicle in the Predator Ridge Commonage Neighbourhood. All levels welcome.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

Must bring your own yoga mat, no spare mats available to borrow. Directions to the platform will be emailed out to you along with a waiver once purchase is confirmed.

### Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Sunday, July 3 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Summer Daily Tours @ Davison Orchards

Date and Time: Sunday, July 3 11:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Sunday, July 3 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"*All About Bees*" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden.
- Personalized 150g jar of honey for each guest.

## Dog Days of Summer Art Show & Sale @ The Vernon Community Art Centre

Date and Time: Sunday, July 3 12:00 p.m. - 4:00 p.m.

We often hear about the "dog days" of summer but what does the expression actually mean and what does it have to do with dogs? Some suggest it's about the hot sultry days of summer, while others suggest it's when dogs go mad from the heat. Historically, 'dog days' were associated with the star system Sirius (known as the "Dog Star") because it rises simultaneously with the sun during the hottest days. Here at the Arts Centre, the Dog Days of Summer is a celebration of our loyal companions and a chance for local artists and makers to create pieces that spoil the hounds and inspire the humans.

Artists and makers have been invited to create everything from fine art to functional artisan goods using any medium they wish (clay, metal, glass, paint, fibre/textiles, leather, wood, photos etc). You can hope to see tons of dog dishes, cozy beds, clothes, keychains, paw prints, paintings, portraits, accessories, and sculptures.

Visit the art show and sale from July 2-25th, Mon-Thurs 9-9, Fri-Sat 9-5, and Sunday 12-4pm.

Located at the entrance to Polson Park.

## The Audio Land Walks @ Caravan Farm Theatre

Date and Time: Sunday, July 3 01:00 p.m. - 4:30 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 45 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 40-55 minutes long. Bookings can accommodate groups up to 6 people.

For more information and to buy tickets visit their [website!](#)

## Vernon Proms Voix du Coeur @ The Peace Lutheran Church

Date and Time: Sunday, July 3 02:00 p.m. - 3:30 p.m.

Opera arias and art songs by the local trio who were entertaining senior's residences during COVID-19. With Jay Laflamme, soprano, Peter Johner, tenor, Denis Letourneau, violin/tenor, and Sylvain Vallee, guest piano.

By donation

[More info](#)

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Sunday, July 3 02:00 p.m. - 2:30 p.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Live Model Drawing @ Local Losers

Date and Time: Sunday, July 3 06:00 p.m. - 8:00 p.m.

Live model drawing is a drop in bring your own supplies event! Each class we have different models that pose in a variety of poses for you to draw. This event is facilitated by Rylan Broadbent! This event is 18+ due to nudity, as well we maintain a safe and respectful environment in these sessions. If this is broken you will be asked to leave.

Cost: \$12

Purchase Tickets [HERE!](#)

## Vernon Proms Alan Rinehart & Duo Promessa @ The Peace Lutheran Church

Date and Time: Sunday, July 3 07:30 p.m. - 9:00 p.m.

Evening of guitar and vocal music with Alan Rinehart, Classical Guitars guitar, and *Duo Promessa* - Kevin Robinson, Classical Guitar and Siobhan Raupach, Soprano

Tickets: \$25/\$20 (Children 12 y.o. and younger are free)

[More info/Tickets](#)

## Monday, July 4, 2022

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## Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Monday, July 4 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

## Audio Land Walks @ Caravan Farm Theatre

Date and Time: Monday, July 4 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

### Showtime:

Click "[Buy Tickets](#)" to see available times.

## Dog Days of Summer Art Show & Sale @ The Vernon Community Art Centre

Date and Time: Monday, July 4 09:00 a.m. - 9:00 p.m.

We often hear about the "dog days" of summer but what does the expression actually mean and what does it have to do with dogs? Some suggest its about the hot sultry days of summer, while others suggest it's when dogs go mad from the heat. Historically, 'dog days' were associated with the star system Sirius (known as the "Dog Star") because it rises simultaneously with the sun during the hottest days. Here at the Arts Centre, the Dog Days of Summer is a celebration of our loyal companions and a chance for local artists and makers to create pieces that spoil the hounds and inspire the humans.

Artists and makers have been invited to create everything from fine art to functional artisan goods using any medium they wish (clay, metal, glass, paint, fibre/textiles, leather, wood, photos etc). You can hope to see tons of dog dishes, cozy beds, clothes, keychains, paw prints, paintings, portraits, accessories, and sculptures.

Visit the art show and sale from July 2-25th, Mon-Thurs 9-9, Fri-Sat 9-5, and Sunday 12-4pm.

Located at the entrance to Polson Park.

## Summer Daily Tours @ Davison Orchards

Date and Time: Monday, July 4 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Monday, July 4 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*



## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Monday, July 4 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"All About Bees" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden.
- Personalized 150g jar of honey for each guest.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Monday, July 4 02:00 p.m. - 2:30 p.m.

"Basically Bees" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Vernon Proms The Slide Rule Trombone Quartet @ The Polson Park Band Shell

Date and Time: Monday, July 4 06:00 p.m. - 7:30 p.m.

Monday evening at Polson Park: The Slide Rule Trombone Quartet will be performing an entertaining and eclectic program of light classical and pop favourites from Bach, Mozart, The Beatles, A.C. Jobim, Duke Ellington, Scott Joplin and many others.

By donation.

[More info](#)

## Tuesday, July 5, 2022

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### Dog Days of Summer Art Show & Sale @ The Vernon Community Art Centre

Date and Time: Tuesday, July 5 09:00 a.m. - 9:00 p.m.

We often hear about the "dog days" of summer but what does the expression actually mean and what does it have to do with dogs? Some suggest it's about the hot sultry days of summer, while others suggest it's when dogs go mad from the heat. Historically, 'dog days' were associated with the star system Sirius (known as the "Dog Star") because it rises simultaneously with the sun during the hottest days. Here at the Arts Centre, the Dog Days of Summer is a celebration of our loyal companions and a chance for local artists and makers to create pieces that spoil the hounds and inspire the humans.

Artists and makers have been invited to create everything from fine art to functional artisan goods using any medium they wish (clay, metal, glass, paint, fibre/textiles, leather, wood, photos etc). You can hope to see tons of dog dishes, cozy beds, clothes, keychains, paw prints, paintings, portraits, accessories, and sculptures.

Visit the art show and sale from July 2-25th, Mon-Thurs 9-9, Fri-Sat 9-5, and Sunday 12-4pm.

Located at the entrance to Polson Park.

## Audio Land Walks @ Caravan Farm Theatre

Date and Time: Tuesday, July 5 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

### Showtime:

Click "[Buy Tickets](#)" to see available times.

## Summer Daily Tours @ Davison Orchards

Date and Time: Tuesday, July 5 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Private Tours @ Mackie Lake House

Date and Time: Tuesday, July 5 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Tuesday, July 5 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Tuesday, July 5 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"*All About Bees*" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of

interest related to bees.

## What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden.
- Personalized 150g jar of honey for each guest.

## Kalamalka Garden (K'nmaíka? Sənqâítən) Indigenous Garden Tours @ Okanagan College

Date and Time: Tuesday, July 5 02:00 p.m. - 3:30 p.m.

The tour of Kalamalka Garden will allow visitors to learn a brief history of Syilx (pronounced: see-eel), who are the Indigenous people of the Okanagan - and the Captikʷ (pronounced: chap-teek-cool) which are the stories, laws and cultural values of the Syilx Okanagan people, which have been passed down from generation to generation by oral tradition. Through these ancient stories, the Syilx have preserved their worldwide view and relationship with nature. Here at the Kalamalka Garden, guests will get to experience first hand the beauty and importance of both the Indigenous plant life and the traditional Indigenous knowledge that has existed for thousands of years, and still exists today.

Guests will have the opportunity to learn to identify traditional plants, understand how these plants are used for medicinal and food purposes, and see demonstrations of how to harvest and use the plants.

The tour presenter will provide short workshop on an Indigenous garden product and how it is grown, harvested and made into a gift. The workshop will explore the elements of traditional foods and medicines, history of the Okanagan area, Indigenous gardening techniques, and samples of foods from the garden.

## Tour Details

**DURATION:** Tours are available on Tuesdays and Thursdays starting at 2:00pm Tours are 1 hour – 1.5 hour.

**RATES:**

\$30.00 – Adults

\$5.00 – Children under 16 years old

All proceeds from the Garden Tours are used for operations.

Get your tickets [here!](#)

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Tuesday, July 5 02:00 p.m. - 2:30 p.m.

*"Basically Bees"* - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

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- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Live Music @ Range Lounge & Grill (Predator Ridge Resort)

Date and Time: Tuesday, July 5 05:00 p.m. - 7:00 p.m.

During the summer, join us every Tuesday from 5 -7pm for our series of live music performances by local Okanagan artists.

Join us in Range & Lounge Grill to enjoy dinner during the event (dinner reservations are recommended).

## Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Tuesday, July 5 06:00 p.m. - 8:00 p.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

#### Tour FAQs

- Tours must be pre-booked. Tours will not run if there are no bookings.
- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 32nd Avenue

Get your tickets [here!](#)

## Wednesday, July 6, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Wednesday, July 6 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Dog Days of Summer Art Show & Sale @ The Vernon Community Art Centre

Date and Time: Wednesday, July 6 09:00 a.m. - 9:00 p.m.

We often hear about the “dog days” of summer but what does the expression actually mean and what does it have to do with dogs? Some suggest its about the hot sultry days of summer, while others suggest it’s when dogs go mad from the heat. Historically, ‘dog days’ were associated with the star system Sirius (known as the "Dog Star") because it rises simultaneously with the sun during the hottest days. Here at the Arts Centre, the Dog Days of Summer is a celebration of our loyal companions and a chance for local artists and makers to create pieces that spoil the hounds and inspire the humans.

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Visit the art show and sale from July 2-25th, Mon-Thurs 9-9, Fri-Sat 9-5, and Sunday 12-4pm.

Located at the entrance to Polson Park.

### Summer Daily Tours @ Davison Orchards

Date and Time: Wednesday, July 6 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

### Private Tours @ Mackie Lake House

Date and Time: Wednesday, July 6 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

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Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Wednesday, July 6 11:00 a.m. - 11:30 a.m.

*"Basically Bees"* - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

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Date and Time: Wednesday, July 6 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

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Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Wednesday, July 6 02:00 p.m. - 2:30 p.m.

*"Basically Bees"* - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

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- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Wahine Wednesday (SUP'n Social Paddle Night) @ Kalavida Surf Shop

Date and Time: Wednesday, July 6 06:00 p.m.

A weekly womens SUP'n social paddle night! Wahine Wednesdays are all about the girls getting together on the water – *The Ladies of the Lake!* Launching from Kal Beach, each week will include something a little different – it could be a soothing sunset paddle, a cruise alongside the Okanagan Rail Trail, story telling, or maybe even a yoga move or two.

### How to Register?

No need to pre-register, just drop in and register between 5pm-5:45pm each Wednesday.

### What's Included?

Beverages, snacks and good vibes are supplied after the paddle. Each week will feature a new sponsor

### How Much?

\$5.00 with your own board and gear

\$20.00 – Includes board rental (includes pfd and paddle)

### Who should join in?

This is a group paddle for those who have some experience paddle boarding. If you are new to SUP, we encourage you to rent a couple of times before joining a Wahine Paddle Night.

### Wahine Warm-Up

5:30-5:50pm – Get warmed up before the official start of the paddle.

6pm: Group departs from Kal Beach

### Where to Park?

We have limited space in our parking lot. If you have your own board, drop it at Kal Beach on the West side of the beach and park at Kal Beach Parking Lot or along WestKal Road. We have staff at the beach from 5:30pm onward so your board should be safe there.

Check their [website](#) or [Facebook](#) for more details!

## Sunset Stretch & Sip @ Predator Ridge Resort

Date and Time: Wednesday, July 6 06:00 p.m.

Wind down on with us from 6-8pm with a deep stretch on the outdoor yoga platform at [Predator Ridge](#) while watching the sunset . One ticket includes a guided moderate 18-minute hike up to the platform, a 60 minute yoga flow while you take in the spectacular view of Okanagan Lake and move and flow with your breath.

After Savasana enjoy a glass of local Okanagan wine as you watch the sunset over the hills from the Namaste Platform.

This class is a perfect end to a long day of riding, hiking or golfing. We meet at 6pm: directions to the meeting spot will be emailed to you once purchase is confirmed. Please wear hiking shoes, bring water, and your own mat. All levels welcome.

Purchase your own individual box of charcuterie from [Crudité & Co.](#) and we will bring it to the platform for you to enjoy after class! Order must be placed with plenty of notice, minimum 48 hours.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

## Vernon Proms Accordion Around the World @ The National Altitude Training Centre Auditorium

Date and Time: Wednesday, July 6 07:30 p.m. - 9:00 p.m.

An accordion wizard Kosta Bozhinov presents an eclectic program of Celtic, Balkan, folk, and jazz music. His own arrangements are mixed with exciting improvisation and original compositions.

Tickets \$25/\$20, children 12 y.o. and younger are free

[More info/Tickets](#)

## Petunia and the Vipers @ Local Losers Studio & Gallery

Date and Time: Wednesday, July 6 08:00 p.m. - 10:00 p.m.

Local Losers is excited to announce that they will be welcoming Canadian legends Petunia and the Vipers to the Underground!

Petunia & the Vipers' sound may not sit comfortably in one certain genre, but "Good Music" describes it well. A new music that springboards off of music of the past and jumps into the present day, left with only echoes of the past... It's good for your mind...

If you're planning on coming they would recommend pre buying your tickets as they think the show will sell out fast!

## Thursday, July 7, 2022

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### Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Thursday, July 7 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Thursday, July 7 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

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Date and Time: Thursday, July 7 09:00 a.m. - 9:00 p.m.

We often hear about the "dog days" of summer but what does the expression actually mean and what does it have to do with dogs? Some suggest its about the hot sultry days of summer, while others suggest it's when dogs go mad from the heat. Historically, 'dog days' were associated with the star system Sirius (known as the "Dog Star") because it rises simultaneously with the sun during the hottest days. Here at the Arts Centre, the Dog Days of Summer is a celebration of our loyal companions and a chance for local artists and makers to create pieces that spoil the hounds and inspire the humans.

Artists and makers have been invited to create everything from fine art to functional artisan goods using any medium they wish (clay, metal, glass, paint, fibre/textiles, leather, wood, photos etc). You can hope to see tons of dog dishes, cozy beds, clothes, keychains, paw prints, paintings, portraits, accessories, and sculptures.

Visit the art show and sale from July 2-25th, Mon-Thurs 9-9, Fri-Sat 9-5, and Sunday 12-4pm.

Located at the entrance to Polson Park.

### Summer Daily Tours @ Davison Orchards

Date and Time: Thursday, July 7 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

### Private Tours @ Mackie Lake House

Date and Time: Thursday, July 7 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other



fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Thursday, July 7 11:00 a.m. - 11:30 a.m.

"Basically Bees" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Thursday, July 7 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"All About Bees" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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- Personalized 150g jar of honey for each guest.

## Kalamalka Garden (K'nmaika? Sənqâltən) Indigenous Garden Tours @ Okanagan College

Date and Time: Thursday, July 7 02:00 p.m. - 3:30 p.m.

The tour of Kalamalka Garden will allow visitors to learn a brief history of Syilx (pronounced: see-eel), who are the Indigenous people of the Okanagan - and the Captikʷ (pronounced: chap-teek-cool) which are the stories, laws and cultural values of the Syilx Okanagan people, which have been passed down from generation to generation by oral tradition. Through these ancient stories, the Syilx have preserved their worldwide view and relationship with nature. Here at the Kalamalka Garden, guests will get to experience first hand the beauty and importance of both the Indigenous plant life and the traditional Indigenous knowledge that has existed for thousands of years, and still exists today.

Guests will have the opportunity to learn to identify traditional plants, understand how these plants are used for medicinal and food purposes, and see demonstrations of how to harvest and use the plants.

The tour presenter will provide short workshop on an Indigenous garden product and how it is grown, harvested and made into a gift. The workshop will explore the elements of traditional foods and medicines, history of the Okanagan area, Indigenous gardening techniques, and samples of foods from the garden.

## Tour Details



**DURATION:** Tours are available on Tuesdays and Thursdays starting at 2:00pm Tours are 1 hour – 1.5 hour.

**RATES:**

\$30.00 – Adults

\$5.00 – Children under 16 years old

All proceeds from the Garden Tours are used for operations.

Get your tickets [here!](#)

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## Downtown Sounds @ 2900 Plaza

Date and Time: Thursday, July 7 06:00 p.m. - 7:30 p.m.

Join us at the 2900 Plaza every Thursday this summer to enjoy some awesome (free) music from 6pm-7:30pm!

July 7- Feet First

July 14- The Garcia Band

July 21- Forty Foot Fred

July 28- The Rockin Horse Band

August 4- The Shawn Lightfoot Band

August 11- The Keys

August 18- The Young'uns

August 25- Chipko Jones

Check the [Downtown Vernon Associations Facebook](#) for more details!

## Friday, July 8, 2022

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### Vernon's Sun Valley Cruise-in

Date and Time: Friday, July 8 08:00 a.m. - 3:00 p.m.

The Sun Valley Cruise-In is all about cool rides, this popular classic car show weekend is open to all show vehicles including Customs, Antiques, Hot Rods, Street Rods, and Rat Rods, Old trucks, and Muscle Cars, Motorcycles, Imports, old and modern.

**Weekend Overview:**

Friday, July 8th

- Movie Night, The Old Towne Theatre. Enjoy the classic cruising and old time rock and roll soundtrack of 'American Graffiti' on the big screen. Dress up like it was 1962, view the movie, and enjoy us as we cruise downtown into the evening.

Saturday, July 9th

- **Scenic Back-country Cruise**, The cruise starts at Watkin Motors and finishes up at the downtown show, mid afternoon.
- **Downtown Car Show**, 30th Avenue, Vernon. Join us for the traditional FREE downtown car show on 30th Avenue. All show vehicles should arrive and set up between 3:30 and 4:30 PM. For public safety, all vehicles must remain parked from 4:30 until the end of the show at 8:00 PM. Sorry, absolutely no exceptions to this regulation.

Sunday, July 10th

### **The Grand Show, in Polson Park**

-8-10 am parking of show vehicles,

- Lion's Club pancake breakfast. One voucher for each vehicle; limited vouchers so register early.
- 10 am - 3 pm Event. Awards 2:30 pm
- Live Music by the 'rockabilly' band 'Dixie Fried Hep Katz'
- Pin-up Pageant on the main stage at noon.
- Swap Meet around the edge grassy oval edge. Swap Meet entrants please refer to the swap meet rules.
- Food vendors

For more information visit their [website!](#)

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Visit the art show and sale from July 2-25th, Mon-Thurs 9-9, Fri-Sat 9-5, and Sunday 12-4pm.

Located at the entrance to Polson Park.

### **Historic Downtown Mural Tours @ Greater Vernon Museum & Archives**

Date and Time: Friday, July 8 09:00 a.m. - 11:00 a.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the

stories of the people that helped create the vibrant, multicultural city that Vernon is today.

### Tour FAQs

- Tours must be pre-booked. Tours will not run if there are no bookings.
- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 - 32 Avenue

Get your tickets [here!](#)

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Date and Time: Friday, July 8 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

### Vernon Ribfest @ Vernon Curling Club

Date and Time: Friday, July 8 11:00 a.m. - 9:00 p.m.

The Vernon Ribfest offers family fun with something for everyone; a community-sized BBQ, Live Classic Rock and Country Bands, Adult Beverage Service, Table Reservations, Media BBQ Contest, Kids Zone with unique attractions and Shuttle Bus service (by donation to the Schubert Centre Society).

Vernon Ribfest is happening on July 8-10, 2022 at the Curling Club at 3400 39th Ave Vernon BC. We look forward to seeing you there!

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"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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## Polson Artisan Night Market @ Polson Park

Date and Time: Friday, July 8 04:00 p.m. - 8:00 p.m.

From May 20 to September 2, 2022, the Polson Artisan Night Market will be operating in Polson Park, Vernon BC.

Join us Friday nights at this fun event featuring 50 vendors from the surrounding area.

Come check out a mix of skilled local producers, makers and growers each week.

## Music at Mackie Summer Concert Series @ Mackie Lake House

Date and Time: Friday, July 8 05:00 p.m. - 10:00 p.m.

### Music at Mackie Summer Concert Series

We're dedicating the first performance to all Father's and hope they had a wonderful Father's Day.

We're pleased to once again offer six (6) music events for the 2022 summer concert series. We will offer package sales and/or individual sales to each music event. Tickets go on sale in early April!

(Thursday) June 30th - We welcome back [Amy Bishop](#). The crowd went crazy for this artist last year and we love the fact that she's joining us for our series. We will have [Shabbang Food Truck](#) on site for this performance so please bring your appetite!

(Friday) July 8th - TBD

(Friday) July 22nd - [Josh + Bex](#)

This sensational folk duo will be bringing their original material and we are sure they will be a crowd pleaser. Once again, please save room and buy dinner at [Gord Oh's Food Truck](#) which will be on site for the performance.

(Friday) August 12th - [Under the Rocks Band](#)

We're going to have a lot of fun with this band and we're hoping that all the bluegrass lovers out there will join us for their first-time performance at Mackie Lake House. We just know you won't be able to stay in your seat! [Mi Taqueria Mexican Cantina](#) will be providing some delicious Mexican food for your dinner purchase.

(Friday) August 26th - [Emily Rault Duo](#)

This young singer comes to us from Vancouver. She'll be offering a bit of Motown, a bit of Jazz, and will just be returning from a European tour, in time to perform for us at Mackie Lake House.

(Friday) Sept. 9th - We end our season with the Lent Brothers and Neil Fraser. Most of you will be familiar with their smooth blues sound and jazz repertoire. It'll be a great way to wind up our season. Make sure you don't miss it. [Mi Taqueria Mexican Cantina](#) will be the food truck on site for this event.

Ticket sales begin April 2022 on [ticketseller.ca](#). You do not want to miss your chance to see all these great artists!

## Friday Night Market @ The Vernon Community Arts Centre

Date and Time: Friday, July 8 05:00 p.m. - 7:00 p.m.

Help the Vernon Community Arts Centre celebrate diversity in the arts! Come down to the Joining Hands Friday Night Market where you'll find an array of local art. Proceeds support local artists with diverse and differing abilities. The Joining Hands Program will be hosting these markets on the 2nd Friday of each month, as part of their Art for All initiative.

Mark your calendars and head down to the Vernon Community Arts Centre!

## Live Music @ Marten Brewing Bar & Grill

Date and Time: Friday, July 8 07:00 p.m. - 11:30 p.m.

Join Marten Brewing Bar & Grill every Friday night this summer for live music!

### Upcoming attractions:

- June 10- The Jaz Tex
- June 17- Tracey Lyn
- June 24-James Hay
- July 1- Three Scotch In
- July 8- Conroy Ross
- July 15- Mozi Bones
- July 22- Marv Machura
- July 29- Poppa Dawg
- Aug 5- Steve Smith
- Aug 12- Makayla Gough

## Saturday, July 9, 2022

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### Vernon's Sun Valley Cruise-in

Date and Time: Saturday, July 9 08:00 a.m. - 3:00 p.m.

The Sun Valley Cruise-In is all about cool rides, this popular classic car show weekend is open to all show vehicles including Customs, Antiques, Hot Rods, Street Rods, and Rat Rods, Old trucks, and Muscle Cars, Motorcycles, Imports, old and modern.

### Weekend Overview:

Friday, July 8th

- Movie Night, The Old Towne Theatre. Enjoy the classic cruising and old time rock and roll soundtrack of 'American Graffiti' on the big screen. Dress up like it was 1962, view the movie, and enjoy us as we cruise downtown into the evening.

Saturday, July 9th

- **Scenic Back-country Cruise**, The cruise starts at Watkin Motors and finishes up at the downtown show, mid afternoon.
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Sunday, July 10th

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- 10 am - 3 pm Event. Awards 2:30 pm

- Live Music by the 'rockabilly' band 'Dixie Fried Hep Katz'

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Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

### **Showtime:**

Click "[Buy Tickets](#)" to see available times.

## Guided Trail Tour @ Allan Brooks Nature Centre

Date and Time: Saturday, July 9 10:00 a.m. - 10:30 a.m.

Join us on a short walk through our rare and delicate grassland ecosystem! Learn about grassland plants and animals, their special traits that allow them to live in this hot, dry habitat and how they interact. Touch, smell, and feel as we explore the wilderness all around us! This tour starts at the trailhead and follows an easy gravel path loop around the centre.

**Fee:** \$5.00 per person (*youth under 16 + ABNC members are FREE!*). *Registration is required.*

\*\*\*Please note, ABNC programming will be cancelled should the temperatures exceed 35C, for the safety of all patrons and staff.

Visit their [website](#) to register!

## Summer Daily Tours @ Davison Orchards

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## Nature Talk @ Allan Brooks Nature Centre

Date and Time: Saturday, July 9 11:30 a.m. - 12:00 p.m.

Meet them in their grassland theatre for a short nature talk! Their ABNC interpreters will use some of our natural materials and props to teach you more about our local plants and animals and give you an up close look. A new theme every week! There is no need to pre-register, simply check-in at the Interpretive Centre upon arrival and find a seat on one of our benches, or bring your own lawn chair. Nature Talks are free, but a donation is appreciated.

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## Vernon Proms All-Bach @ The Peace Lutheran Church

Date and Time: Saturday, July 9 07:30 p.m. - 9:00 p.m.

The one and only J.S.Bach in our annual beloved production. Chamber ensemble and singers. Concertmaster Susan Schaffer. Terry Pitt-Brooke, chorus master.

Featured concert. Tickets \$40/\$35, children 12 y.o. and younger are free.

### **All-Bach concert program:**

BWV 156 Ich steh mit einem Fuß im Grabe

BWV 32 Liebster Jesu, mein Verlangen

BWV 227 Jesu, meine Freude

Aria for alto and continuo Jesu, der aus grosser Liebe from BWV 165

Adagio and Siciliano from Sonata No.1 in G minor BWV 1001 for solo violin

[More info/Tickets](#)

## The OK, DOPE Stand-up Comedy Tour @ Marten Brewing Co.

Date and Time: Saturday, July 9 08:00 p.m.



OK, DOPE is proud to present one of Canada's most seasoned comedians, Simon King, live at Marten Brewing Co. Featuring Matt Baker and Nash Park.

#### Simon King

Simon King completely changes a room when he takes the stage. Aggressive, truly insightful and possessing a unique explosive delivery all his own, he bombards and challenges the audience with intelligent and flat out hilarious material at break neck speed. Along with his ability to seamlessly insert characters, impressions and improvisation makes him unlike anything else in the stand up comedy world. Being the kind of comic that comes along maybe once in a generation gets you noticed. It wasn't long before he was being invited to play some of the world's most prestigious comedy competitions and festival. From his appearances at: the San Francisco International Comedy Competition, the Seattle International Comedy Competition, The Winnipeg Comedy Festival, The Edmonton Comedy Festival, The Moncton Comedy Festival, The Vancouver International Comedy Festival, Just For Laughs North West, The NW Comedy Fest, The Kuala Lumpur Comedy Fest, Virgin Music Festival and The Just For Laughs Festival to his breakout performances at the prestigious HBO U.S. Comedy Arts Festival in Aspen and the HBO, TBS Comedy Festival in Las Vegas: he's made a huge impact wherever he's been. A workhorse and veteran performer with more than twenty years of professional stand up under his belt, Simon effortlessly plays everything from theatres to comedy clubs to dive bars. With numerous national television and radio appearances including Comedy Network, CBC, CTV, TBS, Comedy Central and TBS among many more his resume speaks for itself. Simon has released numerous albums that are regularly featured on Sirius and terrestrial radio and also multiple hour long specials including his latest "As Good As Or Better Than" directed by Rory Scovel.

#### Matt Baker

Your guide to laughter, Matt Baker is an adventurous guy with a goofy outlook on the world he lives in. His unique brand of comedy is light, silly and witty! Matt hails from the suburbs of Ontario and has travelled across Canada telling stories and jokes in small towns and big cities alike. Winner of the Just for Laughs Northwest Outsider's competition, Matt is a regular at Yuk Yuks and has performed at numerous festivals on the west coast! Matt Baker is a comedic act you won't want to miss!

#### Nash Park

Nash Park is an up-and-coming stand-up comedian born in the small town in northern BC. After high school Nash moved to Victoria BC and spent years chasing creative projects until he discovered his love for stand-up comedy. After just one taste, he was completely hooked. Since then Nash has been regularly performing his high-energy, hard-hitting stand-up to crowds all around Victoria and Vancouver Island. Nash is also behind OK, DOPE, a comedy collective that creates and produces live shows, podcasts, and comedic content. OK,DOPE's flagship production is The Late Night Show with Nash Park, a live monthly show that combines stand-up, improv, and sketch all within the structure of a classic late night talk show. Off stage you can hear him as one half of the OK, DOPE Podcast

Click [HERE](#) to purchase tickets!

## Sunday, July 10, 2022

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### Vernon's Sun Valley Cruise-in

Date and Time: Sunday, July 10 08:00 a.m. - 3:00 p.m.

The Sun Valley Cruise-In is all about cool rides, this popular classic car show weekend is open to all show vehicles including Customs, Antiques, Hot Rods, Street Rods, and Rat Rods, Old trucks, and Muscle Cars, Motorcycles, Imports, old and modern.

#### Weekend Overview:

Friday, July 8th

- **Movie Night**, The Old Towne Theatre. Enjoy the classic cruising and old time rock and roll soundtrack of 'American Graffiti' on the big screen. Dress up like it was 1962, view the movie, and enjoy us as we cruise downtown into the evening.

Saturday, July 9th

- **Scenic Back-country Cruise**, The cruise starts at Watkin Motors and finishes up at the downtown show, mid afternoon.
- **Downtown Car Show**, 30th Avenue, Vernon. Join us for the traditional FREE downtown car show on 30th Avenue. All show vehicles should arrive and set up between 3:30 and 4:30 PM. For public safety, all vehicles must remain parked from 4:30 until the end of the show at 8:00 PM. Sorry, absolutely no exceptions to this regulation.

Sunday, July 10th

#### The Grand Show, in Polson Park

-8-10 am parking of show vehicles,

- Lion's Club pancake breakfast. One voucher for each vehicle; limited vouchers so register early.

- 10 am - 3 pm Event. Awards 2:30 pm

- Live Music by the 'rockabilly' band 'Dixie Fried Hep Katz'

- Pin-up Pageant on the main stage at noon.
- Swap Meet around the edge grassy oval edge. Swap Meet entrants please refer to the swap meet rules.
- Food vendors

For more information visit their [website!](#)

## Audio Land Walks @ Caravan Farm Theatre

Date and Time: Sunday, July 10 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

### Showtime:

Click "[Buy Tickets](#)" to see available times.

## Yoga + Mimosas @ Predator Ridge Resort

Date and Time: Sunday, July 10 10:00 a.m.

Grace & Flow is back at [Predator Ridge Resort](#) to bring you *Yoga + Mimosa's!* One ticket includes a 60 min yoga flow on the outdoor Lavender Platform set amongst gorgeous lavender fields.

After Savasana enjoy a juicy mimosa while taking in the view of one of the Okanagan's many treasures.

Class begins at 10 am. Access the Lavender Platform by vehicle in the Predator Ridge Commonage Neighbourhood. All levels welcome.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

Must bring your own yoga mat, no spare mats available to borrow. Directions to the platform will be emailed out to you along with a waiver once purchase is confirmed.

## Sun Valley Cruise-In Car Show @ Polson Park

Date and Time: Sunday, July 10 10:00 a.m. - 3:00 p.m.

Welcome to the North Okanagan's favorite car show; the 'Sun Valley Cruise-In' located in Vernon, BC.

The Sun Valley Cruise-In is all about cool rides, this popular classic car show weekend is open to all show vehicles including Customs, Antiques, Hot Rods, Street Rods, and Rat Rods, Old trucks, and Muscle Cars, Motorcycles, Imports, old and modern.

For over 20 years cool rides have gathered in from western Canada and the US northwest, for a fun filled weekend of automotive activities and displays.

- Event T-shirts and Button Front Shirts will be offered for sale
- Live Music
- Pin-up Pageant
- Awards

## Summer Daily Tours @ Davison Orchards

Date and Time: Sunday, July 10 11:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Sunday, July 10 11:00 a.m. - 11:30 a.m.

"Basically Bees" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Vernon Ribfest @ Vernon Curling Club

Date and Time: Sunday, July 10 11:00 a.m. - 9:00 p.m.

The Vernon Ribfest offers family fun with something for everyone; a community-sized BBQ, Live Classic Rock and Country Bands, Adult Beverage Service, Table Reservations, Media BBQ Contest, Kids Zone with unique attractions and Shuttle Bus service (by donation to the Schubert Centre Society).

Vernon Ribfest is happening on July 8-10, 2022 at the Curling Club at 3400 39th Ave Vernon BC. We look forward to seeing you there!

## Dog Days of Summer Art Show & Sale @ The Vernon Community Art Centre

Date and Time: Sunday, July 10 12:00 p.m. - 4:00 p.m.

We often hear about the "dog days" of summer but what does the expression actually mean and what does it have to do with dogs? Some suggest its about the hot sultry days of summer, while others suggest it's when dogs go mad from the heat. Historically, 'dog days' were associated with the star system Sirius (known as the "Dog Star") because it rises simultaneously with the sun during the hottest days. Here at the Arts Centre, the Dog Days of Summer is a celebration of our loyal companions and a chance for local artists and makers to create pieces that spoil the hounds and inspire the humans.

Artists and makers have been invited to create everything from fine art to functional artisan goods using any medium they wish (clay, metal, glass, paint, fibre/textiles, leather, wood, photos etc). You can hope to see tons of dog dishes, cozy beds, clothes, keychains, paw prints, paintings, portraits, accessories, and sculptures.

Visit the art show and sale from July 2-25th, Mon-Thurs 9-9, Fri-Sat 9-5, and Sunday 12-4pm.

Located at the entrance to Polson Park.

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Sunday, July 10 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"All About Bees" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

## What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden.
- Personalized 150g jar of honey for each guest.

## The Audio Land Walks @ Caravan Farm Theatre

Date and Time: Sunday, July 10 01:00 p.m. - 4:30 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 45 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 40-55 minutes long. Bookings can accommodate groups up to 6 people.

For more information and to buy tickets visit their [website!](#)

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Sunday, July 10 02:00 p.m. - 2:30 p.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Vernon Proms From Monteverdi to Mozart @ The Peace Lutheran Church

Date and Time: Sunday, July 10 03:00 p.m. - 4:30 p.m.

A musical journey from the time of Monteverdi to Mozart. Enjoy beautiful solos, duets, quartets, and much more! Be transported by Tracy Fehr's soaring soprano, Seraphim Vocal Ensemble's delicate harmonies (Tracy Fehr, Heather Allen, Olivia Walsh and Colin Cross), Olivia Walsh's warm cello, and Dennis Nordlund on harpsichord.

Tickets \$25/\$20, children 12 y.o. and younger are free.

[More info/Tickets](#)

## Vernon Proms Accordion&Fiddle: World Music @ The Peace Lutheran Church

Date and Time: Sunday, July 10 07:30 p.m. - 9:00 p.m.

A kaleidoscope of the world music with a fiddle champion **Michael Burnyeat** and an accordion wizard **Kosta Bozhinov** (Vancouver). Enjoy Bulgarian, Hungarian, French, Canadian, Eastern European music, tango, etc.

Tickets \$25/\$20, children 12 y.o. and younger are free.

[More info/Tickets](#)

## Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Monday, July 11 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

## Audio Land Walks @ Caravan Farm Theatre

Date and Time: Monday, July 11 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

### Showtime:

Click "[Buy Tickets](#)" to see available times.

## Dog Days of Summer Art Show & Sale @ The Vernon Community Art Centre

Date and Time: Monday, July 11 09:00 a.m. - 9:00 p.m.

We often hear about the "dog days" of summer but what does the expression actually mean and what does it have to do with dogs? Some suggest it's about the hot sultry days of summer, while others suggest it's when dogs go mad from the heat. Historically, 'dog days' were associated with the star system Sirius (known as the "Dog Star") because it rises simultaneously with the sun during the hottest days. Here at the Arts Centre, the Dog Days of Summer is a celebration of our loyal companions and a chance for local artists and makers to create pieces that spoil the hounds and inspire the humans.

Artists and makers have been invited to create everything from fine art to functional artisan goods using any medium they wish (clay, metal, glass, paint, fibre/textiles, leather, wood, photos etc). You can hope to see tons of dog dishes, cozy beds, clothes, keychains, paw prints, paintings, portraits, accessories, and sculptures.

Visit the art show and sale from July 2-25th, Mon-Thurs 9-9, Fri-Sat 9-5, and Sunday 12-4pm.

Located at the entrance to Polson Park.

## Summer Daily Tours @ Davison Orchards

Date and Time: Monday, July 11 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Monday, July 11 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!

- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

(No booking necessary, but groups of 10 or more are recommended to call in advance.)

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Monday, July 11 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"All About Bees" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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- Personalized 150g jar of honey for each guest.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Monday, July 11 02:00 p.m. - 2:30 p.m.

"Basically Bees" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

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- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Vernon Proms Wind Jammers @ Polson Park

Date and Time: Monday, July 11 06:00 p.m. - 7:00 p.m.

A mix of popular tunes for woodwind quintet. *#EasyListening*

By donation

[More info](#)

## Vernon Proms Celtic Folk Music @ Polson Park

Date and Time: Monday, July 11 07:30 p.m. - 8:30 p.m.

Fiery and luscious Celtic music with a fiddle champion **Michael Burnyeat** and an accordion wizard **Kosta Bozhinov** (Vancouver). *#world music*

By donation

[More info](#)

## Tuesday, July 12, 2022

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## Dog Days of Summer Art Show & Sale @ The Vernon Community Art Centre

Date and Time: Tuesday, July 12 09:00 a.m. - 9:00 p.m.

We often hear about the “dog days” of summer but what does the expression actually mean and what does it have to do with dogs? Some suggest it's about the hot sultry days of summer, while others suggest it's when dogs go mad from the heat. Historically, ‘dog days’ were associated with the star system Sirius (known as the "Dog Star") because it rises simultaneously with the sun during the hottest days. Here at the Arts Centre, the Dog Days of Summer is a celebration of our loyal companions and a chance for local artists and makers to create pieces that spoil the hounds and inspire the humans.

Artists and makers have been invited to create everything from fine art to functional artisan goods using any medium they wish (clay, metal, glass, paint, fibre/textiles, leather, wood, photos etc). You can hope to see tons of dog dishes, cozy beds, clothes, keychains, paw prints, paintings, portraits, accessories, and sculptures.

Visit the art show and sale from July 2-25th, Mon-Thurs 9-9, Fri-Sat 9-5, and Sunday 12-4pm.

Located at the entrance to Polson Park.

## Audio Land Walks @ Caravan Farm Theatre

Date and Time: Tuesday, July 12 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

### Showtime:

Click "[Buy Tickets](#)" to see available times.

## Black Horse @ Caravan Farm Theatre

Date and Time: Tuesday, July 12 09:00 a.m. - 10:00 p.m.

### A SPECTACULAR NEW MUSICAL BY LINZ KENYON

*Blackhorse* is a horse powered love story by Okinawan cowboy poet and raconteur Linz Kenyon, and marks a return to a spectacular incorporation of the horse as stage machine – a concept pioneered by Estelle Shook and Linz Kenyon in earlier works like *Cowboy King* and *IOU Land*.

Audiences can expect the same gritty, hilarious rural poetry and bust-out-of-the-gates indie rock score that is Linz's hallmark, as well as spectacular staging featuring six horses and a team of local horsewomen, led by heavy horse pulling champ Joyce Marchant.

*Blackhorse* is the contemporary tale of a BC couple struggling to raise a family, own a home and cope with one parent away at work in the Alberta oilpatch.

[Tickets](#) go on sale April 25, 2022.

## Summer Daily Tours @ Davison Orchards

Date and Time: Tuesday, July 12 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Private Tours @ Mackie Lake House

Date and Time: Tuesday, July 12 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays



ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Tuesday, July 12 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

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Date and Time: Tuesday, July 12 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

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Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden.
- Personalized 150g jar of honey for each guest.

## Kalamalka Garden (K'nmaika? Sənqâitən) Indigenous Garden Tours @ Okanagan College

Date and Time: Tuesday, July 12 02:00 p.m. - 3:30 p.m.

The tour of Kalamalka Garden will allow visitors to learn a brief history of Syilx (pronounced: see-eel), who are the Indigenous people of the Okanagan - and the Captikw̓t (pronounced: chap-teek-cool) which are the stories, laws and cultural values of the Syilx Okanagan people, which have been passed down from generation to generation by oral tradition. Through these ancient stories, the Syilx have preserved their worldwide view and relationship with nature. Here at the Kalamalka Garden, guests will get to experience first hand the beauty and importance of both the Indigenous plant life and the traditional Indigenous knowledge that has existed for thousands of years, and still exists today.

Guests will have the opportunity to learn to identify traditional plants, understand how these plants are used for medicinal and food purposes, and see demonstrations of how to harvest and use the plants.

The tour presenter will provide short workshop on an Indigenous garden product and how it is grown, harvested and made into a gift. The workshop will explore the elements of traditional foods and medicines, history of the Okanagan area, Indigenous gardening techniques, and samples of foods from the garden.

## Tour Details

**DURATION:** Tours are available on Tuesdays and Thursdays starting at 2:00pm Tours are 1 hour – 1.5 hour.



**RATES:**

\$30.00 – Adults

\$5.00 – Children under 16 years old

All proceeds from the Garden Tours are used for operations.

Get your tickets [here!](#)

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Tuesday, July 12 02:00 p.m. - 2:30 p.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

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- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Live Music @ Range Lounge & Grill (Predator Ridge Resort)

Date and Time: Tuesday, July 12 05:00 p.m. - 7:00 p.m.

During the summer, join us every Tuesday from 5 -7pm for our series of live music performances by local Okanagan artists.

Join us in Range & Lounge Grill to enjoy dinner during the event (dinner reservations are recommended).

## Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Tuesday, July 12 06:00 p.m. - 8:00 p.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

### Tour FAQs

- Tours must be pre-booked. Tours will not run if there are no bookings.
- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 32nd Avenue

Get your tickets [here!](#)

## Wednesday, July 13, 2022

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### Black Horse @ Caravan Farm Theatre

Date and Time: Wednesday, July 13 09:00 a.m. - 10:00 p.m.

#### A SPECTACULAR NEW MUSICAL BY LINZ KENYON

*Blackhorse* is a horse powered love story by Okinawan cowboy poet and raconteur Linz Kenyon, and marks a return to a spectacular incorporation of the horse as stage machine – a concept pioneered by Estelle Shook and Linz Kenyon in earlier works like *Cowboy King* and *IOU Land*.

Audiences can expect the same gritty, hilarious rural poetry and bust-out-of-the-gates indie rock score that is Linz's hallmark, as well as spectacular staging featuring six horses and a team of local horsewomen, led by heavy horse pulling champ Joyce Marchant. *Blackhorse* is the contemporary tale of a BC couple struggling to raise a family, own a home and cope with one parent away at work in the Alberta oilpatch.

[Tickets](#) go on sale April 25, 2022.

## Audio Land Walks @ Caravan Farm Theatre

Date and Time: Wednesday, July 13 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

### Showtime:

Click "[Buy Tickets](#)" to see available times.

## Dog Days of Summer Art Show & Sale @ The Vernon Community Art Centre

Date and Time: Wednesday, July 13 09:00 a.m. - 9:00 p.m.

We often hear about the "dog days" of summer but what does the expression actually mean and what does it have to do with dogs? Some suggest it's about the hot sultry days of summer, while others suggest it's when dogs go mad from the heat. Historically, 'dog days' were associated with the star system Sirius (known as the "Dog Star") because it rises simultaneously with the sun during the hottest days. Here at the Arts Centre, the Dog Days of Summer is a celebration of our loyal companions and a chance for local artists and makers to create pieces that spoil the hounds and inspire the humans.

Artists and makers have been invited to create everything from fine art to functional artisan goods using any medium they wish (clay, metal, glass, paint, fibre/textiles, leather, wood, photos etc). You can hope to see tons of dog dishes, cozy beds, clothes, keychains, paw prints, paintings, portraits, accessories, and sculptures.

Visit the art show and sale from July 2-25th, Mon-Thurs 9-9, Fri-Sat 9-5, and Sunday 12-4pm.

Located at the entrance to Polson Park.

## Goat Yoga @ O'Keefe Ranch

Date and Time: Wednesday, July 13 09:00 a.m. - 12:00 p.m.

Yoga with Goats is back! Join Samantha Richardson for a season of yoga with four legged friends.

Ticket includes a one-hour yoga session prior to the Ranch opening. Yoga is located outdoors in the company of the Ranch's goats. Each goat has its own personality to woo you over, whether they are looking for some extra scratches, trying to make you laugh or just want to take a nap under your downward dog, you never know what they will do!

Afterwards, enjoy the Ranches grounds, take a tour of the mansion, visit the general store, and explore the buildings. Each ticket includes a complimentary general store candy bag. If you book on a Saturday, you can also enjoy the many role play artists including live music and song, demonstrations, school sessions and much, much more. Allow yourself about 2 hours to see the grounds and another hour if you stay for lunch.

To book your tickets click [here](#)!

## Summer Daily Tours @ Davison Orchards

Date and Time: Wednesday, July 13 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Private Tours @ Mackie Lake House

Date and Time: Wednesday, July 13 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Wednesday, July 13 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Wednesday, July 13 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"*All About Bees*" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden.
- Personalized 150g jar of honey for each guest.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Wednesday, July 13 02:00 p.m. - 2:30 p.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

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- Assisted honey tasting of our 20+ varieties of honey.
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## Okanagan Celebrity Classic Golf Tournament @ Predator Ridge Resort

Date and Time: Wednesday, July 13 05:00 p.m. - 11:00 p.m.

The 5th annual Okanagan Celebrity Classic brought to you by Bellamy Homes is once again back at Predator Ridge for July 13 & 14, 2022 and will bring together a star-studded group to play 18 holes of golf on the world-class course, all while raising funds for the community.

Through the support of our sponsors, golfers and celebrities, since it began this event has raised over \$1,100,000 for local charities. The event President and Founder, Patrick Sullivan, has a mission to support families from across the interior of British Columbia. He is therefore thrilled to announce that the 2022 Okanagan Celebrity Classic has partnered with Mamas for Mamas as the beneficiary of the funds raised this year. Mamas for Mamas is a national charitable organization that supports mothers and caregivers in crisis for kids by providing ongoing support to individuals and families facing various poverty-related struggles. Their mission is to change the landscape of poverty through innovative approaches to financial barriers faced by struggling families.

## Sunset Stretch & Sip @ Predator Ridge Resort

Date and Time: Wednesday, July 13 06:00 p.m.

Wind down on with us from 6-8pm with a deep stretch on the outdoor yoga platform at [Predator Ridge](#) while watching the sunset . One ticket includes a guided moderate 18-minute hike up to the platform, a 60 minute yoga flow while you take in the spectacular view of Okanagan Lake and move and flow with your breath.

After Savasana enjoy a glass of local Okanagan wine as you watch the sunset over the hills from the Namaste Platform.

This class is a perfect end to a long day of riding, hiking or golfing. We meet at 6pm: directions to the meeting spot will be emailed to you once purchase is confirmed. Please wear hiking shoes, bring water, and your own mat. All levels welcome.

Purchase your own individual box of charcuterie from [Crudité & Co.](#) and we will bring it to the platform for you to enjoy after class! Order must be placed with plenty of notice, minimum 48 hours.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

## Wahine Wednesday (SUP'n Social Paddle Night) @ Kalavida Surf Shop

Date and Time: Wednesday, July 13 06:00 p.m.

A weekly womens SUP'n social paddle night! Wahine Wednesdays are all about the girls getting together on the water – *The Ladies of the Lake!* Launching from Kal Beach, each week will include something a little different – it could be a soothing sunset paddle, a cruise alongside the Okanagan Rail Trail, story telling, or maybe even a yoga move or two.

### How to Register?

No need to pre-register, just drop in and register between 5pm-5:45pm each Wednesday.

### What's Included?

Beverages, snacks and good vibes are supplied after the paddle. Each week will feature a new sponsor

### How Much?

\$5.00 with your own board and gear

\$20.00 – Includes board rental (includes pfd and paddle)

### Who should join in?

This is a group paddle for those who have some experience paddle boarding. If you are new to SUP, we encourage you to rent a couple of times before joining a Wahine Paddle Night.

### Wahine Warm-Up

5:30-5:50pm – Get warmed up before the official start of the paddle.

6pm: Group departs from Kal Beach

### Where to Park?

We have limited space in our parking lot. If you have your own board, drop it at Kal Beach on the West side of the beach and park at Kal Beach Parking Lot or along WestKal Road. We have staff at the beach from 5:30pm onward so your board should be safe there.

Check their [website](#) or [Facebook](#) for more details!

# Thursday, July 14, 2022

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## Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Thursday, July 14 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

## Okanagan Celebrity Classic Golf Tournament @ Predator Ridge Resort

Date and Time: Thursday, July 14 08:00 a.m. - 11:00 p.m.

The 5th annual Okanagan Celebrity Classic brought to you by Bellamy Homes is once again back at Predator Ridge for July 13 & 14, 2022 and will bring together a star-studded group to play 18 holes of golf on the world-class course, all while raising funds for the community.

Through the support of our sponsors, golfers and celebrities, since it began this event has raised over \$1,100,000 for local charities. The event President and Founder, Patrick Sullivan, has a mission to support families from across the interior of British Columbia. He is therefore thrilled to announce that the 2022 Okanagan Celebrity Classic has partnered with Mamas for Mamas as the beneficiary of the funds raised this year. Mamas for Mamas is a national charitable organization that supports mothers and caregivers in crisis for kids by providing ongoing support to individuals and families facing various poverty-related struggles. Their mission is to change the landscape of poverty through innovative approaches to financial barriers faced by struggling families.

## Black Horse @ Caravan Farm Theatre

Date and Time: Thursday, July 14 09:00 a.m. - 10:00 p.m.

**A SPECTACULAR NEW MUSICAL BY LINZ KENYON**

*Blackhorse* is a horse powered love story by Okinawan cowboy poet and raconteur Linz Kenyon, and marks a return to a spectacular incorporation of the horse as stage machine – a concept pioneered by Estelle Shook and Linz Kenyon in earlier works like *Cowboy King* and *IOU Land*.

Audiences can expect the same gritty, hilarious rural poetry and bust-out-of-the-gates indie rock score that is Linz's hallmark, as well as spectacular staging featuring six horses and a team of local horsewomen, led by heavy horse pulling champ Joyce Marchant.

*Blackhorse* is the contemporary tale of a BC couple struggling to raise a family, own a home and cope with one parent away at work in the Alberta oilpatch.

[Tickets](#) go on sale April 25, 2022.

## Audio Land Walks @ Caravan Farm Theatre

Date and Time: Thursday, July 14 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

**Showtime:**

Click "[Buy Tickets](#)" to see available times.

## Dog Days of Summer Art Show & Sale @ The Vernon Community Art Centre

Date and Time: Thursday, July 14 09:00 a.m. - 9:00 p.m.

We often hear about the “dog days” of summer but what does the expression actually mean and what does it have to do with dogs? Some suggest it's about the hot sultry days of summer, while others suggest it's when dogs go mad from the heat. Historically, ‘dog days’ were associated with the star system Sirius (known as the "Dog Star") because it rises simultaneously with the sun during the hottest days. Here at the Arts Centre, the Dog Days of Summer is a celebration of our loyal companions and a chance for local artists and makers to create pieces that spoil the hounds and inspire the humans.

Artists and makers have been invited to create everything from fine art to functional artisan goods using any medium they wish (clay, metal, glass, paint, fibre/textiles, leather, wood, photos etc). You can hope to see tons of dog dishes, cozy beds, clothes, keychains, paw prints, paintings, portraits, accessories, and sculptures.

Visit the art show and sale from July 2-25th, Mon-Thurs 9-9, Fri-Sat 9-5, and Sunday 12-4pm.

Located at the entrance to Polson Park.

## Summer Daily Tours @ Davison Orchards

Date and Time: Thursday, July 14 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Private Tours @ Mackie Lake House

Date and Time: Thursday, July 14 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Thursday, July 14 11:00 a.m. - 11:30 a.m.

*"Basically Bees"* - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
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Date and Time: Thursday, July 14 12:00 p.m. - 1:15 p.m.

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## What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

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- Personalized 150g jar of honey for each guest.

## Kalamalka Garden (K'nmałka? Sənqâitən) Indigenous Garden Tours @ Okanagan College

Date and Time: Thursday, July 14 02:00 p.m. - 3:30 p.m.

The tour of Kalamalka Garden will allow visitors to learn a brief history of Syilx (pronounced: see-eel), who are the Indigenous people of the Okanagan - and the Captikʷ (pronounced: chap-teek-cool) which are the stories, laws and cultural values of the Syilx Okanagan people, which have been passed down from generation to generation by oral tradition. Through these ancient stories, the Syilx have preserved their worldwide view and relationship with nature. Here at the Kalamalka Garden, guests will get to experience first hand the beauty and importance of both the Indigenous plant life and the traditional Indigenous knowledge that has existed for thousands of years, and still exists today.

Guests will have the opportunity to learn to identify traditional plants, understand how these plants are used for medicinal and food purposes, and see demonstrations of how to harvest and use the plants.

The tour presenter will provide short workshop on an Indigenous garden product and how it is grown, harvested and made into a gift. The workshop will explore the elements of traditional foods and medicines, history of the Okanagan area, Indigenous gardening techniques, and samples of foods from the garden.

## Tour Details

**DURATION:** Tours are available on Tuesdays and Thursdays starting at 2:00pm Tours are 1 hour – 1.5 hour.

### RATES:

\$30.00 – Adults

\$5.00 – Children under 16 years old

All proceeds from the Garden Tours are used for operations.

Get your tickets [here!](#)

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Thursday, July 14 02:00 p.m. - 2:30 p.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

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- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Downtown Sounds @ 2900 Plaza

Date and Time: Thursday, July 14 06:00 p.m. - 7:30 p.m.

Join us at the 2900 Plaza every Thursday this summer to enjoy some awesome (free) music from 6pm-7:30pm!

July 7- Feet First

July 14- The Garcia Band

July 21- Forty Foot Fred

July 28- The Rockin Horse Band



August 4- The Shawn Lightfoot Band

August 11- The Keys

August 18- The Young'uns

August 25- Chipko Jones

Check the [Downtown Vernon Associations Facebook](#) for more details!

## Friday, July 15, 2022

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### Dog Days of Summer Art Show & Sale @ The Vernon Community Art Centre

Date and Time: Friday, July 15 09:00 a.m. - 5:00 p.m.

We often hear about the “dog days” of summer but what does the expression actually mean and what does it have to do with dogs? Some suggest its about the hot sultry days of summer, while others suggest it's when dogs go mad from the heat. Historically, ‘dog days’ were associated with the star system Sirius (known as the "Dog Star") because it rises simultaneously with the sun during the hottest days. Here at the Arts Centre, the Dog Days of Summer is a celebration of our loyal companions and a chance for local artists and makers to create pieces that spoil the hounds and inspire the humans.

Artists and makers have been invited to create everything from fine art to functional artisan goods using any medium they wish (clay, metal, glass, paint, fibre/textiles, leather, wood, photos etc). You can hope to see tons of dog dishes, cozy beds, clothes, keychains, paw prints, paintings, portraits, accessories, and sculptures.

Visit the art show and sale from July 2-25th, Mon-Thurs 9-9, Fri-Sat 9-5, and Sunday 12-4pm.

Located at the entrance to Polson Park.

### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Friday, July 15 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Black Horse @ Caravan Farm Theatre

Date and Time: Friday, July 15 09:00 a.m. - 10:00 p.m.

#### A SPECTACULAR NEW MUSICAL BY LINZ KENYON

*Blackhorse* is a horse powered love story by Okinawan cowboy poet and raconteur Linz Kenyon, and marks a return to a spectacular incorporation of the horse as stage machine – a concept pioneered by Estelle Shook and Linz Kenyon in earlier works like *Cowboy King* and *IOU Land*.

Audiences can expect the same gritty, hilarious rural poetry and bust-out-of-the-gates indie rock score that is Linz's hallmark, as well as spectacular staging featuring six horses and a team of local horsewomen, led by heavy horse pulling champ Joyce Marchant.

*Blackhorse* is the contemporary tale of a BC couple struggling to raise a family, own a home and cope with one parent away at work in the Alberta oilpatch.

[Tickets](#) go on sale April 25, 2022.

### Historic Downtown Mural Tours @ Greater Vernon Museum & Archives



Date and Time: Friday, July 15 09:00 a.m. - 11:00 a.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

### Tour FAQs

- Tours must be pre-booked. Tours will not run if there are no bookings.
- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 - 32 Avenue

Get your tickets [here!](#)

### Summer Daily Tours @ Davison Orchards

Date and Time: Friday, July 15 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

### Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Friday, July 15 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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### The Audio Land Walks @ Caravan Farm Theatre

Date and Time: Friday, July 15 01:00 p.m. - 4:30 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 45 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 40-55 minutes long. Bookings can accommodate groups up to 6 people.

For more information and to buy tickets visit their [website!](#)

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Friday, July 15 02:00 p.m. - 2:30 p.m.

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- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Polson Artisan Night Market @ Polson Park

Date and Time: Friday, July 15 04:00 p.m. - 8:00 p.m.

From May 20 to September 2, 2022, the Polson Artisan Night Market will be operating in Polson Park, Vernon BC.

Join us Friday nights at this fun event featuring 50 vendors from the surrounding area.

Come check out a mix of skilled local producers, makers and growers each week.

## Live Music @ Marten Brewing Bar & Grill

Date and Time: Friday, July 15 07:00 p.m. - 11:30 p.m.

Join Marten Brewing Bar & Grill every Friday night this summer for live music!

### Upcoming attractions:

- June 10- The Jaz Tex
- June 17- Tracey Lyn
- June 24-James Hay
- July 1- Three Scotch In
- July 8- Conroy Ross
- July 15- Mozi Bones
- July 22- Marv Machura
- July 29- Poppa Dawg
- Aug 5- Steve Smith
- Aug 12- Makayla Gough

## Vernon Proms Flute Impressions @ Peace Lutheran Church

Date and Time: Friday, July 15 07:30 p.m. - 9:00 p.m.

Awash yourself in the pure sound of the flute in this concert that included works for two flutes and piano. From the bird sounds of Vivaldi's "Il Cardellino" to the beauty of Debussy's "Petite Suite" to the modern lyricism of Piazzolla's "Oblivion" and Ian Clarke's "Maya", Flute Impressions takes you on a journey of beauty melodies throughout the centuries.

Tickets \$25/\$20, children 12y.o. and younger are free.

[More info](#)

## Saturday, July 16, 2022

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### Soup2Nutz Duathlon @ SilverStar Mountain Resort & Sovereign Lake

Date and Time: Saturday, July 16 08:00 a.m. - 8:00 p.m.

Soup 2 Nutz is a super fun 16 km Mountain Bike and 10 km Trail Running event that can be done solo or as a team! This event consists of some of the best trails Silver Star Mountain Provincial Park has to offer, rolling over rugged double track, fun flowy single track, tough climbs and some sweet descents. This exhilarating course will test your skills and fitness as you explore the terrain of Silver Star Mountain Provincial Park.

Register [here!](#)

### Summer Market Festival @ Swan Lake Market & Garden

Date and Time: Saturday, July 16 08:30 a.m. - 6:00 p.m.

Join Swan Lake Market & Garden in celebrating the summer season!

This is a time we can all come together as a community and have a little fun and enjoy some casual entertainment and food in the Market Gardens.

There will be live music, food trucks, local artisans and vendors as well as activities for the kids and surprise giveaways!

Admission is free!

### Dog Days of Summer Art Show & Sale @ The Vernon Community Art Centre

Date and Time: Saturday, July 16 09:00 a.m. - 5:00 p.m.

We often hear about the "dog days" of summer but what does the expression actually mean and what does it have to do with dogs? Some suggest it's about the hot sultry days of summer, while others suggest it's when dogs go mad from the heat. Historically, 'dog days' were associated with the star system Sirius (known as the "Dog Star") because it rises simultaneously with the sun during the hottest days. Here at the Arts Centre, the Dog Days of Summer is a celebration of our loyal companions and a chance for local artists and makers to create pieces that spoil the hounds and inspire the humans.

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Located at the entrance to Polson Park.

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[Tickets](#) go on sale April 25, 2022.

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Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

### Showtime:

Click "[Buy Tickets](#)" to see available times.

## Guided Trail Tour @ Allan Brooks Nature Centre

Date and Time: Saturday, July 16 10:00 a.m. - 10:30 a.m.

Join us on a short walk through our rare and delicate grassland ecosystem! Learn about grassland plants and animals, their special traits that allow them to live in this hot, dry habitat and how they interact. Touch, smell, and feel as we explore the wilderness all around us! This tour starts at the trailhead and follows an easy gravel path loop around the centre.

**Fee:** \$5.00 per person (*youth under 16 + ABNC members are FREE!*). *Registration is required.*

\*\*\*Please note, ABNC programming will be cancelled should the temperatures exceed 35C, for the safety of all patrons and staff.

Visit their [website](#) to register!

## Summer Daily Tours @ Davison Orchards

Date and Time: Saturday, July 16 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Vintage Tractor Pull @ O'Keefe Ranch

Date and Time: Saturday, July 16 11:00 a.m. - 3:00 p.m.

Ever wanted to learn how to drive a tractor? Want a tour of the machinery? The Pioneer Power Club is working with O'Keefe Ranch to give you an intimate tractor experience. They are also celebrating the 101st birthday of one of their vintage Tractor Pulls.

Doors open at 10AM, vintage tractor pull celebration begins at 11AM.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Saturday, July 16 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

(No booking necessary, but groups of 10 or more are recommended to call in advance.)

## Nature Talk @ Allan Brooks Nature Centre

Date and Time: Saturday, July 16 11:30 a.m. - 12:00 p.m.

Meet them in their grassland theatre for a short nature talk! Their ABNC interpreters will use some of our natural materials and props to teach you more about our local plants and animals and give you an up close look. A new theme every week! There is no need to pre-register, simply check-in at the Interpretive Centre upon arrival and find a seat on one of our benches, or bring your own lawn chair. Nature Talks are free, but a donation is appreciated.

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Saturday, July 16 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"All About Bees" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden.
- Personalized 150g jar of honey for each guest.

## The Audio Land Walks @ Caravan Farm Theatre

Date and Time: Saturday, July 16 01:00 p.m. - 4:30 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 45 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 40-55 minutes long. Bookings can accommodate groups up to 6 people.

For more information and to buy tickets visit their [website!](#)

## Vernon Proms Oko Baroquo: A mixed bag of early music @ The Peace Lutheran Church

Date and Time: Saturday, July 16 02:00 p.m. - 3:30 p.m.

A mixed bag of early music: a little bit of this and a little bit of that...

By donation.

[More info](#)

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Saturday, July 16 02:00 p.m. - 2:30 p.m.

"Basically Bees" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

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- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Vernon Proms Jennifer Scott @ The Peace Lutheran Church

Date and Time: Saturday, July 16 07:30 p.m. - 9:00 p.m.

A fabulous evening of jazz with Jennifer Scott, a Vancouver-based jazz vocalist and pianist, and her husband, bassist Rene Worst.

Jennifer Scott & Rene Worst are two of Canada's most respected musicians.

Collectively they have travelled throughout North America, the former Soviet Union & Europe working with artists as divergent as Jerry Douglas, Chet Baker, Moira Smiley, Clark Terry, Jon Batiste, David Bowie and many more!

As a duo, they have recorded two critically acclaimed CDs, Duets & the recently released Pairings.

Both are in demand as studio musicians, live performers and clinicians.

Tickets \$25/\$20, children 12y.o. and younger are free.

[More info](#)

## Sunday, July 17, 2022

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### Dirty Feet Trail Races - Trail Run #3 @ Kalamalka Provincial Park

Date and Time: Sunday, July 17 08:00 a.m. - 2:00 p.m.

**JULY 17TH – VERNON, BC – 5KM, 10KM, 21KM**

#### **DIRTY FEET TRAIL RUN #3**

Trail Running Race in Kalamalka Prov. Park. Finish your run at the beach for a refreshing swim afterwards! Beautiful trails and beautiful views!

Sign up early this race will be capped at 300 people. Thanks in advance for signing up early.

#### **DISTANCES**

5km, 10km and 21km courses available! This run offers a 5km, 10km and 21km. Pick the distance that suits you and come out for an awesome day on the trails. There are great draw prizes to win so make sure to stick around to see what's new from our sponsors!!

#### **TRAILS:**

The trails in Kalamalka Provincial Park are a mix of rocks and dirt and can be very dusty. These trails are surrounded by great scenery with the lake and the rocky hills, there should be some great views along the way. There will be sections of the race on double track trails to allow for passing and spreading out of the group however there will be a good portion of single track as well. The course is well marked with Dirty Feet flags and arrows.

#### **RACE SHIRTS AND MERCHANDISE**

New Dirty Feet T-shirt available at the race. Shirts are on sale for \$25. Hoodies and Hats will be available to purchase at the event. Cash and credit card are accepted. Check out the new shirts at the race!

#### **RACE PACKAGE PICK-UP**

Friday July 15th from 3-5pm and Saturday July 16th from 11-1pm in Vernon at [The Starting Block](#) in Vernon. – 3100 29 Ave,

For out of towners that cannot make these times you can pick them up on race day at the race location from 8am-8:45am.

#### **RACER CHECK IN**

Begins July 17th at 8:00am at Start/Finish

## RACE START TIMES

21 km at 9:00am

10 km at 9:30am

5 km at 9:45am

## ENTRY FEES \*

5 km early entry fee is \$40 includes GST.

10 km early entry fee is \$50 includes GST.

21 km race early entry fee is \$65 includes GST.

\*Entry Fees will increase by \$5 on January 1st, 2022 – and increase by \$5 – 1 week (July 10th) before the race.

\*Entry fees do not include on-line processing fee.

If you would like to volunteer please email [INFO@DIRTYFEET.CA](mailto:INFO@DIRTYFEET.CA) regarding volunteering for this event.

## ON-LINE REGISTRATION DEADLINE

On line registration last day is July 16th, 2022. [Click here to Register!](#)

## Audio Land Walks @ Caravan Farm Theatre

Date and Time: Sunday, July 17 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

### Showtime:

Click "[Buy Tickets](#)" to see available times.

## Black Horse @ Caravan Farm Theatre

Date and Time: Sunday, July 17 09:00 a.m. - 10:00 p.m.

### A SPECTACULAR NEW MUSICAL BY LINZ KENYON

*Blackhorse* is a horse powered love story by Okinawan cowboy poet and raconteur Linz Kenyon, and marks a return to a spectacular incorporation of the horse as stage machine – a concept pioneered by Estelle Shook and Linz Kenyon in earlier works like *Cowboy King* and *IOU Land*.

Audiences can expect the same gritty, hilarious rural poetry and bust-out-of-the-gates indie rock score that is Linz's hallmark, as well as spectacular staging featuring six horses and a team of local horsewomen, led by heavy horse pulling champ Joyce Marchant.

*Blackhorse* is the contemporary tale of a BC couple struggling to raise a family, own a home and cope with one parent away at work in the Alberta oilpatch.

[Tickets](#) go on sale April 25, 2022.

## Yoga + Mimosas @ Predator Ridge Resort

Date and Time: Sunday, July 17 10:00 a.m.

Grace & Flow is back at [Predator Ridge Resort](#) to bring you *Yoga + Mimosa's!* One ticket includes a 60 min yoga flow on the outdoor Lavender Platform set amongst gorgeous lavender fields.

After Savasana enjoy a juicy mimosa while taking in the view of one of the Okanagan's many treasures.

Class begins at 10 am. Access the Lavender Platform by vehicle in the Predator Ridge Commonage Neighbourhood. All levels welcome.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

Must bring your own yoga mat, no spare mats available to borrow. Directions to the platform will be emailed out to you along with a waiver once purchase is confirmed.

## Summer Daily Tours @ Davison Orchards

Date and Time: Sunday, July 17 11:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Sunday, July 17 11:00 a.m. - 11:30 a.m.

"Basically Bees" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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Date and Time: Sunday, July 17 12:00 p.m. - 4:00 p.m.

We often hear about the "dog days" of summer but what does the expression actually mean and what does it have to do with dogs? Some suggest it's about the hot sultry days of summer, while others suggest it's when dogs go mad from the heat. Historically, 'dog days' were associated with the star system Sirius (known as the "Dog Star") because it rises simultaneously with the sun during the hottest days. Here at the Arts Centre, the Dog Days of Summer is a celebration of our loyal companions and a chance for local artists and makers to create pieces that spoil the hounds and inspire the humans.

Artists and makers have been invited to create everything from fine art to functional artisan goods using any medium they wish (clay,



metal, glass, paint, fibre/textiles, leather, wood, photos etc). You can hope to see tons of dog dishes, cozy beds, clothes, keychains, paw prints, paintings, portraits, accessories, and sculptures.

Visit the art show and sale from July 2-25th, Mon-Thurs 9-9, Fri-Sat 9-5, and Sunday 12-4pm.

Located at the entrance to Polson Park.

## The Audio Land Walks @ Caravan Farm Theatre

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- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Vernon Proms Gala Concert "Art in Life" @ The Peace Lutheran Church

Date and Time: Sunday, July 17 07:30 p.m. - 9:00 p.m.

The final Gala concert "Art in Life" with Sycamore String Quartet and vocal soloists. Vernon only, Sun Jul 17th. The program includes a premiere of Imant Raminsh's song cycle *O Language Where Language Ends* for a string quintet, mezzo-soprano and baritone, commissioned by the Proms; *Fratres by Arvo Part* (cello and piano); *Suite on Ukrainian Folk Themes, Op. 45, by Boris Lyatoshynsky*, composed in 1944, for a string quartet; and a selection of vocal gems.

[More info/Tickets](#)

## Monday, July 18, 2022

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### Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Monday, July 18 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

### Black Horse @ Caravan Farm Theatre

Date and Time: Monday, July 18 09:00 a.m. - 10:00 p.m.

### A SPECTACULAR NEW MUSICAL BY LINZ KENYON

*Blackhorse* is a horse powered love story by Okinawan cowboy poet and raconteur Linz Kenyon, and marks a return to a spectacular incorporation of the horse as stage machine – a concept pioneered by Estelle Shook and Linz Kenyon in earlier works like *Cowboy King* and *IOU Land*.

Audiences can expect the same gritty, hilarious rural poetry and bust-out-of-the-gates indie rock score that is Linz's hallmark, as well as spectacular staging featuring six horses and a team of local horsewomen, led by heavy horse pulling champ Joyce Marchant.

*Blackhorse* is the contemporary tale of a BC couple struggling to raise a family, own a home and cope with one parent away at work in the Alberta oilpatch.

[Tickets](#) go on sale April 25, 2022.

## Audio Land Walks @ Caravan Farm Theatre

Date and Time: Monday, July 18 09:00 a.m. - 5:00 p.m.

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Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

### Showtime:

Click "[Buy Tickets](#)" to see available times.

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Date and Time: Monday, July 18 09:00 a.m. - 9:00 p.m.

We often hear about the "dog days" of summer but what does the expression actually mean and what does it have to do with dogs? Some suggest its about the hot sultry days of summer, while others suggest it's when dogs go mad from the heat. Historically, 'dog days' were associated with the star system Sirius (known as the "Dog Star") because it rises simultaneously with the sun during the hottest days. Here at the Arts Centre, the Dog Days of Summer is a celebration of our loyal companions and a chance for local artists and makers to create pieces that spoil the hounds and inspire the humans.

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Visit the art show and sale from July 2-25th, Mon-Thurs 9-9, Fri-Sat 9-5, and Sunday 12-4pm.

Located at the entrance to Polson Park.

## Summer Daily Tours @ Davison Orchards

Date and Time: Monday, July 18 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Monday, July 18 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
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Learn all about Bees!

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## Tuesday, July 19, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Tuesday, July 19 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

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Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Black Horse @ Caravan Farm Theatre

Date and Time: Tuesday, July 19 09:00 a.m. - 10:00 p.m.

## A SPECTACULAR NEW MUSICAL BY LINZ KENYON

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*Blackhorse* is the contemporary tale of a BC couple struggling to raise a family, own a home and cope with one parent away at work in the Alberta oilpatch.

Tickets go on sale April 25, 2022.

## Dog Days of Summer Art Show & Sale @ The Vernon Community Art Centre

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We often hear about the “dog days” of summer but what does the expression actually mean and what does it have to do with dogs? Some suggest it's about the hot sultry days of summer, while others suggest it's when dogs go mad from the heat. Historically, ‘dog days’ were associated with the star system Sirius (known as the “Dog Star”) because it rises simultaneously with the sun during the hottest days. Here at the Arts Centre, the Dog Days of Summer is a celebration of our loyal companions and a chance for local artists and makers to create pieces that spoil the hounds and inspire the humans.

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Located at the entrance to Polson Park.

## Summer Daily Tours @ Davison Orchards

Date and Time: Tuesday, July 19 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Private Tours @ Mackie Lake House

Date and Time: Tuesday, July 19 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

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“*Basically Bees*” - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

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- Personalized 150g jar of honey for each guest.

## Kalamalka Garden (K'nmaika? Sənqâitən) Indigenous Garden Tours @ Okanagan College

Date and Time: Tuesday, July 19 02:00 p.m. - 3:30 p.m.

The tour of Kalamalka Garden will allow visitors to learn a brief history of Syilx (pronounced: see-eel), who are the Indigenous people of the Okanagan - and the Captikwł (pronounced: chap-teek-cool) which are the stories, laws and cultural values of the Syilx Okanagan people, which have been passed down from generation to generation by oral tradition. Through these ancient stories, the Syilx have preserved their worldwide view and relationship with nature. Here at the Kalamalka Garden, guests will get to experience first hand the beauty and importance of both the Indigenous plant life and the traditional Indigenous knowledge that has existed for thousands of years, and still exists today.

Guests will have the opportunity to learn to identify traditional plants, understand how these plants are used for medicinal and food purposes, and see demonstrations of how to harvest and use the plants.

The tour presenter will provide short workshop on an Indigenous garden product and how it is grown, harvested and made into a gift. The workshop will explore the elements of traditional foods and medicines, history of the Okanagan area, Indigenous gardening techniques, and samples of foods from the garden.

### Tour Details

**DURATION:** Tours are available on Tuesdays and Thursdays starting at 2:00pm Tours are 1 hour – 1.5 hour.

**RATES:**

\$30.00 – Adults

\$5.00 – Children under 16 years old

All proceeds from the Garden Tours are used for operations.

Get your tickets [here!](#)

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- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Live Music @ Range Lounge & Grill (Predator Ridge Resort)

Date and Time: Tuesday, July 19 05:00 p.m. - 7:00 p.m.

During the summer, join us every Tuesday from 5 -7pm for our series of live music performances by local Okanagan artists.

Join us in Range & Lounge Grill to enjoy dinner during the event (dinner reservations are recommended).

## Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Tuesday, July 19 06:00 p.m. - 8:00 p.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

### Tour FAQs

- Tours must be pre-booked. Tours will not run if there are no bookings.
- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 32nd Avenue

Get your tickets [here!](#)

## Wednesday, July 20, 2022

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### Black Horse @ Caravan Farm Theatre

Date and Time: Wednesday, July 20 09:00 a.m. - 10:00 p.m.

#### A SPECTACULAR NEW MUSICAL BY LINZ KENYON

*Blackhorse* is a horse powered love story by Okinawan cowboy poet and raconteur Linz Kenyon, and marks a return to a spectacular incorporation of the horse as stage machine – a concept pioneered by Estelle Shook and Linz Kenyon in earlier works like *Cowboy King* and *IOU Land*.

Audiences can expect the same gritty, hilarious rural poetry and bust-out-of-the-gates indie rock score that is Linz's hallmark, as well as spectacular staging featuring six horses and a team of local horsewomen, led by heavy horse pulling champ Joyce Marchant.

*Blackhorse* is the contemporary tale of a BC couple struggling to raise a family, own a home and cope with one parent away at work in the Alberta oilpatch.

[Tickets](#) go on sale April 25, 2022.

### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Wednesday, July 20 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

**Showtime:**

Click "[Buy Tickets](#)" to see available times.

## Dog Days of Summer Art Show & Sale @ The Vernon Community Art Centre

Date and Time: Wednesday, July 20 09:00 a.m. - 9:00 p.m.

We often hear about the “dog days” of summer but what does the expression actually mean and what does it have to do with dogs? Some suggest its about the hot sultry days of summer, while others suggest it’s when dogs go mad from the heat. Historically, ‘dog days’ were associated with the star system Sirius (known as the "Dog Star") because it rises simultaneously with the sun during the hottest days. Here at the Arts Centre, the Dog Days of Summer is a celebration of our loyal companions and a chance for local artists and makers to create pieces that spoil the hounds and inspire the humans.

Artists and makers have been invited to create everything from fine art to functional artisan goods using any medium they wish (clay, metal, glass, paint, fibre/textiles, leather, wood, photos etc). You can hope to see tons of dog dishes, cozy beds, clothes, keychains, paw prints, paintings, portraits, accessories, and sculptures.

Visit the art show and sale from July 2-25th, Mon-Thurs 9-9, Fri-Sat 9-5, and Sunday 12-4pm.

Located at the entrance to Polson Park.

## Summer Daily Tours @ Davison Orchards

Date and Time: Wednesday, July 20 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Private Tours @ Mackie Lake House

Date and Time: Wednesday, July 20 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Wednesday, July 20 11:00 a.m. - 11:30 a.m.

*"Basically Bees"* - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Wednesday, July 20 12:00 p.m. - 1:15 p.m.

Learn all about Bees!



"All About Bees" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

## What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden.
- Personalized 150g jar of honey for each guest.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Wednesday, July 20 02:00 p.m. - 2:30 p.m.

"Basically Bees" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

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## Midsummer Eve of the Arts

Date and Time: Wednesday, July 20 05:00 p.m. - 10:00 p.m.

The 36<sup>th</sup> annual art auction event, Midsummer's Eve of the Arts, will take place on **Wednesday, July 20th, 2022**. Once again, this year's fundraiser will be a hybrid of live and virtual formats, allowing those who aren't able to attend in person to still take part in the silent and live auctions!

Enjoy a vibrant evening of art and celebration as we look towards the bright future for the VPAG and art in Greater Vernon. Funds raised during the live and silent auctions provide important support to the Gallery throughout the year.

By donating to this year's Midsummer's Eve of the Arts, you will be investing into the future of British Columbia's arts and culture. The deadline for artists' donations is **June 21st, 2022 at 5:00 PM**. There are no application fees.

If you or anyone you know would like to be a part of this year's MEA by donating artwork, you can drop off the artwork and donation form at the gallery no later than June 21, 2022 by 5:00 PM.

More details to come.

## Wahine Wednesday (SUP'n Social Paddle Night) @ Kalavida Surf Shop

Date and Time: Wednesday, July 20 06:00 p.m.

A weekly womens SUP'n social paddle night! Wahine Wednesdays are all about the girls getting together on the water – *The Ladies of the Lake!* Launching from Kal Beach, each week will include something a little different – it could be a soothing sunset paddle, a cruise alongside the Okanagan Rail Trail, story telling, or maybe even a yoga move or two.

### How to Register?

No need to pre-register, just drop in and register between 5pm-5:45pm each Wednesday.

### What's Included?

Beverages, snacks and good vibes are supplied after the paddle. Each week will feature a new sponsor

### How Much?

\$5.00 with your own board and gear

\$20.00 – Includes board rental (includes pfd and paddle)

### Who should join in?



This is a group paddle for those who have some experience paddle boarding. If you are new to SUP, we encourage you to rent a couple of times before joining a Wahine Paddle Night.

### **Wahine Warm-Up**

5:30-5:50pm – Get warmed up before the official start of the paddle.

6pm: Group departs from Kal Beach

### **Where to Park?**

We have limited space in our parking lot. If you have your own board, drop it at Kal Beach on the West side of the beach and park at Kal Beach Parking Lot or along WestKal Road. We have staff at the beach from 5:30pm onward so your board should be safe there.

Check their [website](#) or [Facebook](#) for more details!

## **Sunset Stretch & Sip @ Predator Ridge Resort**

Date and Time: Wednesday, July 20 06:00 p.m.

Wind down on with us from 6-8pm with a deep stretch on the outdoor yoga platform at [Predator Ridge](#) while watching the sunset . One ticket includes a guided moderate 18-minute hike up to the platform, a 60 minute yoga flow while you take in the spectacular view of Okanagan Lake and move and flow with your breath.

After Savasana enjoy a glass of local Okanagan wine as you watch the sunset over the hills from the Namaste Platform.

This class is a perfect end to a long day of riding, hiking or golfing. We meet at 6pm: directions to the meeting spot will be emailed to you once purchase is confirmed. Please wear hiking shoes, bring water, and your own mat. All levels welcome.

Purchase your own individual box of charcuterie from [Crudité & Co.](#) and we will bring it to the platform for you to enjoy after class! Order must be placed with plenty of notice, minimum 48 hours.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

## **Thursday, July 21, 2022**

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### **Vernon Farmer's Market @ Kal Tire Place Parking Lot**

Date and Time: Thursday, July 21 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

### **Black Horse @ Caravan Farm Theatre**

Date and Time: Thursday, July 21 09:00 a.m. - 10:00 p.m.

#### **A SPECTACULAR NEW MUSICAL BY LINZ KENYON**

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**Showtime:**

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Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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## Kalamalka Garden (K'nmaika? Sənqâitən) Indigenous Garden Tours @ Okanagan College

Date and Time: Thursday, July 21 02:00 p.m. - 3:30 p.m.

The tour of Kalamalka Garden will allow visitors to learn a brief history of Syilx (pronounced: see-eel), who are the Indigenous people of the Okanagan - and the Captikwł (pronounced: chap-teek-cool) which are the stories, laws and cultural values of the Syilx Okanagan people, which have been passed down from generation to generation by oral tradition. Through these ancient stories, the Syilx have preserved their worldwide view and relationship with nature. Here at the Kalamalka Garden, guests will get to experience first hand the beauty and importance of both the Indigenous plant life and the traditional Indigenous knowledge that has existed for thousands of years, and still exists today.

Guests will have the opportunity to learn to identify traditional plants, understand how these plants are used for medicinal and food purposes, and see demonstrations of how to harvest and use the plants.

The tour presenter will provide short workshop on an Indigenous garden product and how it is grown, harvested and made into a gift. The workshop will explore the elements of traditional foods and medicines, history of the Okanagan area, Indigenous gardening techniques, and samples of foods from the garden.

### Tour Details

**DURATION:** Tours are available on Tuesdays and Thursdays starting at 2:00pm Tours are 1 hour – 1.5 hour.

#### RATES:

\$30.00 – Adults

\$5.00 – Children under 16 years old

All proceeds from the Garden Tours are used for operations.

Get your tickets [here!](#)

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## Downtown Sounds @ 2900 Plaza

Date and Time: Thursday, July 21 06:00 p.m. - 7:30 p.m.

Join us at the 2900 Plaza every Thursday this summer to enjoy some awesome (free) music from 6pm-7:30pm!

July 7- Feet First

July 14- The Garcia Band

July 21- Forty Foot Fred

July 28- The Rockin Horse Band

August 4- The Shawn Lightfoot Band

August 11- The Keys

August 18- The Young'uns

August 25- Chipko Jones

Check the [Downtown Vernon Associations Facebook](#) for more details!

## Queer Family Game Night @ The Boarding House Cafe

Date and Time: Thursday, July 21 07:00 p.m. - 9:00 p.m.

Come join the Family Resource Centre for a Queer Family Game Night! Starting on June 16th, families, adults, and allies of all ages are invited for a fun night of games at The Boarding House Cafe!

## Friday, July 22, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Friday, July 22 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

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Visit the art show and sale from July 2-25th, Mon-Thurs 9-9, Fri-Sat 9-5, and Sunday 12-4pm.

Located at the entrance to Polson Park.

## The Audio Land Walks @ Caravan Farm Theatre

Date and Time: Friday, July 22 01:00 p.m. - 4:30 p.m.

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For more information and to buy tickets visit their [website!](#)

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- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Polson Artisan Night Market @ Polson Park

Date and Time: Friday, July 22 04:00 p.m. - 8:00 p.m.

From May 20 to September 2, 2022, the Polson Artisan Night Market will be operating in Polson Park, Vernon BC.

Join us Friday nights at this fun event featuring 50 vendors from the surrounding area.

Come check out a mix of skilled local producers, makers and growers each week.

## Music at Mackie Summer Concert Series @ Mackie Lake House

Date and Time: Friday, July 22 05:00 p.m. - 10:00 p.m.

## Music at Mackie Summer Concert Series

We're dedicating the first performance to all Father's and hope they had a wonderful Father's Day.

We're pleased to once again offer six (6) music events for the 2022 summer concert series. We will offer package sales and/or individual sales to each music event. Tickets go on sale in early April!

(Thursday) June 30th - We welcome back [Amy Bishop](#). The crowd went crazy for this artist last year and we love the fact that she's joining us for our series. We will have [Shabbang Food Truck](#) on site for this performance so please bring your appetite!

(Friday) July 8th - TBD

(Friday) July 22nd - [Josh + Bex](#)

This sensational folk duo will be bringing their original material and we are sure they will be a crowd pleaser. Once again, please save room and buy dinner at [Gord Oh's Food Truck](#) which will be on site for the performance.

(Friday) August 12th - [Under the Rocks Band](#)

We're going to have a lot of fun with this band and we're hoping that all the bluegrass lovers out there will join us for their first-time performance at Mackie Lake House. We just know you won't be able to stay in your seat! [Mi Taqueria Mexican Cantina](#) will be providing some delicious Mexican food for your dinner purchase.

(Friday) August 26th - [Emily Rault Duo](#)

This young singer comes to us from Vancouver. She'll be offering a bit of Motown, a bit of Jazz, and will just be returning from a European tour, in time to perform for us at Mackie Lake House.

(Friday) Sept. 9th - We end our season with the Lent Brothers and Neil Fraser. Most of you will be familiar with their smooth blues sound and jazz repertoire. It'll be a great way to wind up our season. Make sure you don't miss it. [Mi Taqueria Mexican Cantina](#) will be the food truck on site for this event.

Ticket sales begin April 2022 on [ticketseller.ca](#). You do not want to miss your chance to see all these great artists!

## Live Music @ Marten Brewing Bar & Grill

Date and Time: Friday, July 22 07:00 p.m. - 11:30 p.m.

Join Marten Brewing Bar & Grill every Friday night this summer for live music!

### Upcoming attractions:

- June 10- The Jaz Tex
- June 17- Tracey Lyn
- June 24-James Hay
- July 1- Three Scotch In
- July 8- Conroy Ross
- July 15- Mozi Bones
- July 22- Marv Machura
- July 29- Poppa Dawg
- Aug 5- Steve Smith
- Aug 12- Makayla Gough

## Saturday, July 23, 2022

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### Liv Bombshell Enduro - Women's Mountain Bike Race @ SilverStar Mountain Resort

Date and Time: Saturday, July 23 08:00 a.m. - 8:00 p.m.

Let's do it again! Our first race in 2019 was a huge success thanks to all the amazing ladies and volunteers that came out. We are very excited to have the second Bombshell race in the works for 2022. Obviously, 2022 will look a little different. Safety for everyone is our main priority and we are working hard to come up with creative ideas to make this a fun, rewarding and safe event for all.

Racing provides an opportunity to push your limits, embrace your inner competitive spirit, and to meet rad like-minded people. The most important thing with this race is to have FUN whether you are a first timer looking to take on a new challenge or you are a seasoned vet that is going pin-it-to-win-it. Either way the best part is hanging out with other bike-loving women.



Registration for this event is full, but please come out and cheer on these amazing racers!

## Black Horse @ Caravan Farm Theatre

Date and Time: Saturday, July 23 09:00 a.m. - 10:00 p.m.

### A SPECTACULAR NEW MUSICAL BY LINZ KENYON

*Blackhorse* is a horse powered love story by Okinawan cowboy poet and raconteur Linz Kenyon, and marks a return to a spectacular incorporation of the horse as stage machine – a concept pioneered by Estelle Shook and Linz Kenyon in earlier works like *Cowboy King* and *IOU Land*.

Audiences can expect the same gritty, hilarious rural poetry and bust-out-of-the-gates indie rock score that is Linz's hallmark, as well as spectacular staging featuring six horses and a team of local horsewomen, led by heavy horse pulling champ Joyce Marchant.

*Blackhorse* is the contemporary tale of a BC couple struggling to raise a family, own a home and cope with one parent away at work in the Alberta oilpatch.

Tickets go on sale April 25, 2022.

## Audio Land Walks @ Caravan Farm Theatre

Date and Time: Saturday, July 23 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

### Showtime:

Click "[Buy Tickets](#)" to see available times.

## Dog Days of Summer Art Show & Sale @ The Vernon Community Art Centre

Date and Time: Saturday, July 23 09:00 a.m. - 5:00 p.m.

We often hear about the "dog days" of summer but what does the expression actually mean and what does it have to do with dogs? Some suggest its about the hot sultry days of summer, while others suggest it's when dogs go mad from the heat. Historically, 'dog days' were associated with the star system Sirius (known as the "Dog Star") because it rises simultaneously with the sun during the hottest days. Here at the Arts Centre, the Dog Days of Summer is a celebration of our loyal companions and a chance for local artists and makers to create pieces that spoil the hounds and inspire the humans.

Artists and makers have been invited to create everything from fine art to functional artisan goods using any medium they wish (clay, metal, glass, paint, fibre/textiles, leather, wood, photos etc). You can hope to see tons of dog dishes, cozy beds, clothes, keychains, paw prints, paintings, portraits, accessories, and sculptures.

Visit the art show and sale from July 2-25th, Mon-Thurs 9-9, Fri-Sat 9-5, and Sunday 12-4pm.

Located at the entrance to Polson Park.

## Guided Trail Tour @ Allan Brooks Nature Centre

Date and Time: Saturday, July 23 10:00 a.m. - 10:30 a.m.

Join us on a short walk through our rare and delicate grassland ecosystem! Learn about grassland plants and animals, their special traits that allow them to live in this hot, dry habitat and how they interact. Touch, smell, and feel as we explore the wilderness all around us! This tour starts at the trailhead and follows an easy gravel path loop around the centre.

**Fee:** \$5.00 per person (*youth under 16 + ABNC members are FREE!*). *Registration is required.*

\*\*\*Please note, ABNC programming will be cancelled should the temperatures exceed 35C, for the safety of all patrons and staff.



Visit their [website](#) to register!

## Summer Daily Tours @ Davison Orchards

Date and Time: Saturday, July 23 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Saturday, July 23 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Nature Talk @ Allan Brooks Nature Centre

Date and Time: Saturday, July 23 11:30 a.m. - 12:00 p.m.

Meet them in their grassland theatre for a short nature talk! Their ABNC interpreters will use some of our natural materials and props to teach you more about our local plants and animals and give you an up close look. A new theme every week! There is no need to pre-register, simply check-in at the Interpretive Centre upon arrival and find a seat on one of our benches, or bring your own lawn chair. Nature Talks are free, but a donation is appreciated.

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Saturday, July 23 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"*All About Bees*" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden.
- Personalized 150g jar of honey for each guest.

## The Audio Land Walks @ Caravan Farm Theatre

Date and Time: Saturday, July 23 01:00 p.m. - 4:30 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 45 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 40-55 minutes long. Bookings can accommodate groups up to 6 people.

For more information and to buy tickets visit their [website!](#)

## Summer Music Festival @ The Caetani Centre

Date and Time: Saturday, July 23 01:00 p.m. - 9:30 p.m.

***Rain or Shine! Bring a friend!***

Mark your calendars and get ready to dance and sing along — **Saturday July 23rd** on their day long festival of music.

The series showcases talent from all over the Okanagan and Canada with concerts taking place in the beautiful setting of the Caetani gardens.

### 2022 Line Up

#### 1pm – GATES OPEN

1:30 – 2:15 Bran Sanders

2:30 – 3:15 Blue and Kelly Hopkins

3:30 – 4:15 Songwriter's Showcase (acts TBA)

4:30 – 5:30 Cod Gone Wild

#### 5:30 – 6:30 Break – Food trucks will be available on site

6:30 to 7:45 Songs of the Southern Belles

8:00 – 9:30 Shred Kelly

#### TICKETS:

**FULL DAY TICKET 1pm – 9:30pm: \$85.00**

**Day Pass Only 1pm – 5pm: \$40.00**

**Evening Pass Only 6pm – 9:30pm: \$50.00**

Buy tickets [here!](#)

Bring your blankets, folding chairs, and even a picnic and enjoy a relaxing afternoon of music presented by the Caetani Cultural Centre.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Saturday, July 23 02:00 p.m. - 2:30 p.m.

*"Basically Bees"* - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## The Okanagan Military Tattoo @ Kal Tire Place

Date and Time: Saturday, July 23 07:00 p.m. - 9:00 p.m.

A musical extravaganza of pipers, drummers, musicians, military bands, marching troops, multicultural dancers and singers of all ages brought together in an action packed, non-stop choreographed two-hour event. Featuring over 400 performers from all over North America paying tribute to our military past and present.

A musical tattoo is a demonstration of military drumming, piping and skills. Known as a 'tattoo' from when the British Army was fighting in Belgium 300 years ago, soldiers were called in from the pubs each night for curfew, or Doe den tap toe, Dutch for 'Turn off the taps, too'.

The expression evolved to 'tap-too' and then 'tattoo': an exhilarating showcase of military bands, choirs and skills as well as the sounds and dances of today's finest performers from around the world.

The inaugural 2014 Okanagan Military Tattoo - A Celebration of Traditions, was the brainchild of a few valley pipers who thought Vernon would be the perfect place for a tattoo. In 2022, we're building on this exciting event for all ages, making it bigger and better than ever!

### Those with special needs please call the Box Office

#### Sections B to G & L to R

\$45.00 Adult

\$40.00 Senior 55+/Veteran

\$40.00 Student all ages

\$40.00 Child

\*1 free youth ticket with the purchase of 1 regular Adult ticket

Offer only available by calling the box office - 250-549-7469

#### Sections H-K

\$55.00Adult

\$50.00 Senior 55+/Veteran

\$50.00 Student all ages

\$50.00Child

#### Section J

\$60.00 Adult

### PROOF OF FULL VACCINATION MAY BE REQUIRED (2 dose)

10% Discount on 10 or more tickets

World War II and/or Korean War veterans are free (Including caregiver/companion) excluding H, J and K.

Get your tickets [here!](#)

## Sunday, July 24, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Sunday, July 24 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Black Horse @ Caravan Farm Theatre

Date and Time: Sunday, July 24 09:00 a.m. - 10:00 p.m.

#### A SPECTACULAR NEW MUSICAL BY LINZ KENYON

*Blackhorse* is a horse powered love story by Okinawan cowboy poet and raconteur Linz Kenyon, and marks a return to a spectacular incorporation of the horse as stage machine – a concept pioneered by Estelle Shook and Linz Kenyon in earlier works like *Cowboy King* and *IOU Land*.

Audiences can expect the same gritty, hilarious rural poetry and bust-out-of-the-gates indie rock score that is Linz's hallmark, as well as spectacular staging featuring six horses and a team of local horsewomen, led by heavy horse pulling champ Joyce Marchant.

*Blackhorse* is the contemporary tale of a BC couple struggling to raise a family, own a home and cope with one parent away at work in the Alberta oilpatch.

Tickets go on sale April 25, 2022.

## Yoga + Mimosas @ Predator Ridge Resort

Date and Time: Sunday, July 24 10:00 a.m.

Grace & Flow is back at Predator Ridge Resort to bring you *Yoga + Mimosa's!* One ticket includes a 60 min yoga flow on the outdoor Lavender Platform set amongst gorgeous lavender fields.

After Savasana enjoy a juicy mimosa while taking in the view of one of the Okanagan's many treasures.

Class begins at 10 am. Access the Lavender Platform by vehicle in the Predator Ridge Commonage Neighbourhood. All levels welcome.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

Must bring your own yoga mat, no spare mats available to borrow. Directions to the platform will be emailed out to you along with a waiver once purchase is confirmed.

## Summer Daily Tours @ Davison Orchards

Date and Time: Sunday, July 24 11:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Sunday, July 24 11:00 a.m. - 11:30 a.m.

*"Basically Bees"* - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Sunday, July 24 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

*"All About Bees"* - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

## What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

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## Dog Days of Summer Art Show & Sale @ The Vernon Community Art Centre

Date and Time: Sunday, July 24 12:00 p.m. - 4:00 p.m.

We often hear about the “dog days” of summer but what does the expression actually mean and what does it have to do with dogs? Some suggest it's about the hot sultry days of summer, while others suggest it's when dogs go mad from the heat. Historically, 'dog days' were associated with the star system Sirius (known as the "Dog Star") because it rises simultaneously with the sun during the hottest days. Here at the Arts Centre, the Dog Days of Summer is a celebration of our loyal companions and a chance for local artists and makers to create pieces that spoil the hounds and inspire the humans.

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Located at the entrance to Polson Park.

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\*1 free youth ticket with the purchase of 1 regular Adult ticket

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## Section J

\$60.00 Adult

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10% Discount on 10 or more tickets

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Included with all drop-in presentations:

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## Monday, July 25, 2022

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### Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Monday, July 25 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

### Black Horse @ Caravan Farm Theatre

Date and Time: Monday, July 25 09:00 a.m. - 10:00 p.m.

#### A SPECTACULAR NEW MUSICAL BY LINZ KENYON

*Blackhorse* is a horse powered love story by Okinawan cowboy poet and raconteur Linz Kenyon, and marks a return to a spectacular incorporation of the horse as stage machine – a concept pioneered by Estelle Shook and Linz Kenyon in earlier works like *Cowboy King* and *IOU Land*.

Audiences can expect the same gritty, hilarious rural poetry and bust-out-of-the-gates indie rock score that is Linz's hallmark, as well as spectacular staging featuring six horses and a team of local horsewomen, led by heavy horse pulling champ Joyce Marchant.

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[Tickets](#) go on sale April 25, 2022.

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Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

**Showtime:**

Click "[Buy Tickets](#)" to see available times.

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Date and Time: Monday, July 25 09:00 a.m. - 9:00 p.m.

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Located at the entrance to Polson Park.

## Summer Daily Tours @ Davison Orchards

Date and Time: Monday, July 25 10:00 a.m. - 4:00 p.m.

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## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Monday, July 25 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

*"All About Bees"* - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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## Tuesday, July 26, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Tuesday, July 26 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

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Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Black Horse @ Caravan Farm Theatre

Date and Time: Tuesday, July 26 09:00 a.m. - 10:00 p.m.

#### A SPECTACULAR NEW MUSICAL BY LINZ KENYON

*Blackhorse* is a horse powered love story by Okinawan cowboy poet and raconteur Linz Kenyon, and marks a return to a spectacular incorporation of the horse as stage machine – a concept pioneered by Estelle Shook and Linz Kenyon in earlier works like *Cowboy King* and *IOU Land*.

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*Blackhorse* is the contemporary tale of a BC couple struggling to raise a family, own a home and cope with one parent away at work in the Alberta oilpatch.

[Tickets](#) go on sale April 25, 2022.

### Summer Daily Tours @ Davison Orchards

Date and Time: Tuesday, July 26 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

### Private Tours @ Mackie Lake House



Date and Time: Tuesday, July 26 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

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- Upon request and weather dependent: Guided walk-through of our bee-friendly garden.
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## Kalamalka Garden (K'nmałka? Sənqâłtən) Indigenous Garden Tours @ Okanagan College

Date and Time: Tuesday, July 26 02:00 p.m. - 3:30 p.m.

The tour of Kalamalka Garden will allow visitors to learn a brief history of Syilx (pronounced: see-eel), who are the Indigenous people of the Okanagan - and the Captikʷł (pronounced: chap-teek-cool) which are the stories, laws and cultural values of the Syilx Okanagan people, which have been passed down from generation to generation by oral tradition. Through these ancient stories, the Syilx have preserved their worldwide view and relationship with nature. Here at the Kalamalka Garden, guests will get to experience first hand the beauty and importance of both the Indigenous plant life and the traditional Indigenous knowledge that has existed for thousands of years, and still exists today.

Guests will have the opportunity to learn to identify traditional plants, understand how these plants are used for medicinal and food purposes, and see demonstrations of how to harvest and use the plants.

The tour presenter will provide short workshop on an Indigenous garden product and how it is grown, harvested and made into a gift. The workshop will explore the elements of traditional foods and medicines, history of the Okanagan area, Indigenous gardening techniques, and samples of foods from the garden.

## Tour Details

**DURATION:** Tours are available on Tuesdays and Thursdays starting at 2:00pm Tours are 1 hour – 1.5 hour.

**RATES:**

\$30.00 – Adults

\$5.00 – Children under 16 years old

All proceeds from the Garden Tours are used for operations.

Get your tickets [here!](#)

### Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Tuesday, July 26 02:00 p.m. - 2:30 p.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

### Live Music @ Range Lounge & Grill (Predator Ridge Resort)

Date and Time: Tuesday, July 26 05:00 p.m. - 7:00 p.m.

During the summer, join us every Tuesday from 5 -7pm for our series of live music performances by local Okanagan artists.

Join us in Range & Lounge Grill to enjoy dinner during the event (dinner reservations are recommended).

### Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Tuesday, July 26 06:00 p.m. - 8:00 p.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

#### Tour FAQs

- Tours must be pre-booked. Tours will not run if there are no bookings.
- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 32nd Avenue

Get your tickets [here!](#)

### Jethro Tull's Martin Barre - Aqualung 50th Anniversary Tour @ Vernon & District Performing Arts Centre

Date and Time: Tuesday, July 26 07:30 p.m. - 9:30 p.m.

Join the Martin Barre Band at the Vernon District Performing Arts Centre on July 26th, 2022.

The Martin's Aqualung 50th Anniversary show has been touring across Europe, and USA throughout 2022. Catch special guest and former Jethro Tull member Clive Bunker on select dates and all of Martin's Canadian tour.

In 1969, a band of four English musicians arrived in New York and literally took America by storm. Over the next 50 years, this legendary band accumulated over 65 million record sales and a following of loyal fans that are the envy of rock bands worldwide! This band was **Jethro Tull**. *Aqualung*, probably the most famous and celebrated of all of Jethro Tull's albums, is now celebrating 50 years since its release in 1971. At the centre of Tull's unique sound is guitarist Martin Barre, who is renowned for his formidable mastery of historic riffs, power chords and soaring melodic solos.

Martin is celebrating the 50th anniversary of the release of the iconic and legendary album *Aqualung* with a worldwide tour. He will be bringing a spectacular show playing the album in its entirety with his touring band **The Martin Barre Band** – featuring Dan Crisp on lead vocals, Alan Thomson on keyboard, and Darby Todd on drums; together with former Jethro Tull band member Clive Bunker on drums and percussion.

**The performance welcomes all ages.**

**For more information and background on the band visit their [website!](#)**

Get your tickets [here!](#)

## Wednesday, July 27, 2022

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### Black Horse @ Caravan Farm Theatre

Date and Time: Wednesday, July 27 09:00 a.m. - 10:00 p.m.

**A SPECTACULAR NEW MUSICAL BY LINZ KENYON**

*Blackhorse* is a horse powered love story by Okinawan cowboy poet and raconteur Linz Kenyon, and marks a return to a spectacular incorporation of the horse as stage machine – a concept pioneered by Estelle Shook and Linz Kenyon in earlier works like *Cowboy King* and *IOU Land*.

Audiences can expect the same gritty, hilarious rural poetry and bust-out-of-the-gates indie rock score that is Linz's hallmark, as well as spectacular staging featuring six horses and a team of local horsewomen, led by heavy horse pulling champ Joyce Marchant.

*Blackhorse* is the contemporary tale of a BC couple struggling to raise a family, own a home and cope with one parent away at work in the Alberta oilpatch.

[Tickets](#) go on sale April 25, 2022.

### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Wednesday, July 27 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### **Showtime:**

Click "[Buy Tickets](#)" to see available times.

### Goat Yoga @ O'Keefe Ranch

Date and Time: Wednesday, July 27 09:00 a.m. - 12:00 p.m.

Yoga with Goats is back! Join Samantha Richardson for a season of yoga with four legged friends.

Ticket includes a one-hour yoga session prior to the Ranch opening. Yoga is located outdoors in the company of the Ranch's goats. Each goat has its own personality to woo you over, whether they are looking for some extra scratches, trying to make you laugh or just want to take a nap under your downward dog, you never know what they will do!

Afterwards, enjoy the Ranches grounds, take a tour of the mansion, visit the general store, and explore the buildings. Each ticket includes a complimentary general store candy bag. If you book on a Saturday, you can also enjoy the many role play artists including

live music and song, demonstrations, school sessions and much, much more. Allow yourself about 2 hours to see the grounds and another hour if you stay for lunch.

To book your tickets click [here](#)!

## Summertime Tea @ Mackie Lake House

Date and Time: Wednesday, July 27 10:00 a.m. - 12:00 p.m.

Make sweet summer memories with the Mackie Lake House! You'll love their selection of teas, delicious sandwiches, and delicate desserts. Tea is served in elegant fine bone China on the beautiful verandah that overlooks Kalamalka Lake and Mackie's scenic gardens. You cannot beat this location! Tickets are \$49 per person, available [here](#)!

## Summer Daily Tours @ Davison Orchards

Date and Time: Wednesday, July 27 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Private Tours @ Mackie Lake House

Date and Time: Wednesday, July 27 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Wednesday, July 27 11:00 a.m. - 11:30 a.m.

*"Basically Bees"* - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Wednesday, July 27 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

*"All About Bees"* - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

## What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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## Wahine Wednesday (SUP'n Social Paddle Night) @ Kalavida Surf Shop

Date and Time: Wednesday, July 27 06:00 p.m.

A weekly womens SUP'n social paddle night! Wahine Wednesdays are all about the girls getting together on the water – *The Ladies of the Lake!* Launching from Kal Beach, each week will include something a little different – it could be a soothing sunset paddle, a cruise alongside the Okanagan Rail Trail, story telling, or maybe even a yoga move or two.

### How to Register?

No need to pre-register, just drop in and register between 5pm-5:45pm each Wednesday.

### What's Included?

Beverages, snacks and good vibes are supplied after the paddle. Each week will feature a new sponsor

### How Much?

\$5.00 with your own board and gear

\$20.00 – Includes board rental (includes pfd and paddle)

### Who should join in?

This is a group paddle for those who have some experience paddle boarding. If you are new to SUP, we encourage you to rent a couple of times before joining a Wahine Paddle Night.

### Wahine Warm-Up

5:30-5:50pm – Get warmed up before the official start of the paddle.

6pm: Group departs from Kal Beach

### Where to Park?

We have limited space in our parking lot. If you have your own board, drop it at Kal Beach on the West side of the beach and park at Kal Beach Parking Lot or along WestKal Road. We have staff at the beach from 5:30pm onward so your board should be safe there.

Check their [website](#) or [Facebook](#) for more details!

## Sunset Stretch & Sip @ Predator Ridge Resort

Date and Time: Wednesday, July 27 06:00 p.m.

Wind down on with us from 6-8pm with a deep stretch on the outdoor yoga platform at [Predator Ridge](#) while watching the sunset . One ticket includes a guided moderate 18-minute hike up to the platform, a 60 minute yoga flow while you take in the spectacular view of Okanagan Lake and move and flow with your breath.

After Savasana enjoy a glass of local Okanagan wine as you watch the sunset over the hills from the Namaste Platform.

This class is a perfect end to a long day of riding, hiking or golfing. We meet at 6pm: directions to the meeting spot will be emailed to you once purchase is confirmed. Please wear hiking shoes, bring water, and your own mat. All levels welcome.

Purchase your own individual box of charcuterie from [Crudité & Co.](#) and we will bring it to the platform for you to enjoy after class! Order must be placed with plenty of notice, minimum 48 hours.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

## Thursday, July 28, 2022

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### Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Thursday, July 28 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

### Crankworx Summer Series @ SilverStar Mountain Resort

Date and Time: Thursday, July 28 08:30 a.m. - 4:30 p.m.

The festival will feature a Freestyle Mountain Bike (FMB) World Tour Slopestyle, with course designed and built by athlete Brett Rheeder, and include a variety of multi-discipline bike events for all levels and ages, as well as music, art, culture and great food. Each core festival pillar is designed to involve and engage core bike, food, tourism and travel audiences.

#### Four Signature Competitions:

1. FMB World Tour Slopestyle | spots available to qualify for Crankworx
2. Air DH | qualifier for Crankworx, categories including u19, u17 and u15
3. Dual Slalom | qualifier for Crankworx, categories including u19, u17 and u15
4. Pump Track | qualifier for Crankworx, categories including u19, u17 and u1 Challenge 5

The event is family friendly and includes daily live music, games, a outdoor bar, and BBQs.

#### Weekend Schedule:

July 28: Slopestyle Training: Dual Slalom

July 29: Pump Track

July 30: Air DH

July 31: FMB Gold Slopestyle

For more information and athlete registration visit their [website!](#)

### Black Horse @ Caravan Farm Theatre

Date and Time: Thursday, July 28 09:00 a.m. - 10:00 p.m.

#### A SPECTACULAR NEW MUSICAL BY LINZ KENYON

*Blackhorse* is a horse powered love story by Okinawan cowboy poet and raconteur Linz Kenyon, and marks a return to a spectacular incorporation of the horse as stage machine – a concept pioneered by Estelle Shook and Linz Kenyon in earlier works like *Cowboy King* and *IOU Land*.

Audiences can expect the same gritty, hilarious rural poetry and bust-out-of-the-gates indie rock score that is Linz's hallmark, as well as spectacular staging featuring six horses and a team of local horsewomen, led by heavy horse pulling champ Joyce Marchant. *Blackhorse* is the contemporary tale of a BC couple struggling to raise a family, own a home and cope with one parent away at work in the Alberta oilpatch.

[Tickets](#) go on sale April 25, 2022.

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Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

### Showtime:

Click "[Buy Tickets](#)" to see available times.

## Summer Daily Tours @ Davison Orchards

Date and Time: Thursday, July 28 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

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"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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### Tour Details

**DURATION:** Tours are available on Tuesdays and Thursdays starting at 2:00pm Tours are 1 hour – 1.5 hour.

**RATES:**

\$30.00 – Adults

\$5.00 – Children under 16 years old

All proceeds from the Garden Tours are used for operations.

Get your tickets [here!](#)

### Downtown Sounds @ 2900 Plaza

Date and Time: Thursday, July 28 06:00 p.m. - 7:30 p.m.



Join us at the 2900 Plaza every Thursday this summer to enjoy some awesome (free) music from 6pm-7:30pm!

July 7- Feet First

July 14- The Garcia Band

July 21- Forty Foot Fred

July 28- The Rockin Horse Band

August 4- The Shawn Lightfoot Band

August 11- The Keys

August 18- The Young'uns

August 25- Chipko Jones

Check the [Downtown Vernon Associations Facebook](#) for more details!

## Friday, July 29, 2022

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### Crankworx Summer Series @ SilverStar Mountain Resort

Date and Time: Friday, July 29 08:30 a.m. - 4:30 p.m.

The festival will feature a Freestyle Mountain Bike (FMB) World Tour Slopestyle, with course designed and built by athlete Brett Rheeder, and include a variety of multi-discipline bike events for all levels and ages, as well as music, art, culture and great food. Each core festival pillar is designed to involve and engage core bike, food, tourism and travel audiences.

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Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

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- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 - 32 Avenue

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Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

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Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Polson Artisan Night Market @ Polson Park

Date and Time: Friday, July 29 04:00 p.m. - 8:00 p.m.

From May 20 to September 2, 2022, the Polson Artisan Night Market will be operating in Polson Park, Vernon BC.

Join us Friday nights at this fun event featuring 50 vendors from the surrounding area.

Come check out a mix of skilled local producers, makers and growers each week.

## Live Music @ Marten Brewing Bar & Grill

Date and Time: Friday, July 29 07:00 p.m. - 11:30 p.m.

Join Marten Brewing Bar & Grill every Friday night this summer for live music!

**Upcoming attractions:**

- June 10- The Jaz Tex
- June 17- Tracey Lyn
- June 24-James Hay
- July 1- Three Scotch In
- July 8- Conroy Ross
- July 15- Mozi Bones
- July 22- Marv Machura
- July 29- Poppa Dawg
- Aug 5- Steve Smith
- Aug 12- Makayla Gough

## Saturday, July 30, 2022

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### Crankworx Summer Series @ SilverStar Mountain Resort

Date and Time: Saturday, July 30 08:30 a.m. - 4:30 p.m.

The festival will feature a Freestyle Mountain Bike (FMB) World Tour Slopestyle, with course designed and built by athlete Brett Rheeder, and include a variety of multi-discipline bike events for all levels and ages, as well as music, art, culture and great food. Each core festival pillar is designed to involve and engage core bike, food, tourism and travel audiences.

#### Four Signature Competitions:

1. FMB World Tour Slopestyle | spots available to qualify for Crankworx
2. Air DH | qualifier for Crankworx, categories including u19, u17 and u15
3. Dual Slalom | qualifier for Crankworx, categories including u19, u17 and u15
4. Pump Track | qualifier for Crankworx, categories including u19, u17 and u1 Challenge 5

The event is family friendly and includes daily live music, games, a outdoor bar, and BBQs.

#### Weekend Schedule:

July 28: Slopestyle Training: Dual Slalom

July 29: Pump Track

July 30: Air DH

July 31: FMB Gold Slopestyle

For more information and athlete registration visit their [website!](#)

### Goat Yoga @ O'Keefe Ranch

Date and Time: Saturday, July 30 09:00 a.m. - 12:00 p.m.

Yoga with Goats is back! Join Samantha Richardson for a season of yoga with four legged friends.

Ticket includes a one-hour yoga session prior to the Ranch opening. Yoga is located outdoors in the company of the Ranch's goats. Each goat has its own personality to woo you over, whether they are looking for some extra scratches, trying to make you laugh or just want to take a nap under your downward dog, you never know what they will do!

Afterwards, enjoy the Ranches grounds, take a tour of the mansion, visit the general store, and explore the buildings. Each ticket includes a complimentary general store candy bag. If you book on a Saturday, you can also enjoy the many role play artists including live music and song, demonstrations, school sessions and much, much more. Allow yourself about 2 hours to see the grounds and another hour if you stay for lunch.

To book your tickets click [here!](#)

### Black Horse @ Caravan Farm Theatre

Date and Time: Saturday, July 30 09:00 a.m. - 10:00 p.m.

A SPECTACULAR NEW MUSICAL BY LINZ KENYON

*Blackhorse* is a horse powered love story by Okinawan cowboy poet and raconteur Linz Kenyon, and marks a return to a spectacular incorporation of the horse as stage machine – a concept pioneered by Estelle Shook and Linz Kenyon in earlier works like *Cowboy King* and *IOU Land*.

Audiences can expect the same gritty, hilarious rural poetry and bust-out-of-the-gates indie rock score that is Linz's hallmark, as well as spectacular staging featuring six horses and a team of local horsewomen, led by heavy horse pulling champ Joyce Marchant.

*Blackhorse* is the contemporary tale of a BC couple struggling to raise a family, own a home and cope with one parent away at work in the Alberta oilpatch.

[Tickets](#) go on sale April 25, 2022.

## Audio Land Walks @ Caravan Farm Theatre

Date and Time: Saturday, July 30 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

### Showtime:

Click "[Buy Tickets](#)" to see available times.

## Guided Trail Tour @ Allan Brooks Nature Centre

Date and Time: Saturday, July 30 10:00 a.m. - 10:30 a.m.

Join us on a short walk through our rare and delicate grassland ecosystem! Learn about grassland plants and animals, their special traits that allow them to live in this hot, dry habitat and how they interact. Touch, smell, and feel as we explore the wilderness all around us! This tour starts at the trailhead and follows an easy gravel path loop around the centre.

**Fee:** \$5.00 per person (*youth under 16 + ABNC members are FREE!*). *Registration is required.*

\*\*\*Please note, ABNC programming will be cancelled should the temperatures exceed 35C, for the safety of all patrons and staff.

Visit their [website](#) to register!

## Summer Daily Tours @ Davison Orchards

Date and Time: Saturday, July 30 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Saturday, July 30 11:00 a.m. - 11:30 a.m.

*"Basically Bees"* - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Nature Talk @ Allan Brooks Nature Centre

Date and Time: Saturday, July 30 11:30 a.m. - 12:00 p.m.

Meet them in their grassland theatre for a short nature talk! Their ABNC interpreters will use some of our natural materials and props to teach you more about our local plants and animals and give you an up close look. A new theme every week! There is no need to pre-register, simply check-in at the Interpretive Centre upon arrival and find a seat on one of our benches, or bring your own lawn chair. Nature Talks are free, but a donation is appreciated.

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Saturday, July 30 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"All About Bees" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden.
- Personalized 150g jar of honey for each guest.

## The Audio Land Walks @ Caravan Farm Theatre

Date and Time: Saturday, July 30 01:00 p.m. - 4:30 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 45 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 40-55 minutes long. Bookings can accommodate groups up to 6 people.

For more information and to buy tickets visit their [website](#)!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Saturday, July 30 02:00 p.m. - 2:30 p.m.

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## Sunday, July 31, 2022

## Crankworx Summer Series @ SilverStar Mountain Resort

Date and Time: Sunday, July 31 08:30 a.m. - 4:30 p.m.

The festival will feature a Freestyle Mountain Bike (FMB) World Tour Slopestyle, with course designed and built by athlete Brett Rheeder, and include a variety of multi-discipline bike events for all levels and ages, as well as music, art, culture and great food. Each core festival pillar is designed to involve and engage core bike, food, tourism and travel audiences.

### Four Signature Competitions:

1. FMB World Tour Slopestyle | spots available to qualify for Crankworx
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The event is family friendly and includes daily live music, games, an outdoor bar, and BBQs.

### Weekend Schedule:

July 28: Slopestyle Training: Dual Slalom

July 29: Pump Track

July 30: Air DH

July 31: FMB Gold Slopestyle

For more information and athlete registration visit their [website!](#)

## Audio Land Walks @ Caravan Farm Theatre

Date and Time: Sunday, July 31 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

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Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

### Showtime:

Click "[Buy Tickets](#)" to see available times.

## Black Horse @ Caravan Farm Theatre

Date and Time: Sunday, July 31 09:00 a.m. - 10:00 p.m.

### A SPECTACULAR NEW MUSICAL BY LINZ KENYON

*Blackhorse* is a horse powered love story by Okinawan cowboy poet and raconteur Linz Kenyon, and marks a return to a spectacular incorporation of the horse as stage machine – a concept pioneered by Estelle Shook and Linz Kenyon in earlier works like *Cowboy King* and *IOU Land*.

Audiences can expect the same gritty, hilarious rural poetry and bust-out-of-the-gates indie rock score that is Linz's hallmark, as well as spectacular staging featuring six horses and a team of local horsewomen, led by heavy horse pulling champ Joyce Marchant.

*Blackhorse* is the contemporary tale of a BC couple struggling to raise a family, own a home and cope with one parent away at work in the Alberta oilpatch.

[Tickets](#) go on sale April 25, 2022.

## Yoga + Mimosas @ Predator Ridge Resort

Date and Time: Sunday, July 31 10:00 a.m.

Grace & Flow is back at [Predator Ridge Resort](#) to bring you *Yoga + Mimosa's!* One ticket includes a 60 min yoga flow on the outdoor Lavender Platform set amongst gorgeous lavender fields.

After Savasana enjoy a juicy mimosa while taking in the view of one of the Okanagan's many treasures.

Class begins at 10 am. Access the Lavender Platform by vehicle in the Predator Ridge Commonage Neighbourhood. All levels welcome.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

Must bring your own yoga mat, no spare mats available to borrow. Directions to the platform will be emailed out to you along with a waiver once purchase is confirmed.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Sunday, July 31 11:00 a.m. - 11:30 a.m.

*"Basically Bees"* - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

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*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Summer Daily Tours @ Davison Orchards

Date and Time: Sunday, July 31 11:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Sunday, July 31 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

*"All About Bees"* - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

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## Monday, August 1, 2022

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### Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Monday, August 1 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

### Black Horse @ Caravan Farm Theatre

Date and Time: Monday, August 1 09:00 a.m. - 10:00 p.m.

#### A SPECTACULAR NEW MUSICAL BY LINZ KENYON

*Blackhorse* is a horse powered love story by Okinawan cowboy poet and raconteur Linz Kenyon, and marks a return to a spectacular incorporation of the horse as stage machine – a concept pioneered by Estelle Shook and Linz Kenyon in earlier works like *Cowboy King* and *IOU Land*.

Audiences can expect the same gritty, hilarious rural poetry and bust-out-of-the-gates indie rock score that is Linz's hallmark, as well as spectacular staging featuring six horses and a team of local horsewomen, led by heavy horse pulling champ Joyce Marchant.

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[Tickets](#) go on sale April 25, 2022.

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Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

**Showtime:**

Click "[Buy Tickets](#)" to see available times.

## Summer Daily Tours @ Davison Orchards

Date and Time: Monday, August 1 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

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## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Monday, August 1 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"*All About Bees*" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Tuesday, August 2 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

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#### Showtime:

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Date and Time: Tuesday, August 2 09:00 a.m. - 10:00 p.m.

#### A SPECTACULAR NEW MUSICAL BY LINZ KENYON

*Blackhorse* is a horse powered love story by Okinawan cowboy poet and raconteur Linz Kenyon, and marks a return to a spectacular incorporation of the horse as stage machine – a concept pioneered by Estelle Shook and Linz Kenyon in earlier works like *Cowboy King* and *IOU Land*.

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*Blackhorse* is the contemporary tale of a BC couple struggling to raise a family, own a home and cope with one parent away at work in the Alberta oilpatch.

[Tickets](#) go on sale April 25, 2022.

### Summer Daily Tours @ Davison Orchards

Date and Time: Tuesday, August 2 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

### Private Tours @ Mackie Lake House

Date and Time: Tuesday, August 2 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

### Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Tuesday, August 2 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

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## Kalamalka Garden (K'nmaika? Sənqâltən) Indigenous Garden Tours @ Okanagan College

Date and Time: Tuesday, August 2 02:00 p.m. - 3:30 p.m.

The tour of Kalamalka Garden will allow visitors to learn a brief history of Syilx (pronounced: see-eel), who are the Indigenous people of the Okanagan - and the Captikʷ (pronounced: chap-teek-cool) which are the stories, laws and cultural values of the Syilx Okanagan people, which have been passed down from generation to generation by oral tradition. Through these ancient stories, the Syilx have preserved their worldwide view and relationship with nature. Here at the Kalamalka Garden, guests will get to experience first hand the beauty and importance of both the Indigenous plant life and the traditional Indigenous knowledge that has existed for thousands of years, and still exists today.

Guests will have the opportunity to learn to identify traditional plants, understand how these plants are used for medicinal and food purposes, and see demonstrations of how to harvest and use the plants.

The tour presenter will provide short workshop on an Indigenous garden product and how it is grown, harvested and made into a gift. The workshop will explore the elements of traditional foods and medicines, history of the Okanagan area, Indigenous gardening techniques, and samples of foods from the garden.

### Tour Details

**DURATION:** Tours are available on Tuesdays and Thursdays starting at 2:00pm Tours are 1 hour – 1.5 hour.

**RATES:**

\$30.00 – Adults

\$5.00 – Children under 16 years old

All proceeds from the Garden Tours are used for operations.

Get your tickets [here!](#)

## Live Music @ Range Lounge & Grill (Predator Ridge Resort)

Date and Time: Tuesday, August 2 05:00 p.m. - 7:00 p.m.

During the summer, join us every Tuesday from 5 -7pm for our series of live music performances by local Okanagan artists.

Join us in Range & Lounge Grill to enjoy dinner during the event (dinner reservations are recommended).

## Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Tuesday, August 2 06:00 p.m. - 8:00 p.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

### Tour FAQs

- Tours must be pre-booked. Tours will not run if there are no bookings.
- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 32nd Avenue

Get your tickets [here!](#)

## Wednesday, August 3, 2022

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### Black Horse @ Caravan Farm Theatre

Date and Time: Wednesday, August 3 09:00 a.m. - 10:00 p.m.

#### A SPECTACULAR NEW MUSICAL BY LINZ KENYON

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[Tickets](#) go on sale April 25, 2022.

### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Wednesday, August 3 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute

walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

**Showtime:**

Click "[Buy Tickets](#)" to see available times.

## Summer Daily Tours @ Davison Orchards

Date and Time: Wednesday, August 3 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Private Tours @ Mackie Lake House

Date and Time: Wednesday, August 3 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Wednesday, August 3 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Wednesday, August 3 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"*All About Bees*" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

## What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.

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- Personalized 150g jar of honey for each guest.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Wednesday, August 3 02:00 p.m. - 2:30 p.m.

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## Wahine Wednesday (SUP'n Social Paddle Night) @ Kalavida Surf Shop

Date and Time: Wednesday, August 3 06:00 p.m.

A weekly womens SUP'n social paddle night! Wahine Wednesdays are all about the girls getting together on the water – *The Ladies of the Lake!* Launching from Kal Beach, each week will include something a little different – it could be a soothing sunset paddle, a cruise alongside the Okanagan Rail Trail, story telling, or maybe even a yoga move or two.

### How to Register?

No need to pre-register, just drop in and register between 5pm-5:45pm each Wednesday.

### What's Included?

Beverages, snacks and good vibes are supplied after the paddle. Each week will feature a new sponsor

### How Much?

\$5.00 with your own board and gear

\$20.00 – Includes board rental (includes pfd and paddle)

### Who should join in?

This is a group paddle for those who have some experience paddle boarding. If you are new to SUP, we encourage you to rent a couple of times before joining a Wahine Paddle Night.

### Wahine Warm-Up

5:30-5:50pm – Get warmed up before the official start of the paddle.

6pm: Group departs from Kal Beach

### Where to Park?

We have limited space in our parking lot. If you have your own board, drop it at Kal Beach on the West side of the beach and park at Kal Beach Parking Lot or along WestKal Road. We have staff at the beach from 5:30pm onward so your board should be safe there.

Check their [website](#) or [Facebook](#) for more details!

## Sunset Stretch & Sip @ Predator Ridge Resort

Date and Time: Wednesday, August 3 06:00 p.m.

Wind down on with us from 6-8pm with a deep stretch on the outdoor yoga platform at [Predator Ridge](#) while watching the sunset . One ticket includes a guided moderate 18-minute hike up to the platform, a 60 minute yoga flow while you take in the spectacular view of Okanagan Lake and move and flow with your breath.

After Savasana enjoy a glass of local Okanagan wine as you watch the sunset over the hills from the Namaste Platform.

This class is a perfect end to a long day of riding, hiking or golfing. We meet at 6pm: directions to the meeting spot will be emailed to you once purchase is confirmed. Please wear hiking shoes, bring water, and your own mat. All levels welcome.

Purchase your own individual box of charcuterie from [Crudité & Co.](#) and we will bring it to the platform for you to enjoy after class! Order must be placed with plenty of notice, minimum 48 hours.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

## Thursday, August 4, 2022

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### Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Thursday, August 4 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

### Black Horse @ Caravan Farm Theatre

Date and Time: Thursday, August 4 09:00 a.m. - 10:00 p.m.

#### A SPECTACULAR NEW MUSICAL BY LINZ KENYON

*Blackhorse* is a horse powered love story by Okinawan cowboy poet and raconteur Linz Kenyon, and marks a return to a spectacular incorporation of the horse as stage machine – a concept pioneered by Estelle Shook and Linz Kenyon in earlier works like *Cowboy King* and *IOU Land*.

Audiences can expect the same gritty, hilarious rural poetry and bust-out-of-the-gates indie rock score that is Linz's hallmark, as well as spectacular staging featuring six horses and a team of local horsewomen, led by heavy horse pulling champ Joyce Marchant.

*Blackhorse* is the contemporary tale of a BC couple struggling to raise a family, own a home and cope with one parent away at work in the Alberta oilpatch.

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Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Summer Daily Tours @ Davison Orchards

Date and Time: Thursday, August 4 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

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Date and Time: Thursday, August 4 10:00 a.m. - 4:00 p.m.

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Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

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## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Thursday, August 4 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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Date and Time: Thursday, August 4 12:00 p.m. - 1:15 p.m.

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Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

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## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Thursday, August 4 02:00 p.m. - 2:30 p.m.

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## Kalamalka Garden (K'nmaika? Sənqâitən) Indigenous Garden Tours @ Okanagan College

Date and Time: Thursday, August 4 02:00 p.m. - 3:30 p.m.

The tour of Kalamalka Garden will allow visitors to learn a brief history of Syilx (pronounced: see-eel), who are the Indigenous people of the Okanagan - and the Captikʷł (pronounced: chap-teek-cool) which are the stories, laws and cultural values of the Syilx Okanagan people, which have been passed down from generation to generation by oral tradition. Through these ancient stories, the Syilx have preserved their worldwide view and relationship with nature. Here at the Kalamalka Garden, guests will get to experience first hand the

beauty and importance of both the Indigenous plant life and the traditional Indigenous knowledge that has existed for thousands of years, and still exists today.

Guests will have the opportunity to learn to identify traditional plants, understand how these plants are used for medicinal and food purposes, and see demonstrations of how to harvest and use the plants.

The tour presenter will provide short workshop on an Indigenous garden product and how it is grown, harvested and made into a gift. The workshop will explore the elements of traditional foods and medicines, history of the Okanagan area, Indigenous gardening techniques, and samples of foods from the garden.

## Tour Details

**DURATION:** Tours are available on Tuesdays and Thursdays starting at 2:00pm Tours are 1 hour – 1.5 hour.

**RATES:**

\$30.00 – Adults

\$5.00 – Children under 16 years old

All proceeds from the Garden Tours are used for operations.

Get your tickets [here!](#)

## Downtown Sounds @ 2900 Plaza

Date and Time: Thursday, August 4 06:00 p.m. - 7:30 p.m.

Join us at the 2900 Plaza every Thursday this summer to enjoy some awesome (free) music from 6pm-7:30pm!

July 7- Feet First

July 14- The Garcia Band

July 21- Forty Foot Fred

July 28- The Rockin Horse Band

August 4- The Shawn Lightfoot Band

August 11- The Keys

August 18- The Young'uns

August 25- Chipko Jones

Check the [Downtown Vernon Associations Facebook](#) for more details!

## Friday, August 5, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Friday, August 5 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

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Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

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**Showtime:**

Click "[Buy Tickets](#)" to see available times.

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### A SPECTACULAR NEW MUSICAL BY LINZ KENYON

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*Blackhorse* is the contemporary tale of a BC couple struggling to raise a family, own a home and cope with one parent away at work in the Alberta oilpatch.

Tickets go on sale April 25, 2022.

## Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Friday, August 5 09:00 a.m. - 11:00 a.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

### Tour FAQs

- Tours must be pre-booked. Tours will not run if there are no bookings.
- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 - 32 Avenue

Get your tickets [here!](#)

## Summer Daily Tours @ Davison Orchards

Date and Time: Friday, August 5 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Friday, August 5 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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Each walk is approximately 2.5km and 40-55 minutes long. Bookings can accommodate groups up to 6 people.

For more information and to buy tickets visit their [website!](#)

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- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Polson Artisan Night Market @ Polson Park

Date and Time: Friday, August 5 04:00 p.m. - 8:00 p.m.

From May 20 to September 2, 2022, the Polson Artisan Night Market will be operating in Polson Park, Vernon BC.

Join us Friday nights at this fun event featuring 50 vendors from the surrounding area.

Come check out a mix of skilled local producers, makers and growers each week.

## Live Music @ Marten Brewing Bar & Grill

Date and Time: Friday, August 5 07:00 p.m. - 11:30 p.m.

Join Marten Brewing Bar & Grill every Friday night this summer for live music!

### Upcoming attractions:

- June 10- The Jaz Tex
- June 17- Tracey Lyn

- June 24-James Hay
- July 1- Three Scotch In
- July 8- Conroy Ross
- July 15- Mozi Bones
- July 22- Marv Machura
- July 29- Poppa Dawg
- Aug 5- Steve Smith
- Aug 12- Makayla Gough

## Saturday, August 6, 2022

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### Black Horse @ Caravan Farm Theatre

Date and Time: Saturday, August 6 09:00 a.m. - 10:00 p.m.

#### A SPECTACULAR NEW MUSICAL BY LINZ KENYON

*Blackhorse* is a horse powered love story by Okinawan cowboy poet and raconteur Linz Kenyon, and marks a return to a spectacular incorporation of the horse as stage machine – a concept pioneered by Estelle Shook and Linz Kenyon in earlier works like *Cowboy King* and *IOU Land*.

Audiences can expect the same gritty, hilarious rural poetry and bust-out-of-the-gates indie rock score that is Linz's hallmark, as well as spectacular staging featuring six horses and a team of local horsewomen, led by heavy horse pulling champ Joyce Marchant.

*Blackhorse* is the contemporary tale of a BC couple struggling to raise a family, own a home and cope with one parent away at work in the Alberta oilpatch.

Tickets go on sale April 25, 2022.

### Audio Land Walks @ Caravan Farm Theatre

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Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Summer Daily Tours @ Davison Orchards

Date and Time: Saturday, August 6 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

### Guided Trail Tour @ Allan Brooks Nature Centre

Date and Time: Saturday, August 6 10:00 a.m. - 10:30 a.m.

Join us on a short walk through our rare and delicate grassland ecosystem! Learn about grassland plants and animals, their special traits that allow them to live in this hot, dry habitat and how they interact. Touch, smell, and feel as we explore the wilderness all around us! This tour starts at the trailhead and follows an easy gravel path loop around the centre.

**Fee:** \$5.00 per person (*youth under 16 + ABNC members are FREE!*). *Registration is required.*

\*\*\*Please note, ABNC programming will be cancelled should the temperatures exceed 35C, for the safety of all patrons and staff.

Visit their [website](#) to register!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

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## Nature Talk @ Allan Brooks Nature Centre

Date and Time: Saturday, August 6 11:30 a.m. - 12:00 p.m.

Meet them in their grassland theatre for a short nature talk! Their ABNC interpreters will use some of our natural materials and props to teach you more about our local plants and animals and give you an up close look. A new theme every week! There is no need to pre-register, simply check-in at the Interpretive Centre upon arrival and find a seat on one of our benches, or bring your own lawn chair. Nature Talks are free, but a donation is appreciated.

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Saturday, August 6 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

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Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

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## Sunday, August 7, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Sunday, August 7 09:00 a.m. - 5:00 p.m.

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#### Showtime:

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### Black Horse @ Caravan Farm Theatre

Date and Time: Sunday, August 7 09:00 a.m. - 10:00 p.m.

#### A SPECTACULAR NEW MUSICAL BY LINZ KENYON

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[Tickets](#) go on sale April 25, 2022.

### Yoga + Mimosas @ Predator Ridge Resort

Date and Time: Sunday, August 7 10:00 a.m.

Grace & Flow is back at [Predator Ridge Resort](#) to bring you *Yoga + Mimosa's!* One ticket includes a 60 min yoga flow on the outdoor Lavender Platform set amongst gorgeous lavender fields.

After Savasana enjoy a juicy mimosa while taking in the view of one of the Okanagan's many treasures.

Class begins at 10 am. Access the Lavender Platform by vehicle in the Predator Ridge Commonage Neighbourhood. All levels welcome.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

Must bring your own yoga mat, no spare mats available to borrow. Directions to the platform will be emailed out to you along with a waiver once purchase is confirmed.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Sunday, August 7 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Summer Daily Tours @ Davison Orchards

Date and Time: Sunday, August 7 11:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Sunday, August 7 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"*All About Bees*" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden.
- Personalized 150g jar of honey for each guest.

## The Audio Land Walks @ Caravan Farm Theatre

Date and Time: Sunday, August 7 01:00 p.m. - 4:30 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 45 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 40-55 minutes long. Bookings can accommodate groups up to 6 people.

For more information and to buy tickets visit their [website!](#)



## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Sunday, August 7 02:00 p.m. - 2:30 p.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Monday, August 8, 2022

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### Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Monday, August 8 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Monday, August 8 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Summer Daily Tours @ Davison Orchards

Date and Time: Monday, August 8 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Monday, August 8 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

(No booking necessary, but groups of 10 or more are recommended to call in advance.)

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Monday, August 8 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"All About Bees" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
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Date and Time: Monday, August 8 02:00 p.m. - 2:30 p.m.

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- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Tuesday, August 9, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Tuesday, August 9 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Summer Daily Tours @ Davison Orchards

Date and Time: Tuesday, August 9 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Private Tours @ Mackie Lake House

Date and Time: Tuesday, August 9 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Tuesday, August 9 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Tuesday, August 9 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

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Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Kalamalka Garden (K'nmałka? Sənqâltən) Indigenous Garden Tours @ Okanagan College

Date and Time: Tuesday, August 9 02:00 p.m. - 3:30 p.m.

The tour of Kalamalka Garden will allow visitors to learn a brief history of Syilx (pronounced: see-eel), who are the Indigenous people of the Okanagan - and the Captikʷł (pronounced: chap-teek-cool) which are the stories, laws and cultural values of the Syilx Okanagan people, which have been passed down from generation to generation by oral tradition. Through these ancient stories, the Syilx have preserved their worldwide view and relationship with nature. Here at the Kalamalka Garden, guests will get to experience first hand the beauty and importance of both the Indigenous plant life and the traditional Indigenous knowledge that has existed for thousands of years, and still exists today.

Guests will have the opportunity to learn to identify traditional plants, understand how these plants are used for medicinal and food purposes, and see demonstrations of how to harvest and use the plants.

The tour presenter will provide short workshop on an Indigenous garden product and how it is grown, harvested and made into a gift. The workshop will explore the elements of traditional foods and medicines, history of the Okanagan area, Indigenous gardening techniques, and samples of foods from the garden.

### Tour Details

**DURATION:** Tours are available on Tuesdays and Thursdays starting at 2:00pm Tours are 1 hour – 1.5 hour.

**RATES:**

\$30.00 – Adults

\$5.00 – Children under 16 years old

All proceeds from the Garden Tours are used for operations.

Get your tickets [here!](#)

## Live Music @ Range Lounge & Grill (Predator Ridge Resort)

Date and Time: Tuesday, August 9 05:00 p.m. - 7:00 p.m.

During the summer, join us every Tuesday from 5 -7pm for our series of live music performances by local Okanagan artists.

Join us in Range & Lounge Grill to enjoy dinner during the event (dinner reservations are recommended).

## Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Tuesday, August 9 06:00 p.m. - 8:00 p.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

### Tour FAQs

- Tours must be pre-booked. Tours will not run if there are no bookings.
- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 32nd Avenue

Get your tickets [here!](#)

## Wednesday, August 10, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Wednesday, August 10 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

**Showtime:**

Click "[Buy Tickets](#)" to see available times.

## Goat Yoga @ O'Keefe Ranch

Date and Time: Wednesday, August 10 09:00 a.m. - 12:00 p.m.

Yoga with Goats is back! Join Samantha Richardson for a season of yoga with four legged friends.

Ticket includes a one-hour yoga session prior to the Ranch opening. Yoga is located outdoors in the company of the Ranch's goats. Each goat has its own personality to woo you over, whether they are looking for some extra scratches, trying to make you laugh or just want to take a nap under your downward dog, you never know what they will do!

Afterwards, enjoy the Ranches grounds, take a tour of the mansion, visit the general store, and explore the buildings. Each ticket includes a complimentary general store candy bag. If you book on a Saturday, you can also enjoy the many role play artists including live music and song, demonstrations, school sessions and much, much more. Allow yourself about 2 hours to see the grounds and another hour if you stay for lunch.

To book your tickets click [here](#)!

## Summer Daily Tours @ Davison Orchards

Date and Time: Wednesday, August 10 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Private Tours @ Mackie Lake House

Date and Time: Wednesday, August 10 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Wednesday, August 10 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

(No booking necessary, but groups of 10 or more are recommended to call in advance.)

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Wednesday, August 10 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"All About Bees" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
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- Personalized 150g jar of honey for each guest.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Wednesday, August 10 02:00 p.m. - 2:30 p.m.

"Basically Bees" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

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- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Wahine Wednesday (SUP'n Social Paddle Night) @ Kalavida Surf Shop

Date and Time: Wednesday, August 10 06:00 p.m.

A weekly womens SUP'n social paddle night! Wahine Wednesdays are all about the girls getting together on the water – *The Ladies of the Lake!* Launching from Kal Beach, each week will include something a little different – it could be a soothing sunset paddle, a cruise alongside the Okanagan Rail Trail, story telling, or maybe even a yoga move or two.

### How to Register?

No need to pre-register, just drop in and register between 5pm-5:45pm each Wednesday.

### What's Included?

Beverages, snacks and good vibes are supplied after the paddle. Each week will feature a new sponsor

### How Much?

\$5.00 with your own board and gear

\$20.00 – Includes board rental (includes pfd and paddle)

### Who should join in?

This is a group paddle for those who have some experience paddle boarding. If you are new to SUP, we encourage you to rent a couple of times before joining a Wahine Paddle Night.

### Wahine Warm-Up

5:30-5:50pm – Get warmed up before the official start of the paddle.

6pm: Group departs from Kal Beach

### Where to Park?

We have limited space in our parking lot. If you have your own board, drop it at Kal Beach on the West side of the beach and park at Kal Beach Parking Lot or along WestKal Road. We have staff at the beach from 5:30pm onward so your board should be safe there.

Check their [website](#) or [Facebook](#) for more details!

## Sunset Stretch & Sip @ Predator Ridge Resort

Date and Time: Wednesday, August 10 06:00 p.m.

Wind down on with us from 6-8pm with a deep stretch on the outdoor yoga platform at [Predator Ridge](#) while watching the sunset . One ticket includes a guided moderate 18-minute hike up to the platform, a 60 minute yoga flow while you take in the spectacular view of Okanagan Lake and move and flow with your breath.

After Savasana enjoy a glass of local Okanagan wine as you watch the sunset over the hills from the Namaste Platform.

This class is a perfect end to a long day of riding, hiking or golfing. We meet at 6pm: directions to the meeting spot will be emailed to you once purchase is confirmed. Please wear hiking shoes, bring water, and your own mat. All levels welcome.

Purchase your own individual box of charcuterie from [Crudité & Co.](#) and we will bring it to the platform for you to enjoy after class! Order must be placed with plenty of notice, minimum 48 hours.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

## Thursday, August 11, 2022

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### Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Thursday, August 11 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Thursday, August 11 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Summer Daily Tours @ Davison Orchards

Date and Time: Thursday, August 11 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

### Private Tours @ Mackie Lake House

Date and Time: Thursday, August 11 10:00 a.m. - 4:00 p.m.

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Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Thursday, August 11 11:00 a.m. - 11:30 a.m.

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Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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Date and Time: Thursday, August 11 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

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### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

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Date and Time: Thursday, August 11 02:00 p.m. - 3:30 p.m.

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the Okanagan - and the Captik<sup>wł</sup> (pronounced: chap-teek-cool) which are the stories, laws and cultural values of the Syilx Okanagan people, which have been passed down from generation to generation by oral tradition. Through these ancient stories, the Syilx have preserved their worldwide view and relationship with nature. Here at the Kalamalka Garden, guests will get to experience first hand the beauty and importance of both the Indigenous plant life and the traditional Indigenous knowledge that has existed for thousands of years, and still exists today.

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## Tour Details

**DURATION:** Tours are available on Tuesdays and Thursdays starting at 2:00pm Tours are 1 hour – 1.5 hour.

**RATES:**

\$30.00 – Adults

\$5.00 – Children under 16 years old

All proceeds from the Garden Tours are used for operations.

Get your tickets [here!](#)

## Downtown Sounds @ 2900 Plaza

Date and Time: Thursday, August 11 06:00 p.m. - 7:30 p.m.

Join us at the 2900 Plaza every Thursday this summer to enjoy some awesome (free) music from 6pm-7:30pm!

July 7- Feet First

July 14- The Garcia Band

July 21- Forty Foot Fred

July 28- The Rockin Horse Band

August 4- The Shawn Lightfoot Band

August 11- The Keys

August 18- The Young'uns

August 25- Chipko Jones

Check the [Downtown Vernon Associations Facebook](#) for more details!

## Friday, August 12, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Friday, August 12 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

**Showtime:**

Click "[Buy Tickets](#)" to see available times.

## Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Friday, August 12 09:00 a.m. - 11:00 a.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

### Tour FAQs

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- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 - 32 Avenue

Get your tickets [here!](#)

## Summer Daily Tours @ Davison Orchards

Date and Time: Friday, August 12 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Friday, August 12 11:00 a.m. - 11:30 a.m.

*"Basically Bees"* - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Friday, August 12 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

*"All About Bees"* - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden.
- Personalized 150g jar of honey for each guest.

## The Audio Land Walks @ Caravan Farm Theatre

Date and Time: Friday, August 12 01:00 p.m. - 4:30 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 45 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 40-55 minutes long. Bookings can accommodate groups up to 6 people.

For more information and to buy tickets visit their [website!](#)

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Friday, August 12 02:00 p.m. - 2:30 p.m.

"Basically Bees" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Polson Artisan Night Market @ Polson Park

Date and Time: Friday, August 12 04:00 p.m. - 8:00 p.m.

From May 20 to September 2, 2022, the Polson Artisan Night Market will be operating in Polson Park, Vernon BC.

Join us Friday nights at this fun event featuring 50 vendors from the surrounding area.

Come check out a mix of skilled local producers, makers and growers each week.

## Friday Night Market @ The Vernon Community Arts Centre

Date and Time: Friday, August 12 05:00 p.m. - 7:00 p.m.

Help the Vernon Community Arts Centre celebrate diversity in the arts! Come down to the Joining Hands Friday Night Market where you'll find an array of local art. Proceeds support local artists with diverse and differing abilities. The Joining Hands Program will be hosting these markets on the 2nd Friday of each month, as part of their Art for All initiative.

Mark your calendars and head down to the Vernon Community Arts Centre!

## Music at Mackie Summer Concert Series @ Mackie Lake House

Date and Time: Friday, August 12 05:00 p.m. - 10:00 p.m.

### Music at Mackie Summer Concert Series

We're dedicating the first performance to all Father's and hope they had a wonderful Father's Day.

We're pleased to once again offer six (6) music events for the 2022 summer concert series. We will offer package sales and/or individual sales to each music event. Tickets go on sale in early April!

(Thursday) June 30th - We welcome back [Amy Bishop](#). The crowd went crazy for this artist last year and we love the fact that she's joining us for our series. We will have [Shabbang Food Truck](#) on site for this performance so please bring your appetite!

(Friday) July 8th - TBD

(Friday) July 22nd - [Josh + Bex](#)

This sensational folk duo will be bringing their original material and we are sure they will be a crowd pleaser. Once again, please save room and buy dinner at [Gord Oh's Food Truck](#) which will be on site for the performance.

(Friday) August 12th - [Under the Rocks Band](#)

We're going to have a lot of fun with this band and we're hoping that all the bluegrass lovers out there will join us for their first-time performance at Mackie Lake House. We just know you won't be able to stay in your seat! [Mi Taqueria Mexican Cantina](#) will be providing some delicious Mexican food for your dinner purchase.

(Friday) August 26th - [Emily Rault Duo](#)

This young singer comes to us from Vancouver. She'll be offering a bit of Motown, a bit of Jazz, and will just be returning from a European tour, in time to perform for us at Mackie Lake House.

(Friday) Sept. 9th - We end our season with the Lent Brothers and Neil Fraser. Most of you will be familiar with their smooth blues sound and jazz repertoire. It'll be a great way to wind up our season. Make sure you don't miss it. [Mi Taqueria Mexican Cantina](#) will be the food truck on site for this event.

Ticket sales begin April 2022 on [ticketseller.ca](#). You do not want to miss your chance to see all these great artists!

## Live Music @ Marten Brewing Bar & Grill

Date and Time: Friday, August 12 07:00 p.m. - 11:30 p.m.

Join Marten Brewing Bar & Grill every Friday night this summer for live music!

### Upcoming attractions:

- June 10- The Jaz Tex
- June 17- Tracey Lyn
- June 24-James Hay
- July 1- Three Scotch In
- July 8- Conroy Ross
- July 15- Mozi Bones
- July 22- Marv Machura
- July 29- Poppa Dawg
- Aug 5- Steve Smith
- Aug 12- Makayla Gough

## Behind the Scene Tour of O'Keefe Ranch

Date and Time: Friday, August 12 08:00 p.m. - 10:00 p.m.

The Behind the Scene Tour begins in the main administrative building. Snacks and drinks will be provided when you arrive. Enjoy an overview of the O'Keefe Ranch setup and feel free to ask questions. Next we will tour through some of the staff and volunteer areas which are not historic, but are crucial, to the operation of the Ranch. By this time, the sun will have set and we will explore some of the behind the scenes of the historic buildings.

Although the tour has a planned path, questions and suggestions are welcomed and we are happy to veer off course. If you have visited the Ranch during the day and you've always wondered what's behind a specific door - we will go look!

Tickets are \$35 per person and includes snacks and drinks during the introduction. Introduction starts at 8PM and tour will last until approximately 10PM.

## Saturday, August 13, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Saturday, August 13 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

**Showtime:**

Click "[Buy Tickets](#)" to see available times.

## Goat Yoga @ O'Keefe Ranch

Date and Time: Saturday, August 13 09:00 a.m. - 12:00 p.m.

Yoga with Goats is back! Join Samantha Richardson for a season of yoga with four legged friends.

Ticket includes a one-hour yoga session prior to the Ranch opening. Yoga is located outdoors in the company of the Ranch's goats. Each goat has its own personality to woo you over, whether they are looking for some extra scratches, trying to make you laugh or just want to take a nap under your downward dog, you never know what they will do!

Afterwards, enjoy the Ranches grounds, take a tour of the mansion, visit the general store, and explore the buildings. Each ticket includes a complimentary general store candy bag. If you book on a Saturday, you can also enjoy the many role play artists including live music and song, demonstrations, school sessions and much, much more. Allow yourself about 2 hours to see the grounds and another hour if you stay for lunch.

To book your tickets click [here](#)!

## Guided Trail Tour @ Allan Brooks Nature Centre

Date and Time: Saturday, August 13 10:00 a.m. - 10:30 a.m.

Join us on a short walk through our rare and delicate grassland ecosystem! Learn about grassland plants and animals, their special traits that allow them to live in this hot, dry habitat and how they interact. Touch, smell, and feel as we explore the wilderness all around us! This tour starts at the trailhead and follows an easy gravel path loop around the centre.

**Fee:** \$5.00 per person (*youth under 16 + ABNC members are FREE!*). *Registration is required.*

\*\*\*Please note, ABNC programming will be cancelled should the temperatures exceed 35C, for the safety of all patrons and staff.

Visit their [website](#) to register!

## Summer Daily Tours @ Davison Orchards

Date and Time: Saturday, August 13 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Saturday, August 13 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Nature Talk @ Allan Brooks Nature Centre

Date and Time: Saturday, August 13 11:30 a.m. - 12:00 p.m.

Meet them in their grassland theatre for a short nature talk! Their ABNC interpreters will use some of our natural materials and props to teach you more about our local plants and animals and give you an up close look. A new theme every week! There is no need to pre-register, simply check-in at the Interpretive Centre upon arrival and find a seat on one of our benches, or bring your own lawn chair. Nature Talks are free, but a donation is appreciated.

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Saturday, August 13 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"All About Bees" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

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## The Audio Land Walks @ Caravan Farm Theatre

Date and Time: Saturday, August 13 01:00 p.m. - 4:30 p.m.

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## Sunday, August 14, 2022

## Audio Land Walks @ Caravan Farm Theatre

Date and Time: Sunday, August 14 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

### Showtime:

Click "[Buy Tickets](#)" to see available times.

## Yoga + Mimosas @ Predator Ridge Resort

Date and Time: Sunday, August 14 10:00 a.m.

Grace & Flow is back at [Predator Ridge Resort](#) to bring you *Yoga + Mimosa's!* One ticket includes a 60 min yoga flow on the outdoor Lavender Platform set amongst gorgeous lavender fields.

After Savasana enjoy a juicy mimosa while taking in the view of one of the Okanagan's many treasures.

Class begins at 10 am. Access the Lavender Platform by vehicle in the Predator Ridge Commonage Neighbourhood. All levels welcome.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

Must bring your own yoga mat, no spare mats available to borrow. Directions to the platform will be emailed out to you along with a waiver once purchase is confirmed.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Sunday, August 14 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

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*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Summer Daily Tours @ Davison Orchards

Date and Time: Sunday, August 14 11:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Sunday, August 14 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"*All About Bees*" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

## What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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## Monday, August 15, 2022

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### Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Monday, August 15 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Monday, August 15 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute



walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

**Showtime:**

Click "[Buy Tickets](#)" to see available times.

## Summer Daily Tours @ Davison Orchards

Date and Time: Monday, August 15 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Monday, August 15 11:00 a.m. - 11:30 a.m.

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Included with all drop-in presentations:

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## Tuesday, August 16, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Tuesday, August 16 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Summer Daily Tours @ Davison Orchards

Date and Time: Tuesday, August 16 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

### Private Tours @ Mackie Lake House

Date and Time: Tuesday, August 16 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

### Summer Drop-in Presentations: Basically Bees @ Planet Bee

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Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

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### Kalamalka Garden (K'nmałka? Sənqâłtən) Indigenous Garden Tours @ Okanagan College

Date and Time: Tuesday, August 16 02:00 p.m. - 3:30 p.m.

The tour of Kalamalka Garden will allow visitors to learn a brief history of Syilx (pronounced: see-eel), who are the Indigenous people of the Okanagan - and the Captikʷł (pronounced: chap-teek-cool) which are the stories, laws and cultural values of the Syilx Okanagan people, which have been passed down from generation to generation by oral tradition. Through these ancient stories, the Syilx have preserved their worldwide view and relationship with nature. Here at the Kalamalka Garden, guests will get to experience first hand the beauty and importance of both the Indigenous plant life and the traditional Indigenous knowledge that has existed for thousands of years, and still exists today.

Guests will have the opportunity to learn to identify traditional plants, understand how these plants are used for medicinal and food purposes, and see demonstrations of how to harvest and use the plants.

The tour presenter will provide short workshop on an Indigenous garden product and how it is grown, harvested and made into a gift. The workshop will explore the elements of traditional foods and medicines, history of the Okanagan area, Indigenous gardening techniques, and samples of foods from the garden.

### Tour Details

**DURATION:** Tours are available on Tuesdays and Thursdays starting at 2:00pm Tours are 1 hour – 1.5 hour.

**RATES:**

\$30.00 – Adults

\$5.00 – Children under 16 years old

All proceeds from the Garden Tours are used for operations.

Get your tickets [here!](#)

### Live Music @ Range Lounge & Grill (Predator Ridge Resort)

Date and Time: Tuesday, August 16 05:00 p.m. - 7:00 p.m.

During the summer, join us every Tuesday from 5 -7pm for our series of live music performances by local Okanagan artists.

Join us in Range & Lounge Grill to enjoy dinner during the event (dinner reservations are recommended).

## Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Tuesday, August 16 06:00 p.m. - 8:00 p.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

### Tour FAQs

- Tours must be pre-booked. Tours will not run if there are no bookings.
- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 32nd Avenue

Get your tickets [here!](#)

## Wednesday, August 17, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Wednesday, August 17 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Summer Daily Tours @ Davison Orchards

Date and Time: Wednesday, August 17 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

### Private Tours @ Mackie Lake House

Date and Time: Wednesday, August 17 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Wednesday, August 17 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Wednesday, August 17 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"*All About Bees*" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
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- Personalized 150g jar of honey for each guest.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Wednesday, August 17 02:00 p.m. - 2:30 p.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

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- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Wahine Wednesday (SUP'n Social Paddle Night) @ Kalavida Surf Shop

Date and Time: Wednesday, August 17 06:00 p.m.

A weekly womens SUP'n social paddle night! Wahine Wednesdays are all about the girls getting together on the water – *The Ladies of the Lake!* Launching from Kal Beach, each week will include something a little different – it could be a soothing sunset paddle, a cruise alongside the Okanagan Rail Trail, story telling, or maybe even a yoga move or two.

### How to Register?

No need to pre-register, just drop in and register between 5pm-5:45pm each Wednesday.

### What's Included?

Beverages, snacks and good vibes are supplied after the paddle. Each week will feature a new sponsor

#### **How Much?**

\$5.00 with your own board and gear

\$20.00 – Includes board rental (includes pfd and paddle)

#### **Who should join in?**

This is a group paddle for those who have some experience paddle boarding. If you are new to SUP, we encourage you to rent a couple of times before joining a Wahine Paddle Night.

#### **Wahine Warm-Up**

5:30-5:50pm – Get warmed up before the official start of the paddle.

6pm: Group departs from Kal Beach

#### **Where to Park?**

We have limited space in our parking lot. If you have your own board, drop it at Kal Beach on the West side of the beach and park at Kal Beach Parking Lot or along WestKal Road. We have staff at the beach from 5:30pm onward so your board should be safe there.

Check their [website](#) or [Facebook](#) for more details!

## **Sunset Stretch & Sip @ Predator Ridge Resort**

Date and Time: Wednesday, August 17 06:00 p.m.

Wind down on with us from 6-8pm with a deep stretch on the outdoor yoga platform at [Predator Ridge](#) while watching the sunset . One ticket includes a guided moderate 18-minute hike up to the platform, a 60 minute yoga flow while you take in the spectacular view of Okanagan Lake and move and flow with your breath.

After Savasana enjoy a glass of local Okanagan wine as you watch the sunset over the hills from the Namaste Platform.

This class is a perfect end to a long day of riding, hiking or golfing. We meet at 6pm: directions to the meeting spot will be emailed to you once purchase is confirmed. Please wear hiking shoes, bring water, and your own mat. All levels welcome.

Purchase your own individual box of charcuterie from [Crudit  & Co.](#) and we will bring it to the platform for you to enjoy after class! Order must be placed with plenty of notice, minimum 48 hours.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

## **Thursday, August 18, 2022**

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### **Vernon Farmer's Market @ Kal Tire Place Parking Lot**

Date and Time: Thursday, August 18 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

### **Audio Land Walks @ Caravan Farm Theatre**

Date and Time: Thursday, August 18 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

**Showtime:**

Click "[Buy Tickets](#)" to see available times.

## Summer Daily Tours @ Davison Orchards

Date and Time: Thursday, August 18 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Private Tours @ Mackie Lake House

Date and Time: Thursday, August 18 10:00 a.m. - 4:00 p.m.

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Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Thursday, August 18 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

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## Summer Drop-in Presentations: Basically Bees @ Planet Bee

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## Kalamalka Garden (K'nmałka? Sənqâitən) Indigenous Garden Tours @ Okanagan College

Date and Time: Thursday, August 18 02:00 p.m. - 3:30 p.m.

The tour of Kalamalka Garden will allow visitors to learn a brief history of Syilx (pronounced: see-eel), who are the Indigenous people of the Okanagan - and the Captikʷł (pronounced: chap-teek-cool) which are the stories, laws and cultural values of the Syilx Okanagan people, which have been passed down from generation to generation by oral tradition. Through these ancient stories, the Syilx have preserved their worldwide view and relationship with nature. Here at the Kalamalka Garden, guests will get to experience first hand the beauty and importance of both the Indigenous plant life and the traditional Indigenous knowledge that has existed for thousands of years, and still exists today.

Guests will have the opportunity to learn to identify traditional plants, understand how these plants are used for medicinal and food purposes, and see demonstrations of how to harvest and use the plants.

The tour presenter will provide short workshop on an Indigenous garden product and how it is grown, harvested and made into a gift. The workshop will explore the elements of traditional foods and medicines, history of the Okanagan area, Indigenous gardening techniques, and samples of foods from the garden.

## Tour Details

**DURATION:** Tours are available on Tuesdays and Thursdays starting at 2:00pm Tours are 1 hour – 1.5 hour.

**RATES:**

\$30.00 – Adults

\$5.00 – Children under 16 years old

All proceeds from the Garden Tours are used for operations.

Get your tickets [here!](#)

## Downtown Sounds @ 2900 Plaza

Date and Time: Thursday, August 18 06:00 p.m. - 7:30 p.m.

Join us at the 2900 Plaza every Thursday this summer to enjoy some awesome (free) music from 6pm-7:30pm!

July 7- Feet First

July 14- The Garcia Band

July 21- Forty Foot Fred

July 28- The Rockin Horse Band

August 4- The Shawn Lightfoot Band

August 11- The Keys

August 18- The Young'uns

August 25- Chipko Jones

Check the [Downtown Vernon Associations Facebook](#) for more details!

## Queer Family Game Night @ The Boarding House Cafe

Date and Time: Thursday, August 18 07:00 p.m. - 9:00 p.m.



Come join the Family Resource Centre for a Queer Family Game Night! Starting on June 16th, families, adults, and allies of all ages are invited for a fun night of games at The Boarding House Cafe!

## Friday, August 19, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Friday, August 19 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

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Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Friday, August 19 09:00 a.m. - 11:00 a.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

#### Tour FAQs

- Tours must be pre-booked. Tours will not run if there are no bookings.
- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 - 32 Avenue

Get your tickets [here](#)!

### Summer Daily Tours @ Davison Orchards

Date and Time: Friday, August 19 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

### Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Friday, August 19 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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### What's Included

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Each walk is approximately 2.5km and 40-55 minutes long. Bookings can accommodate groups up to 6 people.

For more information and to buy tickets visit their [website!](#)

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## Polson Artisan Night Market @ Polson Park

Date and Time: Friday, August 19 04:00 p.m. - 8:00 p.m.

From May 20 to September 2, 2022, the Polson Artisan Night Market will be operating in Polson Park, Vernon BC.

Join us Friday nights at this fun event featuring 50 vendors from the surrounding area.

Come check out a mix of skilled local producers, makers and growers each week.

## Kal Classic - Stand Up Paddle Board Festival @ Kalamalka Beach

Date and Time: Saturday, August 20 08:00 a.m. - 8:00 p.m.

We have missed the energy and excitement of the 'Kal Classic' and we now want get back on the water in 2022. What will be the 11th Kalamalka Classic will run on **August 20 & 21**.

The iconic 10-mile **Kalamalka Crossing** will run on the Sunday, while Saturday's events will include a kids event, inflatable SUP challenge and more.

Stay tuned for details and hype!

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### Showtime:

Click "[Buy Tickets](#)" to see available times.

## Summer Daily Tours @ Davison Orchards

Date and Time: Saturday, August 20 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Guided Trail Tour @ Allan Brooks Nature Centre

Date and Time: Saturday, August 20 10:00 a.m. - 10:30 a.m.

Join us on a short walk through our rare and delicate grassland ecosystem! Learn about grassland plants and animals, their special traits that allow them to live in this hot, dry habitat and how they interact. Touch, smell, and feel as we explore the wilderness all around us! This tour starts at the trailhead and follows an easy gravel path loop around the centre.

**Fee:** \$5.00 per person (*youth under 16 + ABNC members are FREE!*). *Registration is required.*

\*\*\*Please note, ABNC programming will be cancelled should the temperatures exceed 35C, for the safety of all patrons and staff.

Visit their [website](#) to register!

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## Sunday, August 21, 2022

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### Kal Classic - Stand Up Paddle Board Festival @ Kalamalka Beach

Date and Time: Sunday, August 21 08:00 a.m. - 8:00 p.m.

We have missed the energy and excitement of the 'Kal Classic' and we now want get back on the water in 2022. What will be the 11th Kalamalka Classic will run on **August 20 & 21**.

The iconic 10-mile **Kalamalka Crossing** will run on the Sunday, while Saturday's events will include a kids event, inflatable SUP challenge and more.

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### Showtime:

Click "[Buy Tickets](#)" to see available times.

## Yoga + Mimosas @ Predator Ridge Resort

Date and Time: Sunday, August 21 10:00 a.m.

Grace & Flow is back at [Predator Ridge Resort](#) to bring you *Yoga + Mimosa's!* One ticket includes a 60 min yoga flow on the outdoor Lavender Platform set amongst gorgeous lavender fields.

After Savasana enjoy a juicy mimosa while taking in the view of one of the Okanagan's many treasures.

Class begins at 10 am. Access the Lavender Platform by vehicle in the Predator Ridge Commonage Neighbourhood. All levels welcome.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

Must bring your own yoga mat, no spare mats available to borrow. Directions to the platform will be emailed out to you along with a waiver once purchase is confirmed.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Sunday, August 21 11:00 a.m. - 11:30 a.m.

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## Monday, August 22, 2022

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### Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Monday, August 22 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Monday, August 22 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

**Showtime:**

Click "[Buy Tickets](#)" to see available times.

## Summer Daily Tours @ Davison Orchards

Date and Time: Monday, August 22 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Monday, August 22 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Monday, August 22 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"*All About Bees*" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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- Upon request and weather dependent: Guided walk-through of our bee-friendly garden.
- Personalized 150g jar of honey for each guest.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Monday, August 22 02:00 p.m. - 2:30 p.m.

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Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

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## Tuesday, August 23, 2022

---

### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Tuesday, August 23 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Summer Daily Tours @ Davison Orchards

Date and Time: Tuesday, August 23 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

### Private Tours @ Mackie Lake House

Date and Time: Tuesday, August 23 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

### Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Tuesday, August 23 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

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Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

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- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Kalamalka Garden (K'nmaika? Sənqâitən) Indigenous Garden Tours @ Okanagan College

Date and Time: Tuesday, August 23 02:00 p.m. - 3:30 p.m.

The tour of Kalamalka Garden will allow visitors to learn a brief history of Syilx (pronounced: see-eel), who are the Indigenous people of the Okanagan - and the Captikʷł (pronounced: chap-teek-cool) which are the stories, laws and cultural values of the Syilx Okanagan people, which have been passed down from generation to generation by oral tradition. Through these ancient stories, the Syilx have preserved their worldwide view and relationship with nature. Here at the Kalamalka Garden, guests will get to experience first hand the beauty and importance of both the Indigenous plant life and the traditional Indigenous knowledge that has existed for thousands of years, and still exists today.

Guests will have the opportunity to learn to identify traditional plants, understand how these plants are used for medicinal and food purposes, and see demonstrations of how to harvest and use the plants.

The tour presenter will provide short workshop on an Indigenous garden product and how it is grown, harvested and made into a gift. The workshop will explore the elements of traditional foods and medicines, history of the Okanagan area, Indigenous gardening techniques, and samples of foods from the garden.

### Tour Details

**DURATION:** Tours are available on Tuesdays and Thursdays starting at 2:00pm Tours are 1 hour – 1.5 hour.

**RATES:**

\$30.00 – Adults

\$5.00 – Children under 16 years old

All proceeds from the Garden Tours are used for operations.

Get your tickets [here!](#)

## Live Music @ Range Lounge & Grill (Predator Ridge Resort)

Date and Time: Tuesday, August 23 05:00 p.m. - 7:00 p.m.

During the summer, join us every Tuesday from 5 -7pm for our series of live music performances by local Okanagan artists.

Join us in Range & Lounge Grill to enjoy dinner during the event (dinner reservations are recommended).

## Film Festival & Indigenous Short Film Showcase @ Caravan Farm Theatre

Date and Time: Tuesday, August 23 06:00 p.m. - 10:00 p.m.

Five summer nights. Five spectacular films. An outdoor cinema experience like no other.

Join us in our open-air timber barn for a line-up of five feature films by some of Canada's most exciting filmmakers. Each film will be preceded by a selection from our 2nd annual Indigenous Short-Film Showcase.

Our cinema features a ten by twenty-foot silver screen, an 8000-lumen projector, and is set against a spectacular rural backdrop. Bring a picnic and settle in at a picnic table or blanket on our shady green lawn for a pre-show dinner... Take a nature break and stroll down the path through our gently rolling fields... then get your popcorn and watch a film – Caravan Farm Theatre style.

You will be seated in our timber barn. Lawn seating is also available, outside of the barn. Bring your own lawn chairs, and/or blankets. Our Bar & Concession will be open, serving hot buttered popcorn, local fine wine, ales, muddlers, and an assortment of great local snacks.

Doors open at 6pm, Short films begin at 7:30 pm, with the feature film at 8pm.

Tickets go on sale July 18, 2022.

## Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Tuesday, August 23 06:00 p.m. - 8:00 p.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

### Tour FAQs

- Tours must be pre-booked. Tours will not run if there are no bookings.
- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 32nd Avenue

Get your tickets [here!](#)

## Wednesday, August 24, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Wednesday, August 24 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

**Showtime:**

Click "[Buy Tickets](#)" to see available times.

## Goat Yoga @ O'Keefe Ranch

Date and Time: Wednesday, August 24 09:00 a.m. - 12:00 p.m.

Yoga with Goats is back! Join Samantha Richardson for a season of yoga with four legged friends.

Ticket includes a one-hour yoga session prior to the Ranch opening. Yoga is located outdoors in the company of the Ranch's goats. Each goat has its own personality to woo you over, whether they are looking for some extra scratches, trying to make you laugh or just want to take a nap under your downward dog, you never know what they will do!

Afterwards, enjoy the Ranches grounds, take a tour of the mansion, visit the general store, and explore the buildings. Each ticket includes a complimentary general store candy bag. If you book on a Saturday, you can also enjoy the many role play artists including live music and song, demonstrations, school sessions and much, much more. Allow yourself about 2 hours to see the grounds and another hour if you stay for lunch.

To book your tickets click [here](#)!

## Summer Daily Tours @ Davison Orchards

Date and Time: Wednesday, August 24 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Private Tours @ Mackie Lake House

Date and Time: Wednesday, August 24 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Wednesday, August 24 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
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*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Wednesday, August 24 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

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Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

## What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

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## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Wednesday, August 24 02:00 p.m. - 2:30 p.m.

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## Wahine Wednesday (SUP'n Social Paddle Night) @ Kalavida Surf Shop

Date and Time: Wednesday, August 24 06:00 p.m.

A weekly womens SUP'n social paddle night! Wahine Wednesdays are all about the girls getting together on the water – *The Ladies of the Lake!* Launching from Kal Beach, each week will include something a little different – it could be a soothing sunset paddle, a cruise alongside the Okanagan Rail Trail, story telling, or maybe even a yoga move or two.

### How to Register?

No need to pre-register, just drop in and register between 5pm-5:45pm each Wednesday.

### What's Included?

Beverages, snacks and good vibes are supplied after the paddle. Each week will feature a new sponsor

### How Much?

\$5.00 with your own board and gear

\$20.00 – Includes board rental (includes pfd and paddle)

### Who should join in?

This is a group paddle for those who have some experience paddle boarding. If you are new to SUP, we encourage you to rent a couple of times before joining a Wahine Paddle Night.

### Wahine Warm-Up

5:30-5:50pm – Get warmed up before the official start of the paddle.

6pm: Group departs from Kal Beach

### Where to Park?

We have limited space in our parking lot. If you have your own board, drop it at Kal Beach on the West side of the beach and park at Kal Beach Parking Lot or along WestKal Road. We have staff at the beach from 5:30pm onward so your board should be safe there.

Check their [website](#) or [Facebook](#) for more details!

## Film Festival & Indigenous Short Film Showcase @ Caravan Farm Theatre

Date and Time: Wednesday, August 24 06:00 p.m. - 10:00 p.m.

Five summer nights. Five spectacular films. An outdoor cinema experience like no other.

Join us in our open-air timber barn for a line-up of five feature films by some of Canada's most exciting filmmakers. Each film will be preceded by a selection from our 2nd annual Indigenous Short-Film Showcase.

Our cinema features a ten by twenty-foot silver screen, an 8000-lumen projector, and is set against a spectacular rural backdrop. Bring a picnic and settle in at a picnic table or blanket on our shady green lawn for a pre-show dinner... Take a nature break and stroll down the path through our gently rolling fields... then get your popcorn and watch a film – Caravan Farm Theatre style.

You will be seated in our timber barn. Lawn seating is also available, outside of the barn. Bring your own lawn chairs, and/or blankets. Our Bar & Concession will be open, serving hot buttered popcorn, local fine wine, ales, muddlers, and an assortment of great local snacks.

Doors open at 6pm, Short films begin at 7:30 pm, with the feature film at 8pm.

[Tickets](#) go on sale July 18, 2022.

## Sunset Stretch & Sip @ Predator Ridge Resort

Date and Time: Wednesday, August 24 06:00 p.m.

Wind down on with us from 6-8pm with a deep stretch on the outdoor yoga platform at [Predator Ridge](#) while watching the sunset . One ticket includes a guided moderate 18-minute hike up to the platform, a 60 minute yoga flow while you take in the spectacular view of Okanagan Lake and move and flow with your breath.

After Savasana enjoy a glass of local Okanagan wine as you watch the sunset over the hills from the Namaste Platform.

This class is a perfect end to a long day of riding, hiking or golfing. We meet at 6pm: directions to the meeting spot will be emailed to you once purchase is confirmed. Please wear hiking shoes, bring water, and your own mat. All levels welcome.

Purchase your own individual box of charcuterie from [Crudité & Co.](#) and we will bring it to the platform for you to enjoy after class! Order must be placed with plenty of notice, minimum 48 hours.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

## Thursday, August 25, 2022

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### Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Thursday, August 25 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Thursday, August 25 09:00 a.m. - 5:00 p.m.

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Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Summer Daily Tours @ Davison Orchards

Date and Time: Thursday, August 25 10:00 a.m. - 4:00 p.m.

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- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Re-Fill Your Cup Yoga Retreat with Grace and Flow @ Predator Ridge Resort

Date and Time: Thursday, August 25 12:00 p.m. - 6:00 p.m.

Grace & Flow brings you a weekend filled with yoga, nature, wine, and laughter. Get away to reconnect, and leave feeling rested, revitalized and clear. Join them for a getaway in a gorgeous Cottage or Lodge Suite at the World-Class Predator Ridge Resort, surrounded by the breathtaking Okanagan Valley.

Retreat includes:

- Luxury all-suite accommodation at [Predator Ridge Resort](#).
- Happy hour welcome with local Okanagan wine.
- Daily gourmet buffet breakfast, including Predator Ridge's celebrated Sunday Brunch.
- Farm-to-table dinners at the Range Restaurant every evening, including wine-pairing.
- Multiple heart-centered, all-levels yoga classes
- Daily guided meditation, with added support for new practitioners

For more information visit their [website](#)!

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Date and Time: Thursday, August 25 12:00 p.m. - 1:15 p.m.

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Date and Time: Thursday, August 25 02:00 p.m. - 3:30 p.m.

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Guests will have the opportunity to learn to identify traditional plants, understand how these plants are used for medicinal and food purposes, and see demonstrations of how to harvest and use the plants.

The tour presenter will provide short workshop on an Indigenous garden product and how it is grown, harvested and made into a gift. The workshop will explore the elements of traditional foods and medicines, history of the Okanagan area, Indigenous gardening techniques, and samples of foods from the garden.

## Tour Details

**DURATION:** Tours are available on Tuesdays and Thursdays starting at 2:00pm Tours are 1 hour – 1.5 hour.

### RATES:

\$30.00 – Adults

\$5.00 – Children under 16 years old

All proceeds from the Garden Tours are used for operations.

Get your tickets [here!](#)

## Downtown Sounds @ 2900 Plaza

Date and Time: Thursday, August 25 06:00 p.m. - 7:30 p.m.

Join us at the 2900 Plaza every Thursday this summer to enjoy some awesome (free) music from 6pm-7:30pm!

July 7- Feet First

July 14- The Garcia Band

July 21- Forty Foot Fred

July 28- The Rockin Horse Band



August 4- The Shawn Lightfoot Band

August 11- The Keys

August 18- The Young'uns

August 25- Chipko Jones

Check the [Downtown Vernon Associations Facebook](#) for more details!

## Film Festival & Indigenous Short Film Showcase @ Caravan Farm Theatre

Date and Time: Thursday, August 25 06:00 p.m. - 10:00 p.m.

Five summer nights. Five spectacular films. An outdoor cinema experience like no other.

Join us in our open-air timber barn for a line-up of five feature films by some of Canada's most exciting filmmakers. Each film will be preceded by a selection from our 2nd annual Indigenous Short-Film Showcase.

Our cinema features a ten by twenty-foot silver screen, an 8000-lumen projector, and is set against a spectacular rural backdrop. Bring a picnic and settle in at a picnic table or blanket on our shady green lawn for a pre-show dinner... Take a nature break and stroll down the path through our gently rolling fields... then get your popcorn and watch a film – Caravan Farm Theatre style.

You will be seated in our timber barn. Lawn seating is also available, outside of the barn. Bring your own lawn chairs, and/or blankets. Our Bar & Concession will be open, serving hot buttered popcorn, local fine wine, ales, muddlers, and an assortment of great local snacks.

Doors open at 6pm, Short films begin at 7:30 pm, with the feature film at 8pm.

[Tickets](#) go on sale July 18, 2022.

## Friday, August 26, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Friday, August 26 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Friday, August 26 09:00 a.m. - 11:00 a.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

#### Tour FAQs

- Tours must be pre-booked. Tours will not run if there are no bookings.
- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.



- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 - 32 Avenue

Get your tickets [here!](#)

## Summer Daily Tours @ Davison Orchards

Date and Time: Friday, August 26 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Friday, August 26 11:00 a.m. - 11:30 a.m.

"Basically Bees" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Re-Fill Your Cup Yoga Retreat with Grace and Flow @ Predator Ridge Resort

Date and Time: Friday, August 26 12:00 p.m. - 6:00 p.m.

Grace & Flow brings you a weekend filled with yoga, nature, wine, and laughter. Get away to reconnect, and leave feeling rested, revitalized and clear. Join them for a getaway in a gorgeous Cottage or Lodge Suite at the World-Class Predator Ridge Resort, surrounded by the breathtaking Okanagan Valley.

Retreat includes:

- Luxury all-suite accommodation at [Predator Ridge Resort](#).
- Happy hour welcome with local Okanagan wine.
- Daily gourmet buffet breakfast, including Predator Ridge's celebrated Sunday Brunch.
- Farm-to-table dinners at the Range Restaurant every evening, including wine-pairing.
- Multiple heart-centered, all-levels yoga classes
- Daily guided meditation, with added support for new practitioners

For more information visit their [website!](#)

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Friday, August 26 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"All About Bees" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
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- Personalized 150g jar of honey for each guest.

## The Audio Land Walks @ Caravan Farm Theatre

Date and Time: Friday, August 26 01:00 p.m. - 4:30 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 45 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 40-55 minutes long. Bookings can accommodate groups up to 6 people.

For more information and to buy tickets visit their [website!](#)

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Friday, August 26 02:00 p.m. - 2:30 p.m.

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- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Polson Artisan Night Market @ Polson Park

Date and Time: Friday, August 26 04:00 p.m. - 8:00 p.m.

From May 20 to September 2, 2022, the Polson Artisan Night Market will be operating in Polson Park, Vernon BC.

Join us Friday nights at this fun event featuring 50 vendors from the surrounding area.

Come check out a mix of skilled local producers, makers and growers each week.

## Music at Mackie Summer Concert Series @ Mackie Lake House

Date and Time: Friday, August 26 05:00 p.m. - 10:00 p.m.

### Music at Mackie Summer Concert Series

We're dedicating the first performance to all Father's and hope they had a wonderful Father's Day.

We're pleased to once again offer six (6) music events for the 2022 summer concert series. We will offer package sales and/or individual sales to each music event. Tickets go on sale in early April!

(Thursday) June 30th - We welcome back [Amy Bishop](#). The crowd went crazy for this artist last year and we love the fact that she's joining us for our series. We will have [Shabbang Food Truck](#) on site for this performance so please bring your appetite!

(Friday) July 8th - TBD

(Friday) July 22nd - [Josh + Bex](#)

This sensational folk duo will be bringing their original material and we are sure they will be a crowd pleaser. Once again, please save room and buy dinner at [Gord Oh's Food Truck](#) which will be on site for the performance.

(Friday) August 12th - [Under the Rocks Band](#)

We're going to have a lot of fun with this band and we're hoping that all the bluegrass lovers out there will join us for their first-time performance at Mackie Lake House. We just know you won't be able to stay in your seat! [Mi Taqueria Mexican Cantina](#) will be providing some delicious Mexican food for your dinner purchase.

(Friday) August 26th - [Emily Rault Duo](#)

This young singer comes to us from Vancouver. She'll be offering a bit of Motown, a bit of Jazz, and will just be returning from a European tour, in time to perform for us at Mackie Lake House.

(Friday) Sept. 9th - We end our season with the Lent Brothers and Neil Fraser. Most of you will be familiar with their smooth blues sound and jazz repertoire. It'll be a great way to wind up our season. Make sure you don't miss it. [Mi Taqueria Mexican Cantina](#) will be the food truck on site for this event.

Ticket sales begin April 2022 on [ticketseller.ca](#). You do not want to miss your chance to see all these great artists!

## Film Festival & Indigenous Short Film Showcase @ Caravan Farm Theatre

Date and Time: Friday, August 26 06:00 p.m. - 10:00 p.m.

Five summer nights. Five spectacular films. An outdoor cinema experience like no other.

Join us in our open-air timber barn for a line-up of five feature films by some of Canada's most exciting filmmakers. Each film will be preceded by a selection from our 2nd annual Indigenous Short-Film Showcase.

Our cinema features a ten by twenty-foot silver screen, an 8000-lumen projector, and is set against a spectacular rural backdrop. Bring a picnic and settle in at a picnic table or blanket on our shady green lawn for a pre-show dinner... Take a nature break and stroll down the path through our gently rolling fields... then get your popcorn and watch a film – Caravan Farm Theatre style.

You will be seated in our timber barn. Lawn seating is also available, outside of the barn. Bring your own lawn chairs, and/or blankets. Our Bar & Concession will be open, serving hot buttered popcorn, local fine wine, ales, muddlers, and an assortment of great local snacks.

Doors open at 6pm, Short films begin at 7:30 pm, with the feature film at 8pm.

[Tickets](#) go on sale July 18, 2022.

## Saturday, August 27, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Saturday, August 27 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Goat Yoga @ O'Keefe Ranch

Date and Time: Saturday, August 27 09:00 a.m. - 12:00 p.m.

Yoga with Goats is back! Join Samantha Richardson for a season of yoga with four legged friends.

Ticket includes a one-hour yoga session prior to the Ranch opening. Yoga is located outdoors in the company of the Ranch's goats. Each goat has its own personality to woo you over, whether they are looking for some extra scratches, trying to make you laugh or just want to take a nap under your downward dog, you never know what they will do!

Afterwards, enjoy the Ranches grounds, take a tour of the mansion, visit the general store, and explore the buildings. Each ticket

includes a complimentary general store candy bag. If you book on a Saturday, you can also enjoy the many role play artists including live music and song, demonstrations, school sessions and much, much more. Allow yourself about 2 hours to see the grounds and another hour if you stay for lunch.

To book your tickets click [here](#)!

## VJH Foundation Charity Classic Golf Tournament @ Predator Ridge Resort

Date and Time: Saturday, August 27 10:00 a.m. - 10:00 p.m.

After two years of virtual events, we are delighted to share that the VJH Foundation Charity Classic Golf Tournament is happening at Predator Ridge Resort on Saturday August 27th.

Registration and more details are expected in early April. Be sure to sign your team up early so you don't miss out!

## Guided Trail Tour @ Allan Brooks Nature Centre

Date and Time: Saturday, August 27 10:00 a.m. - 10:30 a.m.

Join us on a short walk through our rare and delicate grassland ecosystem! Learn about grassland plants and animals, their special traits that allow them to live in this hot, dry habitat and how they interact. Touch, smell, and feel as we explore the wilderness all around us! This tour starts at the trailhead and follows an easy gravel path loop around the centre.

**Fee:** \$5.00 per person (*youth under 16 + ABNC members are FREE!*). *Registration is required.*

\*\*\*Please note, ABNC programming will be cancelled should the temperatures exceed 35C, for the safety of all patrons and staff.

Visit their [website](#) to register!

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## Summer Drop-in Presentations: Basically Bees @ Planet Bee

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Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

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You will be seated in our timber barn. Lawn seating is also available, outside of the barn. Bring your own lawn chairs, and/or blankets. Our Bar & Concession will be open, serving hot buttered popcorn, local fine wine, ales, muddlers, and an assortment of great local snacks.

Doors open at 6pm, Short films begin at 7:30 pm, with the feature film at 8pm.

[Tickets](#) go on sale July 18, 2022.

## Riot on the Roof @ The Vernon Public Art Gallery

Date and Time: Saturday, August 27 07:00 p.m. - 11:30 p.m.

The countdown is on for Vernon's biggest alternative art party is on Saturday, August 27th. Live music, murals and art displays, performances, food, and so much more!

Doors open at 6:45 PM. Bring your friends!

## Sunday, August 28, 2022

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### Vernon Jubilee Hospital Foundation Charity Classic

Date and Time: Sunday, August 28 07:30 a.m. - 7:00 p.m.

The Charity Classic is the North Okanagan's premier golf tournament with a purpose to support excellence in healthcare. Join us for an exclusive day on the spectacular greens of Predator Ridge Resort. Enjoy a day of golf, networking with community members, gourmet food, handcrafted beverages and so much more. A day you do not want to miss in support of Vernon Jubilee Hospital Foundation.

### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Sunday, August 28 09:00 a.m. - 5:00 p.m.

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An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Yoga + Mimosas @ Predator Ridge Resort

Date and Time: Sunday, August 28 10:00 a.m.

Grace & Flow is back at [Predator Ridge Resort](#) to bring you *Yoga + Mimosa's!* One ticket includes a 60 min yoga flow on the outdoor Lavender Platform set amongst gorgeous lavender fields.

After Savasana enjoy a juicy mimosa while taking in the view of one of the Okanagan's many treasures.

Class begins at 10 am. Access the Lavender Platform by vehicle in the Predator Ridge Commonage Neighbourhood. All levels welcome.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

Must bring your own yoga mat, no spare mats available to borrow. Directions to the platform will be emailed out to you along with a

waiver once purchase is confirmed.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Sunday, August 28 11:00 a.m. - 11:30 a.m.

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Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

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## Monday, August 29, 2022

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### Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Monday, August 29 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Monday, August 29 09:00 a.m. - 5:00 p.m.

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An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

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#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Summer Daily Tours @ Davison Orchards

Date and Time: Monday, August 29 10:00 a.m. - 4:00 p.m.



If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

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## Tuesday, August 30, 2022

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walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

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**Showtime:**

Click "[Buy Tickets](#)" to see available times.

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Date and Time: Tuesday, August 30 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Private Tours @ Mackie Lake House

Date and Time: Tuesday, August 30 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

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"*All About Bees*" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

## What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.

- Upon request and weather dependent: Guided walk-through of our bee-friendly garden.
- Personalized 150g jar of honey for each guest.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Tuesday, August 30 02:00 p.m. - 2:30 p.m.

"Basically Bees" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Kalamalka Garden (K'nmaika? Sənqâitən) Indigenous Garden Tours @ Okanagan College

Date and Time: Tuesday, August 30 02:00 p.m. - 3:30 p.m.

The tour of Kalamalka Garden will allow visitors to learn a brief history of Syilx (pronounced: see-eel), who are the Indigenous people of the Okanagan - and the Captikʷł (pronounced: chap-teek-cool) which are the stories, laws and cultural values of the Syilx Okanagan people, which have been passed down from generation to generation by oral tradition. Through these ancient stories, the Syilx have preserved their worldwide view and relationship with nature. Here at the Kalamalka Garden, guests will get to experience first hand the beauty and importance of both the Indigenous plant life and the traditional Indigenous knowledge that has existed for thousands of years, and still exists today.

Guests will have the opportunity to learn to identify traditional plants, understand how these plants are used for medicinal and food purposes, and see demonstrations of how to harvest and use the plants.

The tour presenter will provide short workshop on an Indigenous garden product and how it is grown, harvested and made into a gift. The workshop will explore the elements of traditional foods and medicines, history of the Okanagan area, Indigenous gardening techniques, and samples of foods from the garden.

## Tour Details

**DURATION:** Tours are available on Tuesdays and Thursdays starting at 2:00pm Tours are 1 hour – 1.5 hour.

### RATES:

\$30.00 – Adults

\$5.00 – Children under 16 years old

All proceeds from the Garden Tours are used for operations.

Get your tickets [here!](#)

## Live Music @ Range Lounge & Grill (Predator Ridge Resort)

Date and Time: Tuesday, August 30 05:00 p.m. - 7:00 p.m.

During the summer, join us every Tuesday from 5 -7pm for our series of live music performances by local Okanagan artists.

Join us in Range & Lounge Grill to enjoy dinner during the event (dinner reservations are recommended).

## Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Tuesday, August 30 06:00 p.m. - 8:00 p.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

## Tour FAQs

- Tours must be pre-booked. Tours will not run if there are no bookings.
- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 32nd Avenue

Get your tickets [here!](#)

## Wednesday, August 31, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Wednesday, August 31 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Summer Daily Tours @ Davison Orchards

Date and Time: Wednesday, August 31 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

### Private Tours @ Mackie Lake House

Date and Time: Wednesday, August 31 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

### Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Wednesday, August 31 11:00 a.m. - 11:30 a.m.

"*Basically Bees*" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.

- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

(No booking necessary, but groups of 10 or more are recommended to call in advance.)

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Wednesday, August 31 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"All About Bees" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden.
- Personalized 150g jar of honey for each guest.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Wednesday, August 31 02:00 p.m. - 2:30 p.m.

"Basically Bees" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

## Wahine Wednesday (SUP'n Social Paddle Night) @ Kalavida Surf Shop

Date and Time: Wednesday, August 31 06:00 p.m.

A weekly womens SUP'n social paddle night! Wahine Wednesdays are all about the girls getting together on the water – *The Ladies of the Lake!* Launching from Kal Beach, each week will include something a little different – it could be a soothing sunset paddle, a cruise alongside the Okanagan Rail Trail, story telling, or maybe even a yoga move or two.

### How to Register?

No need to pre-register, just drop in and register between 5pm-5:45pm each Wednesday.

### What's Included?

Beverages, snacks and good vibes are supplied after the paddle. Each week will feature a new sponsor

### How Much?

\$5.00 with your own board and gear

\$20.00 – Includes board rental (includes pfd and paddle)

### Who should join in?

This is a group paddle for those who have some experience paddle boarding. If you are new to SUP, we encourage you to rent a couple of times before joining a Wahine Paddle Night.

### Wahine Warm-Up

5:30-5:50pm – Get warmed up before the official start of the paddle.

6pm: Group departs from Kal Beach

### Where to Park?

We have limited space in our parking lot. If you have your own board, drop it at Kal Beach on the West side of the beach and park at

Kal Beach Parking Lot or along WestKal Road. We have staff at the beach from 5:30pm onward so your board should be safe there.

Check their [website](#) or [Facebook](#) for more details!

## Sunset Stretch & Sip @ Predator Ridge Resort

Date and Time: Wednesday, August 31 06:00 p.m.

Wind down on with us from 6-8pm with a deep stretch on the outdoor yoga platform at [Predator Ridge](#) while watching the sunset . One ticket includes a guided moderate 18-minute hike up to the platform, a 60 minute yoga flow while you take in the spectacular view of Okanagan Lake and move and flow with your breath.

After Savasana enjoy a glass of local Okanagan wine as you watch the sunset over the hills from the Namaste Platform.

This class is a perfect end to a long day of riding, hiking or golfing. We meet at 6pm: directions to the meeting spot will be emailed to you once purchase is confirmed. Please wear hiking shoes, bring water, and your own mat. All levels welcome.

Purchase your own individual box of charcuterie from [Crudité & Co.](#) and we will bring it to the platform for you to enjoy after class! Order must be placed with plenty of notice, minimum 48 hours.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

## Thursday, September 1, 2022

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### Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Thursday, September 1 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Thursday, September 1 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Summer Daily Tours @ Davison Orchards

Date and Time: Thursday, September 1 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

### Private Tours @ Mackie Lake House

Date and Time: Thursday, September 1 10:00 a.m. - 4:00 p.m.

A tale of three teapots, a rattlesnake hunting Reverend, and a gift from the King of Naples! Discover these and a multitude of other

fascinating stories at this historic grand home.

Pre-booked tours are available starting May 1, 2022. Tours can be booked from 10am-4pm Tuesdays, Wednesdays and Thursdays ONLY. We are currently unable to facilitate weekend tours due to spring and summer events.

Please call 250-545-1019 to reserve.

Tickets are \$13 per person – \$5 for young children.

Refreshing beverages are available for purchase after your tour as you enjoy the grounds at Mackie Lake House.

## Friday, September 2, 2022

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### Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Friday, September 2 09:00 a.m. - 11:00 a.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

#### Tour FAQs

- Tours must be pre-booked. Tours will not run if there are no bookings.
- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 - 32 Avenue

Get your tickets [here!](#)

### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Friday, September 2 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Summer Daily Tours @ Davison Orchards

Date and Time: Friday, September 2 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

### The Audio Land Walks @ Caravan Farm Theatre

Date and Time: Friday, September 2 01:00 p.m. - 4:30 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 45 minute

walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 40-55 minutes long. Bookings can accommodate groups up to 6 people.

For more information and to buy tickets visit their [website](#)!

## Polson Artisan Night Market @ Polson Park

Date and Time: Friday, September 2 04:00 p.m. - 8:00 p.m.

From May 20 to September 2, 2022, the Polson Artisan Night Market will be operating in Polson Park, Vernon BC.

Join us Friday nights at this fun event featuring 50 vendors from the surrounding area.

Come check out a mix of skilled local producers, makers and growers each week.

## Saturday, September 3, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Saturday, September 3 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Summer Daily Tours @ Davison Orchards

Date and Time: Saturday, September 3 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

### Guided Trail Tour @ Allan Brooks Nature Centre

Date and Time: Saturday, September 3 10:00 a.m. - 10:30 a.m.

Join us on a short walk through our rare and delicate grassland ecosystem! Learn about grassland plants and animals, their special traits that allow them to live in this hot, dry habitat and how they interact. Touch, smell, and feel as we explore the wilderness all around us! This tour starts at the trailhead and follows an easy gravel path loop around the centre.

**Fee:** \$5.00 per person (*youth under 16 + ABNC members are FREE!*). *Registration is required.*

\*\*\*Please note, ABNC programming will be cancelled should the temperatures exceed 35C, for the safety of all patrons and staff.

Visit their [website](#) to register!

### Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Saturday, September 3 11:00 a.m. - 11:30 a.m.



*"Basically Bees"* - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Nature Talk @ Allan Brooks Nature Centre

Date and Time: Saturday, September 3 11:30 a.m. - 12:00 p.m.

Meet them in their grassland theatre for a short nature talk! Their ABNC interpreters will use some of our natural materials and props to teach you more about our local plants and animals and give you an up close look. A new theme every week! There is no need to pre-register, simply check-in at the Interpretive Centre upon arrival and find a seat on one of our benches, or bring your own lawn chair. Nature Talks are free, but a donation is appreciated.

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Saturday, September 3 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

*"All About Bees"* - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden.
- Personalized 150g jar of honey for each guest.

## The Audio Land Walks @ Caravan Farm Theatre

Date and Time: Saturday, September 3 01:00 p.m. - 4:30 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 45 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 40-55 minutes long. Bookings can accommodate groups up to 6 people.

For more information and to buy tickets visit their [website!](#)

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Saturday, September 3 02:00 p.m. - 2:30 p.m.

*"Basically Bees"* - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Sunday, September 4, 2022

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### Audio Land Walks @ Caravan Farm Theatre

Date and Time: Sunday, September 4 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

#### Showtime:

Click "[Buy Tickets](#)" to see available times.

### Yoga + Mimosas @ Predator Ridge Resort

Date and Time: Sunday, September 4 10:00 a.m.

Grace & Flow is back at [Predator Ridge Resort](#) to bring you *Yoga + Mimosa's!* One ticket includes a 60 min yoga flow on the outdoor Lavender Platform set amongst gorgeous lavender fields.

After Savasana enjoy a juicy mimosa while taking in the view of one of the Okanagan's many treasures.

Class begins at 10 am. Access the Lavender Platform by vehicle in the Predator Ridge Commonage Neighbourhood. All levels welcome.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

Must bring your own yoga mat, no spare mats available to borrow. Directions to the platform will be emailed out to you along with a waiver once purchase is confirmed.

### Summer Daily Tours @ Davison Orchards

Date and Time: Sunday, September 4 11:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

### Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Sunday, September 4 11:00 a.m. - 11:30 a.m.

*"Basically Bees"* - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Sunday, September 4 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"All About Bees" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden.
- Personalized 150g jar of honey for each guest.

## The Audio Land Walks @ Caravan Farm Theatre

Date and Time: Sunday, September 4 01:00 p.m. - 4:30 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 45 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 40-55 minutes long. Bookings can accommodate groups up to 6 people.

For more information and to buy tickets visit their [website!](#)

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Sunday, September 4 02:00 p.m. - 2:30 p.m.

"Basically Bees" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Monday, September 5, 2022

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## Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Monday, September 5 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

## Audio Land Walks @ Caravan Farm Theatre

Date and Time: Monday, September 5 09:00 a.m. - 5:00 p.m.

Caravan Farm Theatre presents the Audio Land Walk series.

An immersive audio experience, the Land Walks offer three unique, spellbinding audio creations that lead the listener on a 30 minute walk through our 80 acres. Created by four BC based artists, each story has been purpose built to guide the listener through the land: a meditation on the natural world and an experiment in the soundscape of storytelling.

Each walk is approximately 2.5km and 30-45 minutes long. Each booking can accommodate a group of up to 6 people.

Each guest will receive a sanitized MP3 player and a sanitized pair of over-ear headphones.

### Showtime:

Click "[Buy Tickets](#)" to see available times.

## Summer Daily Tours @ Davison Orchards

Date and Time: Monday, September 5 10:00 a.m. - 4:00 p.m.

If you love tractor tours at the farm, we have some great news! Our tractor tours now run daily 10am to 4pm Monday to Saturday, and 11am to 4pm on Sundays!

## Tuesday, September 6, 2022

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### Live Music @ Range Lounge & Grill (Predator Ridge Resort)

Date and Time: Tuesday, September 6 05:00 p.m. - 7:00 p.m.

During the summer, join us every Tuesday from 5 -7pm for our series of live music performances by local Okanagan artists.

Join us in Range & Lounge Grill to enjoy dinner during the event (dinner reservations are recommended).

### Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Tuesday, September 6 06:00 p.m. - 8:00 p.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

### Tour FAQs

- Tours must be pre-booked. Tours will not run if there are no bookings.
- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 32nd Avenue

Get your tickets [here](#)!

## Wednesday, September 7, 2022

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### Sunset Stretch & Sip @ Predator Ridge Resort

Date and Time: Wednesday, September 7 06:00 p.m.

Wind down on with us from 6-8pm with a deep stretch on the outdoor yoga platform at [Predator Ridge](#) while watching the sunset . One ticket includes a guided moderate 18-minute hike up to the platform, a 60 minute yoga flow while you take in the spectacular view of Okanagan Lake and move and flow with your breath.

After Savasana enjoy a glass of local Okanagan wine as you watch the sunset over the hills from the Namaste Platform.

This class is a perfect end to a long day of riding, hiking or golfing. We meet at 6pm: directions to the meeting spot will be emailed to you once purchase is confirmed. Please wear hiking shoes, bring water, and your own mat. All levels welcome.

Purchase your own individual box of charcuterie from [Crudit  & Co.](#) and we will bring it to the platform for you to enjoy after class! Order must be placed with plenty of notice, minimum 48 hours.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

## Thursday, September 8, 2022

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### Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Thursday, September 8 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

## Friday, September 9, 2022

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### Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Friday, September 9 09:00 a.m. - 11:00 a.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

#### Tour FAQs

- Tours must be pre-booked. Tours will not run if there are no bookings.
- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.
- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 - 32 Avenue

Get your tickets [here!](#)

### Music at Mackie Summer Concert Series @ Mackie Lake House

Date and Time: Friday, September 9 05:00 p.m. - 10:00 p.m.

## Music at Mackie Summer Concert Series

We're dedicating the first performance to all Father's and hope they had a wonderful Father's Day.

We're pleased to once again offer six (6) music events for the 2022 summer concert series. We will offer package sales and/or individual sales to each music event. Tickets go on sale in early April!

(Thursday) June 30th - We welcome back [Amy Bishop](#). The crowd went crazy for this artist last year and we love the fact that she's joining us for our series. We will have [Shabbang Food Truck](#) on site for this performance so please bring your appetite!

(Friday) July 8th - TBD

(Friday) July 22nd - [Josh + Bex](#)

This sensational folk duo will be bringing their original material and we are sure they will be a crowd pleaser. Once again, please save room and buy dinner at [Gord Oh's Food Truck](#) which will be on site for the performance.

(Friday) August 12th - [Under the Rocks Band](#)

We're going to have a lot of fun with this band and we're hoping that all the bluegrass lovers out there will join us for their first-time performance at Mackie Lake House. We just know you won't be able to stay in your seat! [Mi Taqueria Mexican Cantina](#) will be providing some delicious Mexican food for your dinner purchase.

(Friday) August 26th - [Emily Rault Duo](#)

This young singer comes to us from Vancouver. She'll be offering a bit of Motown, a bit of Jazz, and will just be returning from a European tour, in time to perform for us at Mackie Lake House.

(Friday) Sept. 9th - We end our season with the Lent Brothers and Neil Fraser. Most of you will be familiar with their smooth blues sound and jazz repertoire. It'll be a great way to wind up our season. Make sure you don't miss it. [Mi Taqueria Mexican Cantina](#) will be the food truck on site for this event.

Ticket sales begin April 2022 on [ticketseller.ca](https://ticketseller.ca). You do not want to miss your chance to see all these great artists!

## Saturday, September 10, 2022

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### Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Saturday, September 10 11:00 a.m. - 11:30 a.m.

"Basically Bees" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

### Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Saturday, September 10 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"All ABout Bees" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden.
- Personalized 150g jar of honey for each guest.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Saturday, September 10 02:00 p.m. - 2:30 p.m.

"Basically Bees" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Sunday, September 11, 2022

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### Yoga + Mimosas @ Predator Ridge Resort

Date and Time: Sunday, September 11 10:00 a.m.

Grace & Flow is back at Predator Ridge Resort to bring you *Yoga + Mimosa's!* One ticket includes a 60 min yoga flow on the outdoor Lavender Platform set amongst gorgeous lavender fields.

After Savasana enjoy a juicy mimosa while taking in the view of one of the Okanagan's many treasures.

Class begins at 10 am. Access the Lavender Platform by vehicle in the Predator Ridge Commonage Neighbourhood. All levels welcome.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

Must bring your own yoga mat, no spare mats available to borrow. Directions to the platform will be emailed out to you along with a waiver once purchase is confirmed.

### Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Sunday, September 11 11:00 a.m. - 11:30 a.m.

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Date and Time: Sunday, September 11 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"All About Bees" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

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- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Monday, September 12, 2022

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### Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Monday, September 12 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

## Tuesday, September 13, 2022

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### Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Tuesday, September 13 06:00 p.m. - 8:00 p.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

#### Tour FAQs

- Tours must be pre-booked. Tours will not run if there are no bookings.
- Tours are best for those aged 12+ with an intermediate level of activity anticipated (tours are ~5km and run from 1.5 – 2 hours).
- Comfortable shoes, layers of clothing, sunglasses and/or sun hat, raingear if necessary, water bottle, and camera are recommended.



- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 32nd Avenue

Get your tickets [here!](#)

## Wednesday, September 14, 2022

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### Mountain Bike Tourism Symposium @ SilverStar Mountain

Date and Time: Wednesday, September 14 09:00 a.m. - 10:00 p.m.

The MTB Tourism Symposium is a gathering of creative minds with a vested interest in advancing the future of mountain bike tourism and recreation in British Columbia.

Our goal is to make mountain biking more accessible, more inclusive, and more sustainable while delivering key social and economic benefits to our communities and destinations

British Columbia has long been a major contributor to the world of mountain biking. From its clandestine beginnings to its growth into the mainstream, mountain biking has become an established form of outdoor recreation and lifestyle that people enjoy in every corner of the province. The diverse trails and inspiring landscapes that are cherished by so many British Columbians have caught the attention of riders from around the globe.

The 2022 Mountain Bike Tourism Symposium is an opportunity for stakeholders and experts to share insights and knowledge about how to progress toward a more sustainable and vibrant future for mountain biking. Learn from the successes and challenges of those that have been working in the field and explore what is necessary to take mountain biking to the next level.

This year's theme is "**Partnering for Success**". Partnerships have an important role to play to meet the challenges of a post-pandemic world and will help make our communities stronger and more resilient. They can strengthen our vision of what is possible and help us achieve our common goals. In the mountain bike sector, where many values and goals are aligned, partnerships are the key to success.

Here's what's happening...

- **Pre-Symposium Trail Building Workshop**; TBA
- **Welcome Reception and Registration**; September 14th
- **Two full days of sessions, guided rides and social events**; September 15th & 16th
- Stay for the weekend and enjoy all that SilverStar and the Vernon area in the North Okanagan have to offer.

Click [HERE](#) for more information

Reigister [HERE](#)

### Sunset Stretch & Sip @ Predator Ridge Resort

Date and Time: Wednesday, September 14 06:00 p.m.

Wind down on with us from 6-8pm with a deep stretch on the outdoor yoga platform at [Predator Ridge](#) while watching the sunset . One ticket includes a guided moderate 18-minute hike up to the platform, a 60 minute yoga flow while you take in the spectacular view of Okanagan Lake and move and flow with your breath.

After Savasana enjoy a glass of local Okanagan wine as you watch the sunset over the hills from the Namaste Platform.

This class is a perfect end to a long day of riding, hiking or golfing. We meet at 6pm: directions to the meeting spot will be emailed to you once purchase is confirmed. Please wear hiking shoes, bring water, and your own mat. All levels welcome.

Purchase your own individual box of charcuterie from [Crudité & Co.](#) and we will bring it to the platform for you to enjoy after class! Order must be placed with plenty of notice, minimum 48 hours.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

## Thursday, September 15, 2022

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## Mountain Bike Tourism Symposium @ SilverStar Mountain

Date and Time: Thursday, September 15 07:30 a.m. - 10:00 p.m.

The MTB Tourism Symposium is a gathering of creative minds with a vested interest in advancing the future of mountain bike tourism and recreation in British Columbia.

Our goal is to make mountain biking more accessible, more inclusive, and more sustainable while delivering key social and economic benefits to our communities and destinations

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Here's what's happening...

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- Stay for the weekend and enjoy all that SilverStar and the Vernon area in the North Okanagan have to offer.

Click [HERE](#) for more information

Register [HERE](#)

## Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Thursday, September 15 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

## Queer Family Game Night @ The Boarding House Cafe

Date and Time: Thursday, September 15 07:00 p.m. - 9:00 p.m.

Come join the Family Resource Centre for a Queer Family Game Night! Starting on June 16th, families, adults, and allies of all ages are invited for a fun night of games at The Boarding House Cafe!

## Friday, September 16, 2022

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## Mountain Bike Tourism Symposium @ SilverStar Mountain

Date and Time: Friday, September 16 07:30 a.m. - 7:00 p.m.

The MTB Tourism Symposium is a gathering of creative minds with a vested interest in advancing the future of mountain bike tourism and recreation in British Columbia.

Our goal is to make mountain biking more accessible, more inclusive, and more sustainable while delivering key social and economic benefits to our communities and destinations

British Columbia has long been a major contributor to the world of mountain biking. From its clandestine beginnings to its growth into the mainstream, mountain biking has become an established form of outdoor recreation and lifestyle that people enjoy in every corner of the province. The diverse trails and inspiring landscapes that are cherished by so many British Columbians have caught the

attention of riders from around the globe.

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Here's what's happening...

- **Pre-Symposium Trail Building Workshop**; TBA
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- Stay for the weekend and enjoy all that SilverStar and the Vernon area in the North Okanagan have to offer.

Click [HERE](#) for more information

Register [HERE](#)

## Historic Downtown Mural Tours @ Greater Vernon Museum & Archives

Date and Time: Friday, September 16 09:00 a.m. - 11:00 a.m.

The Historic Mural Tour takes you on a walking trip back into the past through Downtown Vernon. Discover all the places and ways our past meets our present.

Join our tour guides as they explore the lives and times of the individuals whose faces grace our city walls. Share in some of the stories of the people that helped create the vibrant, multicultural city that Vernon is today.

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- Tours go rain or shine and are non-refundable.
- For groups larger than 20, private bookings or community groups, please contact us for details.
- Tours start at the Museum & Archives of Vernon - 3009 - 32 Avenue

Get your tickets [here!](#)

## Mystic A-Fair - The Little Psychic Fair @ Okanagan Centre for Spiritual Living

Date and Time: Friday, September 16 12:00 p.m. - 6:00 p.m.

**Mystic A-Fair – The Little Psychic Fair** Mystic A-Fair happens **once a month** on Fridays in our new and intimate venue in downtown Vernon. We have added some two-day events in 2022 to our already awesome Friday schedule. We look forward to seeing you at our two-day shows as well! Friday and Saturdays – check our website for dates. [www.mysticafair.com](http://www.mysticafair.com)

Featuring popular local psychics and healers, offering readings and sessions. **NEW:** Check out specialty merchandise in the [Essence Spiritual Bookstore and Teahouse](#). Books, crystals, oils, natural products, unique and imported gifts and Classes. Admission is \$2.00 at the door. (and is a donation to the Centre).

Come and Go all day. Enter your name into our Doorprize draw.

**Location:** Okanagan Centre for Spiritual Living - 2913 29<sup>th</sup> Ave. Vernon, BC

**Time:** Noon 12pm – 6pm

**DATES:** Fridays in 2022      Fri. Feb. 18

Fri. March 18

Fri. April 15

FRIDAY AND SATURDAY May 20/21

Fri. June 17

FRIDAY AND SATURDAY Sept 16/17

Fri Oct 14

FRIDAY AND SATURDAY Nov 18/19

## The Comic Strippers

Date and Time: Friday, September 16 07:30 p.m. - 9:30 p.m.

A Show For All Genders.. 19+ Only!

The award winning improv comedians are back with a new show, more moves and even quicker wits.

WARNING! No extreme nudity, just extreme hilarity.

A fictitious male stripper troupe (played by a cast of some of Canada's best improvisational comedians) performs a sexylarious improv comedy show. They try to be sexy... it just comes out funny. Constantly grooving and gyrating in between scenes they banter with the crowd and perform their hilarious twist on improv sketches. They sing, they "dance", and they are ready to make you laugh. Semi undressed and completely unscripted, The Comic Strippers take off their shirts and take on your suggestions to create a whole new genre of comedy.

\$45 Adult - No Minors 19+

\$40 Groups of 6 or more - Adult - No Minors 19+  
Group discount automatically applied at checkout

[Buy Tickets Now!](#) or call [250-549-SHOW \(7469\)](tel:250-549-SHOW)

## Saturday, September 17, 2022

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### Freaky Creeky 50 Races @ Kalamalka Lake Provincial Park

Date and Time: Saturday, September 17 08:00 a.m. - 8:00 p.m.

Freaky Creeky has four distances (11km, 27km, 50km & 100km) that will take you through Okanagan grassland dotted with ponderosa pine and groves of Douglas-fir, amazing lake views, and km after km of single track trail, some gnarly climbs, rolling terrain and a cross between technical and cruisey descents.

We are here to offer runners a challenging & scenic race course that leaves you feeling exhausted but overjoyed upon completion. Come and enjoy the beautiful Kalamalka Lake Provincial Park, located virtually at the back door of the City of Vernon.

Register [here!](#)

### Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Saturday, September 17 11:00 a.m. - 11:30 a.m.

"Basically Bees" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

### Summer Drop-in Presentations: All About Bees @ Planet Bee

Date and Time: Saturday, September 17 12:00 p.m. - 1:15 p.m.

Learn all about Bees!

"All About Bees" - 60-75 minutes - **\$15.00** / person (3 and up, recommended for ages 13+)

Includes all topics above plus pollen, royal jelly, propolis, and mead. Time permitting, we are happy to expand into any other areas of interest related to bees.

## What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
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Come and Go all day. Enter your name into our Doorprize draw.

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**Time:** Noon 12pm – 6pm

**DATES:** Fridays in 2022

Fri. Feb. 18
Fri. March 18
Fri. April 15
FRIDAY AND SATURDAY May 20/21
Fri. June 17
FRIDAY AND SATURDAY Sept 16/17
Fri Oct 14
FRIDAY AND SATURDAY Nov 18/19

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Saturday, September 17 02:00 p.m. - 2:30 p.m.

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(No booking necessary, but groups of 10 or more are recommended to call in advance.)

## Okanagan Rail Ride

Date and Time: Sunday, September 18 09:00 a.m. - 3:00 p.m.

Join us for the 2nd Annual Okanagan Rail Ride! The route is 52km total starting in Coldstream to the Okanagan Rail Trail then along beautiful Kalamalka Lake to Oyama, then around the east side of Wood Lake to Lake Country/ Winfield then turn around back to Oyama then back to Coldstream.

What's included?:

- BBQ at finish area (Alexanders Beach Pub)
- Event t-shirt (high quality) (everyone registered before September 6)
- Professional photography
- Souvenir wine glass
- Wine or beer or cider at the finish
- Live music
- 5 refreshment stations on route with snacks and drinks (bagels, fruit, water, sport drink, sunrype juice)
- Mechanical support on route provided by local Okanagan bike shops
- First Aid on route provided by Canadian Ski Patrol
- Secure bike parking during the post event celebrations
- Souvenir bike plate
- Draw prizes

Click [here](#) to register!

## Yoga + Mimosas @ Predator Ridge Resort

Date and Time: Sunday, September 18 10:00 a.m.

Grace & Flow is back at [Predator Ridge Resort](#) to bring you *Yoga + Mimosa's!* One ticket includes a 60 min yoga flow on the outdoor Lavender Platform set amongst gorgeous lavender fields.

After Savasana enjoy a juicy mimosa while taking in the view of one of the Okanagan's many treasures.

Class begins at 10 am. Access the Lavender Platform by vehicle in the Predator Ridge Commonage Neighbourhood. All levels welcome.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

Must bring your own yoga mat, no spare mats available to borrow. Directions to the platform will be emailed out to you along with a waiver once purchase is confirmed.

## Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Sunday, September 18 11:00 a.m. - 11:30 a.m.

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### What's Included

1 hour PowerPoint presentation followed by a guided viewing of our indoor observatory hives.

- Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden.
- Personalized 150g jar of honey for each guest.

### Summer Drop-in Presentations: Basically Bees @ Planet Bee

Date and Time: Sunday, September 18 02:00 p.m. - 2:30 p.m.

"Basically Bees" - 20-30 minutes - **\$5.00** / person (3 and up) - Great for all ages!

Topics covered includes species of bees, the lifecycle of the honey bee, and pollination.

Included with all drop-in presentations:

- Guided viewing of our indoor observatory hives. Now that we have a new understanding of the inner workings of a colony, let's see if we can spot the queen, guard bees, and if we're lucky, a live bee dance!
- Assisted honey tasting of our 20+ varieties of honey.
- Upon request and weather dependent: Guided walk-through of our bee-friendly garden

*(No booking necessary, but groups of 10 or more are recommended to call in advance.)*

## Monday, September 19, 2022

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### Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Monday, September 19 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

## Tuesday, September 20, 2022

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### BC Bike Race @ Kalamalka Provincial Park

Date and Time: Tuesday, September 20 08:00 a.m. - 8:00 p.m.

## September 20th, 2022

### Vernon

### 43KM - 1761M Elevation

The folks at North Okanagan Cycling Society have good reason to brag about the internationally renowned Kalamalka Lake Park trails! These modern mountain bike trails are built for modern bikes and BCBR Vernon Stage will show racers every view worth seeing as they tackle the 43km ride climbing and descending 1761m of elevation.

The King Eddie plateau gives riders a feeling of being lost in the Okanagan high country, while the fast descents off the mountain into the rattle snake riddled grassland of Cosens Bay will make you feel like you never want to be found.

New trail cut into clay, rocky loam and forested cliffs provide the setting for riders climbing, traversing and descending. Legs will definitely feel the pain on the way up, but the flow built descents will bring back the smiles. A finish through XC trails in the grasslands will force all riders stay focused to finish the day.

\*Proposed course subject to change & pending final approvals

## Wednesday, September 21, 2022

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### Sunset Stretch & Sip @ Predator Ridge Resort

Date and Time: Wednesday, September 21 06:00 p.m.

Wind down on with us from 6-8pm with a deep stretch on the outdoor yoga platform at [Predator Ridge](#) while watching the sunset . One ticket includes a guided moderate 18-minute hike up to the platform, a 60 minute yoga flow while you take in the spectacular view of Okanagan Lake and move and flow with your breath.

After Savasana enjoy a glass of local Okanagan wine as you watch the sunset over the hills from the Namaste Platform.

This class is a perfect end to a long day of riding, hiking or golfing. We meet at 6pm: directions to the meeting spot will be emailed to you once purchase is confirmed. Please wear hiking shoes, bring water, and your own mat. All levels welcome.

Purchase your own individual box of charcuterie from [Crudité & Co.](#) and we will bring it to the platform for you to enjoy after class! Order must be placed with plenty of notice, minimum 48 hours.

\*Please book early as spaces are limited\*

All classes are outdoors so please prepare for the weather. Vaccination passports not required.

## Thursday, September 22, 2022

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### Vernon Farmer's Market @ Kal Tire Place Parking Lot

Date and Time: Thursday, September 22 08:00 a.m. - 1:00 p.m.

Join us every Monday and Thursday morning from 8:00 am to 1:00 pm from April to October for the Vernon Farmers' Market!

We are proud to be one of the Okanagan's oldest farmers' markets! Our market showcases a diverse number of delicious foods and one-of-a-kind products, which are all grown, made or baked by our local vendors. Discover fresh produce, fruit, eggs, meat, cheese, baked goods, plants, flowers, hand crafted products & so much more at the Vernon Farmers' Market!

<https://calendar.tourismvernon.com>